



MOLOG CENTRAL SCHOOL

Providing Opportunities for Personal Achievement

White
Ribbon
SCHOOL



RESPECT
my environment - myself - learning - others



Issue 7
23rd May 2019

INSIDE OUR NEWSLETTER THIS WEEK

FROM THE PRINCIPAL'S DESK



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COMMUNITY NOTICE BOARD



FROM THE PRINCIPAL'S DESK



WHITE RIBBON THOUGHT OF THE WEEK

**“People only treat you one way ...
the way you allow them.”**

MS HEALEY APPOINTED TO MCS



Last week we were fortunate to learn of Sophie Healey's permanent appointment to Molong Central. Ms Healey has a wealth of experience teaching Extension English and working with students of all levels. Congratulations and we look forward to you continuing the great work you have already started.



SPARKE PROGRAM

Molong Central School is proud to be a member school of the SPARKE learning community (formerly known as PRE2). We are a collective of public primary schools in and around Orange that work together to provide additional and enhanced learning opportunities for our staff and students. We embrace a collaborative approach to enhancing learning across member schools, which embrace 21st century technologies, offering enriched curriculum practice, learning excursions and pedagogy within our primary classrooms. Our staff connect with colleagues across the Orange network and surrounding region to engage in professional learning opportunities after school. Our students are able to participate in a wide range of rich learning tasks across schools (eg Young Archies, film competitions, STEM and mathematics challenges, sporting opportunities..etc..) Currently member schools include Bletchington, Calare, Nashdale, Orange East, Orange, Clergate, Blayney, Millthorpe, Bowen, Glenroi Heights, Euchareena, Cumnock and Borenore Public Schools. Primary staff have an opportunity to meet each Month to participate in a variety of workshops and Professional Learning activities. It is a great opportunity to connect with staff from other schools to learn from each other and develop collaborative relationships with staff outside of our school.

YEAR 8 ROCK AND WATER

Our Year 8 Students will be participating in Rock and Water training on Wednesday's as an alternative to Quiggy Cup. Rock and water is a series of exercises and games practiced to develop confidence and self-reflection. The course will be delivered to students over a number of lessons. The games are martial arts based, and students learn to block, hit strike shields, stand strong, negotiate using "rock" or "water" verbal approaches, walk away from a fight, consider alternatives to aggression, and develop understandings about who they are, their intuitive feelings and their personal direction. Mr Matt Sugden and Mr Lenny Punch have been trained to deliver the course to our students.

**Mrs Michelle Barrett,
Principal**



NEWS FROM THE ENGLISH DEPARTMENT

Students in the senior years of English have been offered two marvellous learning and achievement opportunities in recent days. Late last term the Year 11 Advanced English class worked with a professional writer, Paul Stafford, and a professional film maker, Vince Lovecchio, to produce a comic documentary about Molong's proud claim to its barbed wire. They spent one day workshoping the story and planning how to film and a second day filming it. Stay tuned to possible showings of their edited film.

On Friday the 10th of May, **Claudia Thorne** and **Katelan Philpott** presented their speeches in the statewide Western Region Plain English Speaking Competition for all senior high school students, public and private. Molong Central hosted this event. In this competition the speakers have to present an 8 minute prepared speech and a 3 minute off the cuff, impromptu speech. We are proud to report that **Katelan** won and will be speaking in Sydney in the State semi-finals in mid-June.

Mr David Eccleston, English Department





RURAL CUP

Last week Secondary students travelled to Canowindra to compete in the Rural Cup. The Rural Cup is a three way competition between Molong Central, Canowindra High School and Oberon High School. It involves students competing in a variety of sports and games and the outcome of each activity is tallied to determine the winning school at each leg of competition. It was an outstanding day and the sportsmanship displayed by both schools was a feature.

After a slow start, results improved for our teams but unfortunately, Molong Central were defeated. Our students are now looking forward to hosting Oberon in Week 10 this term. I would like to thank all teachers who coached teams and congratulate our students for their efforts.

The picture below is of students who attained the most votes from their coaches for their respective age groups. Year 7 – **Hamish Meehan & Paige Bohringer**, Junior – **Hayden Bliss & Meg Murray** and Senior – **Cody Whyburn & Olivia Hogan**.



MCS students pictured with students from Canowindra.
Left to right: Olivia Hogan, Cody Whyburn, 4th from left Hayden Bliss, 5th from left Meg Murray, 4th from right Paige Bohringer, 2nd from right Hamish Meehan.





RURAL CUP

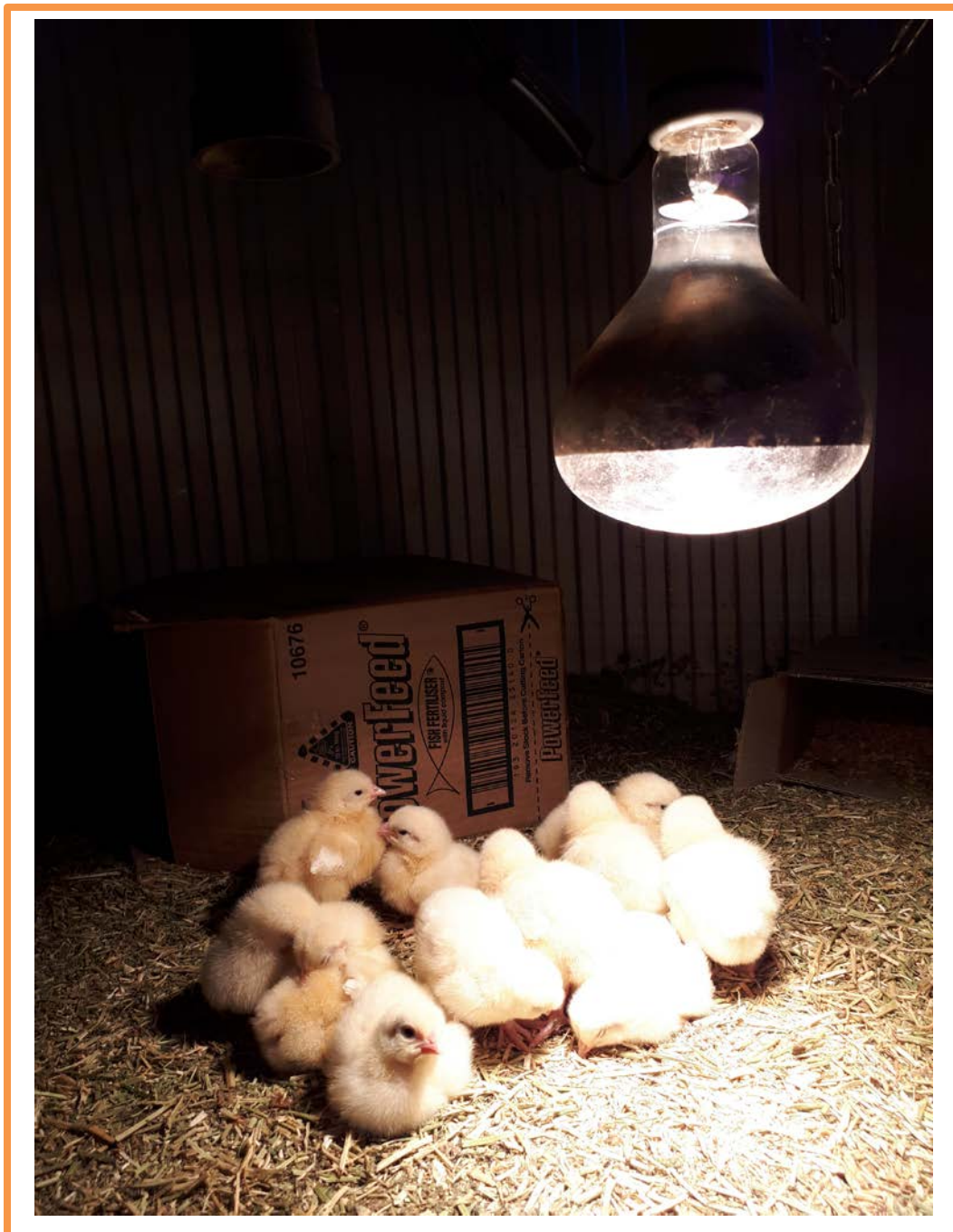




YEAR 8 MANDATORY TECHNOLOGY

The Year 8 Mandatory Technology group has just taken ownership of it's first batch of broiler chicks. These chicks will be used in the upcoming class as part of their paddock to plate program. The students will be in charge of their care and will monitor their growth over an 8-9 week period. The students will have a video assessment task where they will document the chick's growth.

Once the chicks are grown they will be butchered at a local abattoir and brought back to the students. The students will then have the opportunity to cook the chickens as a recipe of their choosing. This will be a fun and exciting opportunity for students to understand the requirements of growing animals and to acknowledge the high standards of welfare that are necessary when producing animals for consumption.





7 TECH MANDATORY

Over the past term, Year 7 technology Mandatory Blue have been growing seasonal vegetables as part of their “Paddock to Plate” program.

They have grown a range of vegetables including beetroot, carrots, silverbeet and lettuce. At the end of last term they had a bbq to celebrate their fruitful gardens and the students enjoyed a salad made from their produce and a sausage sandwich.

Recently the students picked some outstanding carrots that will be used by the Year 12 hospitality class in their upcoming high tea. As they hand over the gardens to the next class they hope to see some Winter vegetables come through in the form of cabbage, cauliflower and beans.



STAGE 1 VISIT MOLONG MUSEUM

On Tuesday in the morning we walked down to the museum.

There were ladies and men who taught us about artefacts. There was lots of artefacts. They showed us a lawn mower. They showed us the music box. While we had Crunch and Sip a lady told us about a long time ago in the museum. She even told us there was a door that opened under the ground that is called a cellar.

There was pictures of World War One and World War Two.

We looked at the kitchen. There was interesting stuff. There was a chimney, and a music box. There was all sorts of irons. They had a pancake maker too.

1 Amber, 1 Coral, 2 Violet and 2 Emerald all had a photo. Then we walked back to school. When we got back to school we had recess. It was fun at the museum.

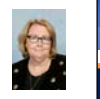
Memphis



STAGE 1 VISIT MOLONG MUSEUM

On Tuesday 2 Emerald went to the Molong Museum. I am wondering if you know why we went there? We went because we were looking at the past. First we went to the back to look at old useful things that we use in your house. Next we had Crunch and Sip and we learnt about the museum and its uses. The lady told us about a ghost. She said the ghost lived under the museum. I think it is a legend that people told the museum but some think it is real. Next we watched a movie and looked at historical things. Finally we went back to school. I love the museum! I love the fossil part
Charlotte





FROM OUR LIBRARY

JUNIOR FICTION

Bah! Humbug! – by Michael Rosen, illustrated by Tony Ross

The Elephant Thief – by Jane Kerr

Frankie Fish and the Viking Fiasco (#3) – by Peter Helliar

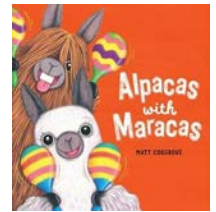
Funny Kid: Prank Wars (#3) – by Matt Stanton

Hello, Mr World – by Michael Foreman

Peas and Quiet – by Gabrielle Tozer, illustrated by Sue deGennaro **Stage 1 PRC Choice**

Pugly Solves a Crime – by Pamela Butchart, illustrated by Gemma Correll

Puppy Planet Starring Olive Black – by Alex Miles, illustrated by Maude Guesne



JUNIOR NON FICTION

Cars – Created and produced by Green Android Ltd

Finding Gobi – by Dion Leonard

Inside of a Dog – by Alexandra Horowitz

Motorbikes – Created and produced by Green Android Ltd

Pokemon Alola Region Handbook

Pokemon Johto Handbook



Olivia Hobbs



Ellie Olsson



Marley Vandervelde

SENIOR FICTION

Always and Forever, Lara Jean – by Jenny Han (Companion novel to All the Boys I've Loved Before')

Polaris – by Michael Northrop

Hi,

On Wednesday 22nd May students K-2 will participate in **National Simultaneous Storytime** at 11:00am. This is an opportunity for our students to join in with children all over Australia to read the same book at the same time. The book selected for 2019 is 'Alpacas with Maracas' by Matt Cosgrove. In previous years our students have enjoyed this engaging experience.

It is exciting to announce our first students to complete the PRC in 2019. Congratulations to **Olivia Hobbs, Ellie Olsson & Marley Vandervelde** who have once again applied themselves to the task, borrowing appropriate titles regularly since last September. Students in Years 3 - 9 who are completing the **NSW Premier's Reading Challenge** are reminded to enter their choices into their individual records at: <https://online.det.nsw.edu.au/prc>. Students will need their DoE username and password. If you haven't returned your child's participation permission note to the Library could you do so ASAP please? As students in K-2 are completing the Challenge in their classrooms they **will not** need their DoE computer username and passwords.

The **2019 Book Fair Lucky Door prizes winners** are:

Early Stage 1 – Ebony Rooks & Jacob Oste

Stage 1 – Harriet King & Noah Szulik

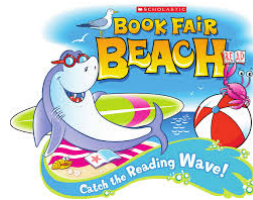
Stage 2 – Frankie Mitchell & Joshua Petrie

Stage 3 – Mikaela Bathen & Lachlan Lanser-Heinze

Secondary – Hannah Burgess

The Molong Central School eLibrary is located at: <https://molongcentralschool.wheelers.co>

Mrs Hall



Commenced: 4th March
Closes: 30th August



WALK SAFELY TO SCHOOL

We are blessed in Molong that our children can still walk safely to school. Often our students walk as a group and look after smaller children. What a great experience that is, one that is often lacking in larger communities.

Please ensure you remind your children about how to cross roads safely. Crossing on corners is always a concern due to cars coming around quickly.

- Where possible students should be encouraged to cross at a crossing.
- Crossing half way down a block is also encouraged if there is no crossing, as students have a greater view of what is coming.
- Smaller children need to hold an adults hand or an older student's hand when crossing roads.

Thank you for your support in helping our children walk to school safely!



WHERE ARE THEY NOW – NYSSA WHILEY



I was a student of MCS for the entirety of my schooling years, completing Year 12 in 2007 where I was fortunate to be elected School Captain of that year and graduated as DUX of my class.

I was accepted to university on early entry, however, decided to embark on another path. I enlisted into the Australian Army on 11 March 2008, where I completed basic training at Kapooka, initial employment training in Albury prior to departing for my first posting in Darwin.

I was allocated to the Royal Australian Army Ordnance Corps, working specifically in the Supply realm.

In 2009 I posted to Townsville where I resided for 7 years, then in 2012, I discharged from the Army and gained employment within the Defence Contracting spectrum. During my final 2 years in Townsville I worked as an Administrative Security Officer, Dispense Tech at a Chemist, started a small baking business and commenced a life of body building.

2014 saw a slight career change, where I was employed by Boeing Defence Australia, on their multi-million dollar Helicopter Aircrew Training System project in Brisbane and Nowra. I was employed as an Integrated Planning and Scheduling Analyst. This job was a remarkable experience and I learnt a lot in a different aspect of Defence and contracting. I resigned from Boeing in 2015 to fulfill my goal of becoming an Army Rotary Wing Pilot.

In July 2018, that goal came into fruition where I commenced Officer training at the Royal Military College - Duntroon. I am currently looking to graduate the college in December 2019 as a Lieutenant and (fingers crossed) be allocated to Aviation and commence pilot training.

Last month marked 11 years within the Defence world. I have been extremely fortunate to see the world and this country, importantly representing my country. I deployed to Afghanistan in 2010, have been involved in exchange programs to Indonesia and exercises to Adelaide and Melbourne. I have resided in Darwin, Townsville, Brisbane, Nowra, Sydney, Albury and Canberra.

I have met amazing humans along to way, seen beautiful sites and I am always thankful for the schooling and upbringing I was given all those years ago.

Would I do it all again? 100% yes!

If anyone has any questions regarding the Army or wider Defence Force, please don't hesitate to contact me!

Blue skies,

Nyssa Whiley

WHERE ARE THEY NOW – NYSSA WHILEY



My Army buddies



My family



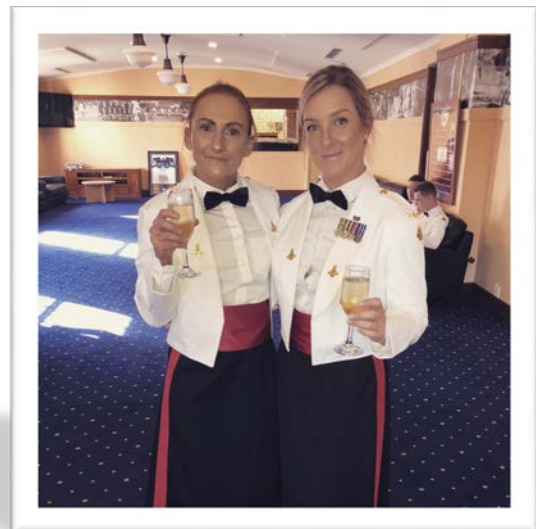
Me – far right, with Mum, Nan Beryl Leitch (who worked at MCS for many years) & Dad



Army days



Me with my cousin Annie Whiley, also a former MCS student



Royal Military College Duntroon



CLUB 200

Club 25

Lochie Bohringer Owen Webster Lydia Philpott Reba Philpott
Connor Riches

Club 50

Priscilla Power Chloe Aylward Harry Sullivan Marliese Scott
Ben Burgess Charlotte Vella Tye Murray Amelie Jones
Mahayla Donner Ryland Gibbs Milly Olsson Lacey Olsson
Ellie Olsson Amelia Sullivan Avah Scott Willa Haynes
Jack Greenwood Dominic Fitzsimmons Mackenzie Mitchell

Club 75

Indigo Armstrong Violet Armstrong Harper Taylor Lilah Hiller
Sefton Power Zahra Ellis Juliette Mills Layne Mills
Romano Sandeman

PRIMARY AWARDS

Bronze

Jack Brazier Nic Strahorn Austin Whittle Archie Oxenham
Will Wilson Harrison Lowder Nathan Schroder

Silver

Lacey Olsson Marliese Scott Baxter Sullivan
Elizabeth Clayton Indigo Armstrong

Gold

Natalie Fowler Xena Power

Principal Badge

Benjamin Burgess Olivia Hobbs Lydia Philpott
Hayley Miller Evie Ryan
Emma Wilson

MCS AWARDS

Secondary Awards

Merit

Hannah Williamson

George Betts

Lucy Jones

Katelan Philpott

Claudia Thorne

Maddy Hogan

Thomas Van Cornewal

Primary Uniform Award

Stage 1 Willow Smith

Stage 2 Alice Colwell

Stage 3 William Ryan



Alice Colwell



William Ryan

STUDENT OF THE WEEK – Week 2 T2

Class	Student
K Orange	Austin Whittle- for outstanding effort and achievement
K Yellow	Benji Pringle- Clever working in maths activities
1 Amber	Ellie Gerdes- Eager participation and contributions to discussions about dairy cows
1 Coral	Elizabeth Harris- Improved focus in all areas
2 Emerald	Ayden Penson- Awesome sewing skills
2 Violet	Adelaide Swift- Outstanding participation during our Farm to Plate unit
3 Grey	Grace Miller- Excellent persuasive writing skills
3/4 Aqua	Alice Colwell- Fantastic start at Molong Central School
4/5 Magenta	Dewk Mills- Often having insightful comments during class discussions
5/6 Purple	Toby Vis-Lowe- For being actively involved in Science and helping his peers understand key concepts
5/6 Red	Juliette Whyburn-Being a helpful member of 5/6 Red
Library	Ellie Olsson- Outstanding effort in PRC this year

STUDENT OF THE WEEK – Week 3 T2

Class	Student
K Orange	Brilee Pearson- For being a hard working member of KO
K Yellow	Willa Haynes- Always taking care and working neatly
1 Amber	Kaylee Huggett- Great participation in class discussions
1 Coral	Molly Whyburn- Excellent independent work habits
2 Emerald	Rosie Quilty- Great work in reading
2 Violet	Archer Thurtell- Outstanding recount of how cows are milked
3 Grey	Milly Olsson- Outstanding persuasive writing skills
3/4 Aqua	Connor Riches- Beautiful positive attitude in class
4/5 Magenta	Larson Harvey- Continued effort with his work
5/6 Red	James Cremona- Amazing effort in Maths
5/6 Purple	Laura Lapins- Being polite and always using her manners
Library	-



PRIMARY HOCKEY

Last Thursday the girl's hockey team walked to the Molong hockey field to play against Middleton Public School. With our happy faces and spirits, we ran onto the field ready to play hard. We used great team work and Mrs Thornhill's advice to get the ball up to the goal. All of our hard work paid off as we scored our first goal, this caused great excitement from the team and parents. After the goal, we started to feel more confident that the ball was on our side, with it repeatedly slamming into the back of the goal. The second half was just as good as the first, as our passes were exceptional with outstanding accuracy and we kept fighting hard. At the end of the game, we thanked the other team, then congratulated each other on our victory win 6-0.

Thank you to Mrs Thornhill for her amazing effort to get us through our first game.

Written by Ellie Olsson, Demelza Lee and Laura Lapins



Back L-R: Indy Vandavelde, Milly Olsson, Demelza Lee, Maggie Kirby, Marley Vandervelde, Abbie Lyons, Phoebe Lyons &, Mrs Donna Thornhill.
Middle L-R: Lydia Philpott, Laura Lapins, Ellie Olsson, Zoe Strahorn & Olivia Hobbs.
Front L-R: Juliette Mills.



PRIMARY HOCKEY





CREATIVE AND PRACTICAL ARTS

Over the last two weeks we have had the pleasure of being entertained at our Primary Assemblies with students and teachers showcasing the work they have been doing in Creative and Practical Arts groups.

Creative and Practical Arts is a compulsory Key Learning Area and involves studying concepts related to Visual Arts, Dance, Drama and Music.

Stage 3 have been engaged in Choir activities run by Mr Irvine, our talented Music teacher in the High School. Other smaller groups have been taken by Mr Michael Linde for Drama lessons and Miss Hasenkam for Dance.

Kindergarten through to Year 4 have been accessing lessons in Percussion, Verse Speaking and Choir.

In Week 5 of this term students will swap to concentrate on a new area.

Our students do not always feel comfortable performing in front of others, however, in life we often need to present to others especially in interview situations. These performances are the building blocks for taking risks, challenging oneself and developing confidence.



DATES FOR YOUR DIARY

DATES FOR YOUR DIARY

DATE	EVENT
24.05.19	Primary District Athletics Carnival - Orange
27-31.05.19	Yrs 7 & 9 Half Yearly Examinations
29.05.19	U16's Boys & Girls Western Touch Football Knockouts - Dubbo
30.05.19	Open Boys & Girls Western Touch Football Knockouts - Dubbo
3-7.06.19	Yrs 8 & 10 Half Yearly Examinations
10.06.19	Public Holiday
11.06.19	Year 10,11 & 12 Parent Teacher Evening
27.06.19	Rural Cup – MCS vs Oberon at Molong
01.07.19	School Photos

PRIMARY TERM 2

Changes Term 2 Assembly Items and Agendas

TERM 2	ASSEMBLY
Week 1	Stage 3 Projects Display
Week 2	5/6 Purple
Week 3	CAPA Extravaganza- a showcase of our Creative and Practical Arts performances
Week 4	CAPA Extravaganza- a showcase of our Creative and Practical Arts performances
Week 5	5/6 Red
Week 6	Partnership Agreement Assembly in collaboration with the AECG
Week 7	Year 1 Amber
Week 8	Year 3/4 Aqua
Week 9	No Assembly due to Rural Cup
Week 10	Kinder Orange

CANTEEN ROSTER 24/5/19 – 7/6/19

If you can't work on your day, please call the Canteen on 6366 9009 from 8.30am-1.45pm. Thank you, Donna Taprell, Relieving Canteen Manager.				24/5/19 4th FRIDAY
				Belinda Mills
27/5/19 4th MONDAY	28/5/19 4th TUESDAY	29/5/19 5th WEDNESDAY	30/5/19 5th THURSDAY	31/5/19 5th FRIDAY
Kristy Armstrong	Belinda Mills	Adelaide Harris	Jan Murray	Adelaide Harris
3/6/19 1st MONDAY	4/6/19 1st TUESDAY	5/6/19 1st WEDNESDAY	6/6/19 1st THURSDAY	7/6/19 1st FRIDAY
Kristy Armstrong	Help Needed	Adelaide Harris	Jan Murray	Pam Burgess

WHAT'S NEW FROM OUR CANTEEN

Winter Menu – Daily Specials



Monday – Fried Rice \$4.00

Tuesday – Chicken Kebabs \$3.00

Wednesday – Beef Bolognaise Pasta & Cheese \$3.70

Thursday – Soup of the Day & Bread Roll \$4.50

Friday – Beef & Gravy Rolls \$4.00

COMMUNITY NOTICE BOARD

9AM - 5PM
WEEKDAYS

**NEW PREMISES FOR
MOLONG CENTRAL**

9-1PM
SATURDAYS

SCHOOL UNIFORMS



**Eden
Now
Open**

SHOP 1

21 BANK ST

MOLONG NSW

**WINTER
STOCK IS
IN NOW**

COMMUNITY NOTICE BOARD

COLLINS CREEK PUBLIC SCHOOL 100 YEAR CELEBRATION

8th JUNE 2019

10am - 2pm Collins Creek Public School

5:30pm Bush Dance & Dinner Collins Creek Community Hall



On the 8th June 2019, Collins Creek Public School will be holding our
100 Year Celebrations.

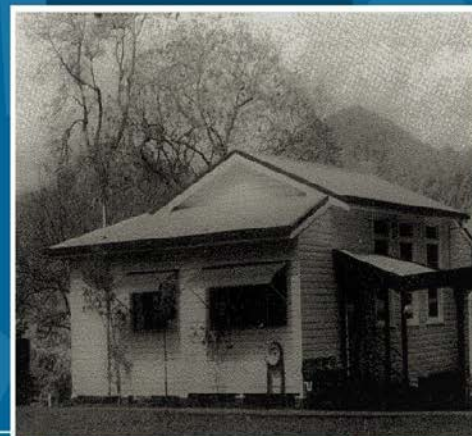
During the day we will be remembering our past, showcasing our present and looking forward to the future of our small rural community supported school.

We would love you to join us in these celebrations. Please share these details with your family and friends. We would love to meet as many community members as possible, who are connected to our school. Please come and share your stories.

If you would like to be part of our organising committee,
or volunteer your help on the day, it would be greatly appreciated.

We would also like to hear your stories, see your photos and videos, know "what you have been up to" and create a timeline of memories to present on the day. If you can not make the day, please share your memories so you can still be a part of the history of this
100 years of celebration.

Thank you and we hope to see you on the 8th of June 2019 !!!



480 Collins Valley Road, Collins Creek NSW 2474

Phone : 02 6633 1278

Email : collinsck-p.school@det.nsw.edu.au

COMMUNITY NOTICE BOARD

Carers – take care of you too!

Carers provide support to relatives and friends who have a disability, chronic illness, mental illness, or age-related frailty, so they can live in their home and community. Often carers are so busy looking after others that they forget to take care of their own health and wellbeing.

Central West **COMMONWEALTH CARER RESPITE CENTRE** is offering carers the opportunity to attend a **FREE** information session and lunch on

Tuesday 28 May 2019, 10.00am to 1.00pm
Orange Ex-Services' Club, 231 Anson Street,
Orange

The session will cover:

- Carer loss and grief
- 'Your Life Wishes'
- Resilience
- Stress Management (Mindfulness)
- Lunch at 12.00pm will be an opportunity to chat with other carers



The facilitator of the session will be **Erica Pitman, Registered Counsellor and carer with lived experience**, who has provided counselling for carers and advocated for carer wellness for more than two decades.

Bookings are essential. Please RSVP by Monday 20 May 2019 to
Central West

Commonwealth Carer Respite Centre

Mon to Fri 9 to 5 on **1800 052 222**
or email respites@livebetter.org.au

If you have any special dietary requirements or need respite for the person you care for so you can attend please let us know when you call.

COMMUNITY NOTICE BOARD

Wyangala Bonfire & Fireworks Spectacular

*Sunday of this
June Long Weekend*

Matt Morrison Oval,
Sixth Avenue, Wyangala

Gold coin donations most welcome

9:30 Mufti Bowls - \$5 to play
Lunch available
Licenced venue

for

10am 9-hole 3person Ambrose
golf tournament
\$5 greens fees

1pm

Morgan Insurance
Nearest the Pin Shootout
4th hole *Gold coin / ball*

12pm Wyangala Bistro
opens - eat in or take
away

4pm

Live and loud
Josh Maynard &
Josie Laver
Jumping Castle
Coffee Fix by Larz
Sausage sizzle
Hot dogs Popcorn
Soft drinks
Hot soup, toasties
& beef rolls

**on the
oval**

4:30pm Bonfire lit

6:30pm Fireworks Display

Live entertainment to follow at Wyangala Country Club

Courtesy bus drop-offs from 8pm

