



MOLONG CENTRAL SCHOOL

Providing Opportunities for Personal Achievement

White
Ribbon
SCHOOL



Issue 3
7th March 2019

INSIDE OUR NEWSLETTER THIS WEEK

FROM THE PRINCIPAL'S DESK



SECONDARY NEWS



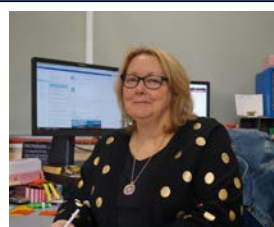
STUDENT AWARDS



PRIMARY NEWS



LIBRARY NEWS



CANTEEN ROSTER & UPDATES



DATES FOR YOUR DIARY



SCHOOL TIMES & CONTACTS



KINDERGARTEN PROGRAM



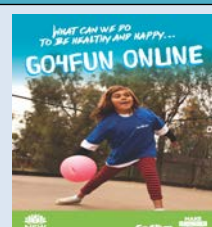
PRIMARY SWIMMING



COMMUNITY NOTICE BOARD



COMMUNITY NOTICE BOARD



FROM THE PRINCIPAL'S DESK



WHITE RIBBON THOUGHT OF THE WEEK

“Respect other people’s feelings.

It might mean nothing to you, but mean everything to them.”

REFLECTING ON THE FIRST WEEKS OF THE SCHOOL YEAR

It is around this time of Term 1 that students begin to settle into school life and become more comfortable in their new classes and or for some a new school. It is also a time where the expectations of school can start having an impact on the wellbeing of some students and some parents may struggle to know how to support their children. There are so many demands on young people and their families currently and the pressure to fit in can at times be overwhelming.

There is significant support for young people and their families at Molong Central School. We have a support structure consisting of teachers, Head teachers, Assistant Principals, Deputy Principals, School Councillors and a range of external resources that the Department of Education make available to support children at school. It is important that concerns be discussed with the relevant support person. This will dependant on the issue, for example if it's a secondary subject concern the Head Teacher of the subject area may be the best person to deal with but if it is a concern over something happening in a specific class in Primary, often the best person to have an initial discussion with will be the class teacher. If you are not sure of who to discuss concerns with the Deputy Principal is the place to start as they have the ability to draw many resources together including our School Councillors and external agencies.

If as a parent you are thinking that you should let the school know about something then you need to pick up the phone or make an appointment with someone that will be able to assist. At Molong Central, our size is our strength and something we pride ourselves on is ensuring that our wellbeing structures support the development of our children. If we do not know, we cannot help so I would really encourage parents to pick up the phone and talk to someone if they are concerned about their child's progress or wellbeing.

2019 P&C

Our P&C met for the first time this year on 25th February and I would like to congratulate Sally Lapins for stepping into the Presidents role. I would also like to thank outgoing president Donna Shapland for her service to the P&C over the last couple of years. Donna has worked tirelessly for the P&C, many fundraising events were successful due to her toil and initiative. I would like to encourage more parents to attend these meetings. I would also like to thank Lisa Burgess for her work in the role of treasurer; Lisa has also made a significant contribution through her efforts not just in the treasurer's role but her carefully considered comments and opinions at meetings. Belinda Thurtell will be the treasurer in 2019. Sally Kirby is vacating the Secretary's role; all members have appreciated Sally's consistent contribution to the P&C. I have also appreciated her opinions and thoughts on education and the future of Molong Central. Nicola Brazier will be our new P&C Secretary in 2019.

It is a great opportunity to get to know other parents in our community and studies show that involvement in your child's education improves your child's outcomes. It is a lovely group to be a part of and the focus is on improving the school for the wellbeing and academic outcomes for children. Your input would be valued. They meet a few times a term and the next meeting will be on the 18th of March in the Common Room. The focus will be on the new Behaviour Policy, which every child has been given a copy of for parents to consider. Parents will have an opportunity to comment on the policy at the next meeting and the feedback will be used to finalise the policy.

**Mrs Michelle Barrett,
Principal**

P&C FUNDRAISING CONTRIBUTION – NEW COURT SURFACE



MITCHELL HOUSE-SWIMMING CHAMPIONS FOR 2019

With the extreme weather we had been experiencing, thoughts of the pool were on student's minds when the 2019 Swimming Carnival rolled around. The actual day proved to be a little cooler, giving us perfect conditions and with the carnival falling on Valentine's Day, it was clear that all houses were keen to 'feel the love' of winning early on.

Our Year 12s set the safety scene arriving in their lifeguard dress ups for their last swimming carnival. It was great to see other students showing great house spirit, arriving in a variety of outfits in support of their respective houses. This really added to the relaxed carnival atmosphere of the day. Well done to all students on their great behaviour, enthusiasm and overall efforts – both in the pool and cheering from the sidelines.

As the day progressed, the race for house points remained tight right up until the lunch break. It was then clear that the students of **Mitchell house (who swear it's because their house colour is red – the colour of love)** were keen for the win as we saw their participation points sky rocket, eventually allowing them to take out the win and become the **2019 Secondary Swimming Champions**. It really does prove the point that if you just have a go, good things can come out of it. Congratulations to the students of Mitchell House on a fine effort, and to all students from the four houses who participated so well throughout the day.

Congratulations must also be given to our **Age Champions for 2019** (please refer below.) Their efforts and participation at the carnival were outstanding – well done to all.

A huge thank you to all staff for their tireless work on making the carnival run smoothly and also to those parents who attended to support and assist our amazing students. Thank you to the pool staff who also worked tirelessly throughout the day.

Finally, good luck to all of the students who were successful in gaining selection for the Western Trials in their respective events.

Mrs Jane Quigley
Sports Co-Ordinator

Age Champions

Sub-Junior Girl	Aaliyah Townsend
Sub-Junior Boy	Jack Lewis
Junior Girl	Olivia Wright
Junior Boy	Thomas Van Cornewal
Senior Girl	Aaliyah Wright
Senior Boy	Matthew Oscuro



Aaliyah Townsend



Jack Lewis



Olivia Wright



Thomas Van Cornewal



Aaliyah Wright



Matthew Oscuro



TECHNOLOGY IN THE CLASSROOM

Secondary School has continued to integrate ICT into mainstream classes. There are 60 laptops available for the use of students in three areas. The school has provided a laptop trolley in the top of A block which caters for Maths and HSIE, the bottom of A Block which caters for English, Careers and HSIE and in the Tech room which covers STEM, TAS, Agriculture and Science.

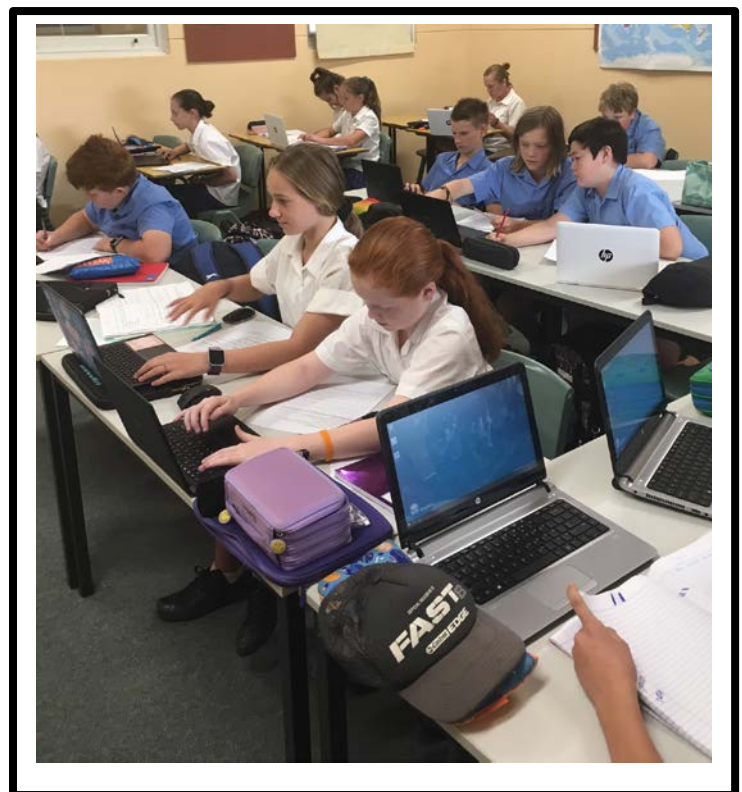
Over just the last 2.5 weeks 77 classes have booked out the laptop trolleys using the online booking system and used them for at least one lesson with several classes using them for a number of lessons in the week.

These computers help supplement the BYOD program which operates within the school and allows staff to integrate ICT into their everyday teaching. We have seen a great uptake of the BYOD program in Year 7 and the use of these computers is becoming a common addition to the normal class routine.

Many staff are now using Google Classroom with their students which gives students access to the work from home via the internet and also allows for students to ask questions about assignments after hours when they are actually working on the task at home. Google suite (provided free by the Department) enables students access to an online calendar as one of the tools which can be used to track assessment tasks.

If you would like further information regarding the BYOD program or use of laptops at school please don't hesitate to contact me.

Mr Scott Taprell, Deputy Principal





NEWS FROM OUR CAREERS DEPARTMENT

Careers programs are already well underway for 2019. This includes Molong Central's Kindergarten Assistance Program.

This program involves Secondary students assisting Kindergarten students in their rooms to help make their transition into school life easier.

The tasks that the Secondary students are involved in include; providing individual attention to students that may be experiencing difficulties with their fine motor skills, assisting with literacy activities such as reading to students or listening to students read, partnering with a less confident child while they undertake an activity to help build confidence and assisting students in the playground.

All of this helps to create a happy and secure environment for starting school by assisting the Kindergarten students to settle into class and school routines quickly and confidently.

Thank you to all of the students involved in this valuable program.

Later this term, Year 10 students will be participating in Work Experience.

Students are starting to contact potential host employers to begin arranging for Work Experience to take place in weeks 10 and 11 of this term.

If parents or host employers require any further information, please contact me to discuss any concerns.

Last week Year 10 students travelled to the Orange Ex-Services club to participate in a Housing Industry Australia careers expo day.

This was an excellent opportunity for our students to gain a greater understanding of not only what employment options are available within the building industry, but also information about training options that are available to them.

On Wednesday the 6th of March students from Years 11 and 12 will travel to Orange High to attend the regional Universities showcase.

Universities attending this event include; Charles Sturt University, Southern Cross University, Newcastle University, Wollongong University and the University of New England.

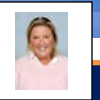
During the morning the students will be informed about; Why university, applying for a university, costs associated with attending university, life as a university student, early entry process and scholarships that are available.

**Mr Carl Thorne,
Careers Advisor**



KINDERGARTEN ASSISTANCE PROGRAM





STAYING SAFE ON SOCIAL MEDIA

The Momo Challenge is here again...

"Momo" is another sinister 'challenge' that has been around for some time. The startling photo of a Japanese sculpture piqued the curiosity of users who contacted the profile. Those people were reportedly met with a barrage of abuse and threats to expose private data unless they filmed themselves carrying out dangerous challenges. Dubbed the 'suicide killer game' Momo has been linked to apps such as Facebook, WhatsApp, and YouTube. "Momo" the scary, grotesque doll-like figure, reportedly sends graphic, violent images and encourages users to do such things as wake at random hours to partake in dangerous challenges and has been cited as encouraging self-harm.

We have had many people contact us through Facebook and our website over the last two weeks asking about Momo again.

MCS's go to on all things Social Media, Kirra Prendergast, was interviewed last year by 10 Daily about the challenge. Read the full article here: <https://tendaily.com.au/news/a180812smv/the-terrifying-new-cyber-trend-that-targets-kids-20180819>

Safe on Social Media's Tips:

- Just like all urban myths, this story can be distressing to young people. It is essential to talk to your child about the fact that Momo is not real and cannot directly harm them.
- Do not stop children from accessing the Internet or making them believe it is the internet that's dangerous & scary. It is about educating them, so they know what to do in certain situations.
- Make sure YOU know how to report and block on every app that your child uses so that you can help them when needed. This should be the absolute minimum that you know about the games and apps your kids are using.
- Respect age recommendations and gaming classifications. If you need to report Cyber Bullying, Illegal Content or Image Based abuse you can do that by reporting directly to esafety.gov.au
- It is essential that you are present when a young child is online. If you have a great understanding of what they are doing on their devices, it will give you the opportunity to discuss certain activities that your child may be involved in.
- We recommend that devices are not allowed in the bedroom when kids are young and as they get older you implement a curfew.
- There are parental controls on all devices, make sure you use them. They are usually in the settings area of the device and relatively easy to step through. You can use Google and YouTube to access instructions on how to set parental controls for particular devices.
- Trends and challenges are very tempting for young people. Talk to them about how they should not succumb to peer pressure or do anything that makes us feel uncomfortable online and offline. If they are unsure, make sure they know they can talk to you or another trusted adult.
- It is normal to feel worried as a parent/teacher/carers when you hear about or see things online that may be harmful to a child. Remember not everything you see online is true. Check the source and be aware that what you share about something might perpetuate the worry to others.
- If you decide to implement a filter in your home to block or filter content, be aware not to 'set and forget' as tech-savvy kids can find ways around technological protections or may be accessing online content from a friend's home or device.
- Have regular conversations and provide online safety education, from the moment you buy your child their device. This will help ensure your kids know how to handle situations when they occur, even when you are not nearby.

If you have any concerns, or would like to discuss further, please feel free to contact Mrs Jane Quigley at the school on 63668224.



IS IT BULLYING?

The word 'bully' has become ingrained in our everyday conversations so much so that the word itself is over used. Don't get me wrong, bullying and its effects on our young people is a very real problem. The issue is, is that when a word is used in the wrong context, it loses its importance and people start to switch off. The other issue with using a word in the wrong context is that incidents are approached with far greater intensity than they sometimes warrant.

A school is like a mini society and as such there is conflict. Conflict happens on a daily basis in schools and I like to think that through conflict we develop communication skills, social skills and resilience. Through conflict we learn that there are people out there that do not always agree with our point of view or that have a different way of doing things.

At Molong Central School we talk about Respect. Respect for Learning, Self, Others and Environment. Our children are learning how to be respectful citizens and don't always get it right. As a parent it is so difficult to hear that your child is upset. Responding in a calm manner and helping them to reflect on the situation can encourage children to see that there are options for resolving conflict.

If you feel your child is suffering from repeated, deliberate meanness, please make contact with us. I have found the poster below to a really powerful tool to reflect on the word Bully and establish if what children are experiencing is bullying or conflict.



When someone says or does something
unintentionally hurtful
and they do it once, that's
RUDE.

When someone says or does something
intentionally hurtful
and they do it once, that's
MEAN.

When someone says or does something
intentionally hurtful and they *keep doing it*-
even when you tell them to stop or show
them that you're upset—that's
BULLYING.



PRIMARY SWIMMING CARNIVAL RESULTS

Our Primary Swimming Carnival was a great success. The sun was shining and there were so many children who entered every race they could, just to get points for their house. I take my hat off to those students as they are modelling what it means to have team spirit. Quite often, these kids were not the best swimmers but they did not let that stop them. I'd like to make special mention of **Juliette Whyburn**, who attended on the day even though she was in a cast. She knew she wouldn't be able to swim, but instead of taking a day off, she came along and cheered on her friends and team mates. This is an outstanding example of what Molong Central School Students should aspire to. Parents, please make sure you send your child to school on carnival days. There are so many children now who are fearful to 'have a go'. We need to work together to ensure that all of our students are participants, whether it be competing for a place, getting points for their house or cheering on their team mates. We cannot instil this culture of Teamwork and Can Do attitude if students stay at home on carnival days. A huge thank you to our parent volunteers on the day. Our Swimming Carnival cannot go ahead without all the help we receive on the day from our parents and family members. Good on those grandparents who came and spent the day out there listening to me harp on about hats and sunscreen! Please see photos of all our age champions below. Juliette Mills was 11 years Girl Champion but was absent on day of photos.

NEVER EVER
EVER
GIVE UP!



Ben Brazier



Runners up Harry Lee, James Cremona, Maggie Kirby, Marley Vandervelde & Ellie Olsson



Robert Heath



Demelza Lee



Harrison Brazier



Zoe Strahorn



PRIMARY SWIMMING CARNIVAL RESULTS

Boys MCS Results		Girls MCS Results	
Open Free	Snr Back	Open Free	Snr Back
Harry Brazier Ben Brazier Will Kirby	Harry Brazier James Cremona Joshua Novak	Demelza Lee Maggie Kirby Juliette Mills	Demelza Lee Maggie Kirby Priscilla Power
8 Yrs Free	Jnr Breast	8 Yrs Free	Jnr Breast
Ayden Penson George Davis Harry Lee	Ben Brazier Lucas Penson Max Thurtell	Adelaide Swift Phoebe Lyons Victoria Milligan	Ellie Olsson Zoe Strahorn Minnie Whittle
9 Yrs Free	11 Breast	9 Yrs Free	11 Breast
Jim Bloomfield George Gibson Sunny Gersbach	Lochie Bohringer Robbie Heath Sam Foy	Zoe Strahorn Indy Vandervelde Millie Olsson	Marley Vandervelde Amelia Thurtell Juliette Mills
10 Yrs Free	Snr Breast	10 Yrs Free	Snr Breast
Ben Brazier Will Kirby Lucas Penson	Harry Brazier	Ellie Olsson Minnie Whittle Abbie Lyons	Demelza Lee Maggie Kirby Emma Wilson
11 Yrs Free	Jnr Fly	11 Yrs Free	Jnr Fly
Lochie Bohringer Robert Heath Cameron Quilty	Ben Brazier Will Kirby Ayden Penson	Marley Vandervelde Juliette Mills Amelia Thurtell	Zoe Strahorn Ellie Olsson Indy Vandervelde
12 Yrs Free	11 Fly	12 Yrs Free	11 Fly
Harry Brazier Joshua Novak James Cremona	Lochie Bohringer Robert Heath Hunter Hobbs	Demelza Lee Maggie Kirby Priscilla Power	Amelia Thurtell Juliette Mills
Jnr Back	Snr Fly	Jnr Back	Snr Fly
Ben Brazier George Davis Harry Lee	Harry Brazier	Zoe Strahorn Ellie Olsson Millie Olsson	Demelza Lee Maggie Kirby
11 Back		11 Back	
Robert Heath Hunter Hobbs Cameron Quilty		Rose Kelly Marley Vandervelde Juliette Mills	

TRYOUTS FOR REPRESENTATION AT WESTERN CARNIVAL



Currently there are notes being given out to students regarding tryouts for Representation of the Orange District at Western Competition level.

Please note that whilst anyone can try out for these teams, our school is given clear direction on who should apply.

The guidelines that we have been given state that students are encouraged to apply if they are in Stage 3 and have played the particular sport at competition level over a number of years.

This is not to say that students who are not yet in Year 5 and 6 may not apply, however, please be aware that the expectation is that students are playing at a high standard.

The following procedure is in place to ensure consistency and fairness.

- The coordinating teacher will make an announcement at Morning Assembly announcing that the try outs are coming up in Orange.
- Students are invited to come and get a note if they feel they fit the criteria.
- If they are not sure, they are encouraged to go home and talk it over with their parents.
- Students return the note to school.
- The teacher will forward the notes to the relevant Team Manager.
- Our school based coordinator is not involved in tryouts or picking teams.
- The parents are then responsible for taking their child to the try out.



2019 PRIMARY STUDENT REPRESENTATIVE COUNCIL

"We, the elected Student Representative Council of Molong Central School, pledge to represent the interests of all students in our school for the benefit of the whole school community.

We will faithfully represent the interests of the student body in the decision-making processes of the school.

We will assist in protecting the rights of the student body; communicating the opinions and feelings of the student body to the school; and contribute to putting in action plans, which are to benefit the students of this school.

We will lead by example; act in accordance with the school's behaviour policy; respect the rights of others; and acknowledge any decision made by the S.R.C.

We will attend all meetings and other S.R.C. related commitments when possible.

As members of the S.R.C. we will respect others, the community, ourselves and the environment. We will strive to achieve student well-being and positive relationships within the Molong Community."



**Back L-R: Will Kirby, Hayley Miller, Mr Linde, Robbie Heath & Rose Kelly.
Middle L-R: Lydia Philpott, Juliette Whyburn, Jonah Kelly.
Front L-R: Minnie Whittle, Jim Bloomfield & Zoe Strahorn**

MCS AWARDS

Secondary Awards

Merit

Danielle Phillips-Clarke
Seth Archer
Mercades Oste
Jesyca Pearson
Letitia Milne
Chantelle Comiskey
Ella Fowler
Chelsea Comiskey

Bronze

James Magick

Primary Awards

Silver

Maddie Chrystal
Lilly Welsh
Thomas Gavin
Daniel Oste-Seiler

Gold

Archie Chrystal

School Banner

Olivia Greenwood

Principals Badge

Ellie Olsson
Hannah Wilson

Primary Uniform Award

Stage 1 Hamish Brazier
Stage 2 Indy Vandervelde
Stage 3 Maddison Gates



Hamish
Brazier



Indy
Vandervelde



Maddison
Gates

STUDENT OF THE WEEK – Week 4 T1

Class	Student
K Orange	Issac Thurtell Always trying his best
K Yellow	Amelia Wood For being sensible and hard working
1 Amber	Willow Smith Always trying her best
1 Coral	Ruby Oste Outstanding worker and contributor to 1C
2 Emerald	Flint Althaus Great recount writing about The Deep
2 Violet	Mackenzie Mitchell Outstanding effort in writing
3 Grey	Skye Oborn Settling in beautifully to MCS
3/4 Aqua	Sam Lampe Fantastic Effort preparing and delivering SRC Speech
4/5 Magenta	Jessica Ball Amazing start to the term
5/6 Red	Fergus Whittle Demonstrating humility and outstanding sportsmanship
5/6 Purple	Abigail Oliver Being flexible with change and always helping others.
Library	Thomas Harper Excellent presentation of work

STUDENT OF THE WEEK – Week 5 T1

Class	Student
K Orange	Jack Brazier Help and hardworking
K Yellow	Avah Scott Consistent application to all activities
1 Amber	Amelia Harper Outstanding results in spelling
1 Coral	Romano Sandeman Always doing his best
2 Emerald	Jorja Griffith Amazing recount of The Deep
2 Violet	Nevaeh Jackson Working hard and being on task
3 Grey	Makai Milson Excellent Presentation of all tasks
3/4 Aqua	Chelsea Oliver Persistence in Maths
4/5 Magenta	Hayley Miller Always on task
5/6 Red	Samuel Milne Always trying his best in Maths
5/6 Purple	Sam Ball Excellent contributions in Science
Library	Marliese Scott Outstanding behavior in library

STUDY SKILLS TIP

SETTING UP YOUR SPACE AT HOME

The start of a year is a good time to reassess the space where you work at home. It is best to work in whatever space has the least amount of distractions. Here are some points to consider:

1. Natural lighting is best, but if not possible then a good strong bulb in your room and a bright desk lamp is essential. What is the lighting like in your study area?
2. Fresh air and oxygen to the brain helps keep you mentally alert. What is the ventilation and air quality like in your study area?
3. Your work space sets the tone for the way you approach your study. Is your desk large enough? What is your working space or desk like?
4. The chair you use should be comfortable (but not so comfy you fall asleep) and adjustable to reduce strain on your neck and shoulders. What is your chair like?
5. When you are trying to memorise things, quiet is essential. No music (unless it is certain types of classical like baroque). How effectively can you keep your room quiet?
6. Storage is essential to help you keep your notes organised and sorted. Shelves, a filing cabinet, drawers. What is the storage like in your room?
7. It is important to keep your study area uncluttered and organised. A large pin board for notices and a calendar are useful. How organised is your study area?
8. How many distractions do you have in your room? Computer, phone etc? It is always a good idea to switch off or remove distractions before you start work. If you have to use your laptop make a conscious effort to not use personal technology during times when you are doing schoolwork. How well do you cope with the distractions in your room?

To learn more about setting up an effective work area at home (including the effect the colour of your room has on your ability to study and how to set up your room ergonomically) visit the Home Study Environment unit of www.studyskillshandbook.com.au.

Our school's subscription details are -

Username: molongcs

Password: 86success



NEWS FROM THE LIBRARY

Week 6 Term 1

JUNIOR FICTION

Aussies vs England: Game On! (Mighty Mitch! #1) – by Mitchell Starc

Ben Pole's Worst Day Ever! – by Adam Stower

Game Time! (Hot Dog #4) – by Anh Do

Glitter Wing's Book Week Blunder (Miniwings #1) – by Sally Sutton

The Goldfish Boy – by Lisa Thompson

Mirror Magic (Star Friends #1) – Linda Chapman

A New Class (Jedi Academy #4) – by Jarrett J. Krosoczka

Scavengers (Diary of a 6th Grade Ninja #7) – by Marcus Emerson

SENIOR FICTION

Birthday Drama (Dork Diaries #13) – by Rachel Renee Russell

Ironheart – by Jodi McAlister

Part of Your World – A Twisted Tale – by Liz Braswell

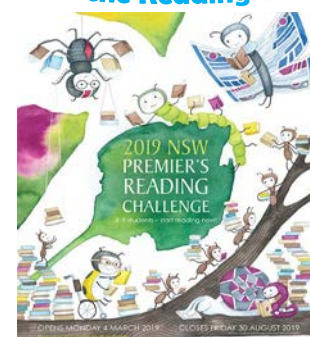
The Truth App (Liars #1) – by Jack Heath

Turtles All the Way Down – by John Green

A Witch Alone – James Nicol



Catch the Reading Wave



www.premiersreadingchallenge.nsw.edu.au



Hi Everyone,

A reminder that our annual **Scholastic Book Fair** will be held from Thursday 7th March until Thursday 14th March in the Library. Primary students will view the Fair on the Thursday and Friday when they'll compose their Wish Lists. Secondary will be able to visit during their lunch times. A vast selection of fiction and non-fiction books will be available for purchase as well as range of stationery items. There will be two Parent Afternoons on **Thursday 7th March and Monday 11th when the Library will be open until 5:00pm**. There are a couple of payment options. You may pay by cash or Eftpos. We have been very fortunate to have access to a portable Eftpos machine from Scholastic and this will be the case again this year.

As we will be holding the Book Fair, Issue 2 of Book Club will not be distributed. If you wish to view the catalogue it is online at: http://www.scholastic.com.au/schools/bookclub/bc_parents.asp

Molong Central School is a member of the Central West e-book Library Consortium which is made up of 16 schools. Our students have access to the website using their DoE username and password. There is a wide variety of books available which can be borrowed and read on any device, anywhere, anytime, 24/7. We have even had a student borrow a book while in Paris! Once students borrow they have access to the book for three weeks. Students will receive an email to advise them that loan will be terminated. They will have the opportunity to renew their loan at this time.

The eLibrary is located at: <https://molongcentralschool.wheelers.co>

The Premier's Reading Challenge website is up and running for 2019. I will be sending a note home to confirm how many students will be participating this year. It would be appreciated if notes could be sent back ASAP.

Kinder – Year 2 students will be completing the Challenge in their classrooms with their teachers. Books suitable for the PRC are labelled with coloured dots: Early Stage + Stage 1 ● Stage 2 ● Stage 3 ● Stage 4 ●

If you or your child have any questions please don't hesitate to contact me.

Have a great week. There will be a lot going on in the Library so come and join in.

Mrs Hall, Librarian



CANTEEN ROSTER 8/3/19 – 22/3/19

HELP IS DESPERATELY NEEDED ON THIS ROSTER. Please give one morning per month to the Canteen-that is all it takes. Ring the Canteen on 6366 9009 from 8.30am-1.45pm. If you can't work on your day, just call me. Thank you, Donna Taprell, Relieving Canteen Manager.				8/3/19 2nd FRIDAY
				Pam Burgess
11/3/19 2nd MONDAY	12/3/19 2nd TUESDAY	13/3/19 2nd WEDNESDAY	14/3/19 4th THURSDAY	15/3/19 3rd FRIDAY
Help Needed	Belinda Mills	Help Needed	Help Needed	Pam Burgess
18/3/19 3rd MONDAY	19/3/19 3rd TUESDAY	20/3/19 3rd WEDNESDAY	21/3/19 3rd THURSDAY	22/3/19 4th FRIDAY
Help Needed	Help Needed	Help Needed	Barbara Chown	Pam Burgess

DATE	EVENT
12.03.19	Peer Support Training for Years 5/6, whole day at school
14.03.19	PSSA Western Swimming Carnival
15.03.19	Secondary Western Swimming
20.03.19	Kinder Konnect (details to be sent out to Kinder Parents)
29.03.19	Primary Athletics Carnival K-6 at the Molong Recreational Grounds
02.04.19	Back Up Primary Athletics Carnival in case of poor weather
05.04.19	Primary Cross Country K-6 at the Molong Golf Club
12.04.19	Easter Hat Parade and Last Day of Term 1 (details to come)

WEEK	PRIMARY ASSEMBLY THURSDAYS 2:15pm
Week 5	Year 2 Emerald Item and SRC Badges
Week 6	Year 3 Grey Item
Week 7	4/5 Magenta Item
Week 8	Year 2 Violet Item
Week 9	Year 1 Coral Item
Week 10	Athletics Carnival Presentation
Week 11	Cross Country Presentation

WHERE ARE THEY NOW – ABBIE POWELL (PRATTEN)



I first taught at Molong Central School in 2012 and I thought it was pretty amazing because it's the school that my mum Tanya Pratten (Gersbach) and nan (Carole Gersbach) went to, along with many other family members.

In 2013, I taught 2 days a week doing some relief from face to face and casual teaching and then in 2014 I taught Year 2 Topaz!

I had 28 students and I still remember all their names and faces! They would be in Year 7 now, which makes me feel pretty old!

When I married Sam Powell in November 2014, my class stood as a guard of honour at the church, as we walked out the door! It was so lovely seeing them there in their school uniforms!

I loved working in Molong and have many fond memories of working alongside amazing teachers and of course teaching beautiful kids!

Sam and I moved to Lennox Head, near Byron Bay in December 2014. We were both lucky enough to get teaching positions at a Catholic Primary school called St Ambrose. It's a beautiful new school with a little over 300 students.

Last year we had our first baby girl called Finnella. She is 11 months old now and is crawling, saying a few words and loves swimming at the beach!

We often visit Molong because my Nan and Pop live there - so I always keep an eye out for some of the kids I used to teach!

My little cousins Charlotte and Harrison go to MCS so our family have been a part of Molong Central School for a VERY long time!

Thank you and hello to everyone at MCS ☺

Abbie Powell (Pratten)



WHERE ARE THEY NOW – ABBIE POWELL (PRATTEN)



MOLONG DISTRICT SOCCER CLUB



REGISTRATIONS 2019

Register online at

www.playfootball.com.au

This website has changed a little this year, If re-registering your children parents will be asked to create a new account - afterwards you can find your children and add them to *your* account. Just follow the instructions. Use Internet browsers Google Chrome/Firefox and IOS (apple)

Make sure you get your Active Kids Vouchers from Service NSW before registering.

\$110 PER CHILD Ages U6 and up

Any enquiries please contact molongsoccerclub@gmail.com

Or Paul Evans 0429 722 455

COMMUNITY NOTICE BOARD



Australian
Air League

NSW GIRLS GROUP

Established 1944



**NEW SQUADRONS STARTING IN YOUR AREA
RECRUITING NOW**

Get in on the ground floor for...

- **Excitement and Fun** • **Achievement and Recognition**
- **Friendship and Team Spirit** • **Plenty of Challenge**

FREE TO JOIN WITH ACTIVE KIDS \$100 VOUCHER



FOR GIRLS AGED 8 TO 18 YEARS

- Free to join with Active Kids \$100 Voucher
- Meet new friends
- Have lots of fun
- Develop your confidence and self esteem
- Train to be a Junior Leader
- Be part of a team
- Take part in sporting, flying and camping activities
- Get involved in your Community
- Interstate competition trips
- Theory & practical classes in aviation, general interest and life skills
- Recognition for all achievements

ADULTS 18 YEARS & OVER

- All prospective members 3 week trial period at no charge
- Distinctive Leaders uniform
- Join a friendly Parent Support Group
- Full training program to become a Leader (Ladies)
- Become a volunteer Instructor/Supervisor
- Social family events
- Savings plan for camps and excursions
- Regular information updates in newsletters
- Annual Awards Ceremony
- All volunteers are NSW Working with Children Check compliant

If you'd like to learn more, visit an operational Squadron or call us today!



FOR MORE INFORMATION PLEASE CONTACT

Mrs Robyn McKenzie: 0409 391 084 Email: gexc.nswgg@airleague.com.au
Girls Squadrons also located at Albion Park, Beverly Hills, Blacktown, Doyalson, Mudgee, Penrith, Southern Highlands
www.airleague.com.au Facebook: [aal.nsw.girls](https://www.facebook.com/aal.nsw.girls)

COMMUNITY NOTICE BOARD

WHAT CAN WE DO
TO BE HEALTHY AND HAPPY...
GO4FUN ONLINE



Go4Fun

**MAKE
HEALTHY
NORMAL.**

COMMUNITY NOTICE BOARD

NASHDALE PUBLIC SCHOOL
P&C PRESENTS

FROM SANDPIT TO ADULTHOOD

HELPING TODAY'S
CHILDREN TO THRIVE

WITH

MAGGIE DENT

Date: Monday April 29, 2019

Time: 7pm-9pm

Venue: Orange High School

Cost: \$35 per ticket

Tickets:

<https://www.trybooking.com/BASBH>

Enquiries: Laura - laursandjohn@bigpond.com



**A seminar for parents from Australia's 'queen of common sense',
parenting author and educator Maggie Dent.**

Every parent wants their children to thrive - to grow happy, healthy, strong, kinds and capable of realising their full potential. In this seminar, Maggie explores the 10 keys to parenting that support this goal. She acknowledges there is no 'perfect' and that challenge, adversity and failure can actually help our kids grow stronger and smarter.

Refreshments will be available. Please note this event is general admission (so you can sit wherever you like) and babes in arms are welcome at Maggie's seminars.

SCHOOL INFORMATION

MCS COMMUNICATION METHODS & HOW WE USE THEM

- **SCHOOL WEBSITE:** www.molong-c.schools@det.nsw.edu.au
For general information about our school
- **SCHOOL STREAM APP**
Used for important dates, events and updates as they occur
- **FACEBOOK**
For displaying photos of recent events and activities
- **SCHOOL NEWSLETTER**
Stories & photos of events and happenings at MCS, produced every fortnight- please see link above if you would like to subscribe.

AS AN ADDITION TO SCHOOL STREAM AND OUR WEBSITE, YOU NOW HAVE THE OPTION TO RECEIVE OUR NEWSLETTER BY EMAIL. IF YOU WOULD LIKE TO SUBSCRIBE, PLEASE LOG ONTO THE FOLLOWING LINK:

<http://eepurl.com/c9r7ij>



RESPECT

my environment - myself - learning - others

