



MOLONG CENTRAL SCHOOL

Providing Opportunities for Personal Achievement

White
Ribbon
SCHOOL



Issue 2
21st February 2019

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STUDENT AWARDS



PRIMARY NEWS



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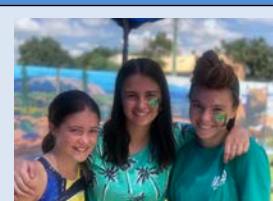
SCHOOL TIMES & CONTACTS



KINDERGARTEN 2019



SECONDARY SWIMMING



PRIMARY SWIMMING



COMMUNITY NOTICE BOARD





FROM THE PRINCIPAL'S DESK

GREAT START TO 2019

What a fabulous start to the year it has been! There is so much happening at Molong Central School now and our students are engaged in exciting learning opportunities and sporting and cultural events. The swimming carnivals have now been completed and full reports and results will be published in our next Newsletter. I am pleased to say that I have received positive feedback from the staff, parents and students. It is a busy time for our sports organisers and I would like to say thank you to Ms Ebert and Mrs Quigley for their commitment to ensuring that the start of 2019 has been fabulous.

NEW BEHAVIOUR POLICY

Students have received a draft copy of our new Behaviour Policy. The policy, which was outlined to students in a special assembly, will remain in draft form until further consultation occurs with the SRC, parents and teachers. We will be using the draft which is a level system underpinned by the key messages from the White Ribbon School Strategy which will ensure that Molong Central School students are supported in becoming respectful and responsible young people and productive members of society. On the 25th February, the policy will be presented for further comment at the P&C meeting. The P&C meeting on the 25th will occur immediately after the AGM and it would be fabulous to see a big turnout for this most important meeting. Studies suggest that parents who are actively involved in supporting the school can have a positive impact on their child's education.

PRIMARY BAND

Thank you to all parents who have indicated their support of the Primary School Band. It is hoped that we will be able to generate some additional interest and an information afternoon is planned for all Year 3 parents on 27th of February. We have also lowered the cost of hiring the instruments and the tuition. We are fortunate to have the expertise of Music Teacher **Mr Brian Irvine** (please see biography on the following page), who has an outstanding reputation locally and further afield.

This will be an outstanding opportunity for students at Molong Central School. It has been well recognised that music can have a positive impact not only on educational outcomes but it can also affect positively on an individual's wellbeing. You never know music might be your child's "spark". It would be great to get a band up and running in 2019 and the more the merrier.

ATTENDANCE PROCEDURES

Regular school attendance supports students to be connected, achieve their potential and increase their career and life options. If a student misses as little as 8 days in a school term, by the end of primary school, they will have missed over a year of school. The NSW Department of Education's School Attendance Policy and related procedures are key documents that describe the responsibilities of schools. Parents are legally responsible to ensure that their children of compulsory school age are enrolled at and attend school every day it is open for instruction. There are always times where taking a child out of school will be necessary and can I encourage all parents to meet with me should this be required as there are ways to support students when these times arise.

There is some excellent information on the NSW Department of Education Website see link below, to help support parents. If your child is becoming reluctant to attend school it is important that you discuss this concern with the class teacher of Year Advisor, we have many support structures to assist students having trouble with school attendance.

<https://education.nsw.gov.au/public-schools/practical-help-for-parents-and-carers/quick-guide-for-parents>

Mrs Michelle Barrett,
Principal

BIOGRAPHY OF MR BRIAN IRVINE



Brian began his music career in the early 1990s as an instrumental teacher at The Scots School in Bathurst. There, he taught individual and group music lessons for Flute, Clarinet, Piano, Trumpet and Trombone. Brian also began teaching classroom music and he was involved with many extra-curricular activities such as Open Days, Chapel Services and School Musicals.

During the late 1990s through until the mid 2000s, Brian worked in middle management for Telstra. Although he left teaching, he still kept his interest in music pursuits, teaching privately and performing in many local theatre productions.

It was Brian's love of Musical Theatre that led him back to teaching. He met and collaborated with Chris Mickle, a music teacher at Orange High School, during a production of Hello Dolly. Brian began working at Orange High School in 2005 and Brian and Chris went on to work together for twelve years.

Brian taught all levels of music at Orange High School with great accomplishment. His students continually achieved HSC Band 6 success and many went on to study music at university or follow professional pathways. He ran many extra curricular groups such as choir, flute and brass ensembles, concert band, marching band and the famous Manchoir. He has also participated in Schools Spectacular for thirteen years allowing many students to be part of the NSW Department of Education's greatest showcase. Some of these students have also been featured artists or performed in the orchestra.

Brian has worked with some of Australia's professional musicians and performers to develop the skills of his students and expose them to the Australian music scene. He has worked with: brothers, James and John Morrison, also Adam Page, jazz musicians; Steve Williams and George Torbay, conductors; Casey Donovan, Singer and Song Writer; Jonathon Welch and Brad Cooper, Opera Singers and the late Richard Gill AO, Conductor and advocate of Music Education.

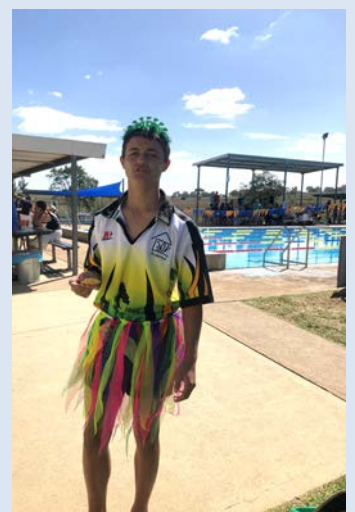
During his time at Orange High School, Brian devoted much time to fund raising and working with parents and the school community. He helped to raise money to build an \$800 000 recital room. His most recent accomplishment was to raise \$85 000 for a Grand Piano to furnish this room.

Brian accepted a transfer to Molong Central School in 2018. He has been working with Stage 3 classes to develop their music skills and readying them for High School. He is looking forward to continuing this role and also taking on the Stage 3 Choir in 2019. Brian is keen to start a beginner concert band in Year 3 and is looking forward to fostering new relationships with Students, Parents and Staff to raise the profile of music at this wonderful school.

SECONDARY SWIMMING CARNIVAL



SECONDARY SWIMMING CARNIVAL





HSC SUCCESS STARTS NOW FOR YEAR 11

We have welcomed 38 Year 11 to the Senior School and acknowledge that the educational journey each senior student has committed to undertake requires a great deal of academic and vocational endeavour. The Senior years of High School are focussed on student achievement in the Higher School Certificate. Each student has their own particular curriculum pattern, or range of subjects, suited to their needs, interests and abilities. We are running 20 subjects on site which has given students a wide choice of subjects to suit their interests and future directions. We also have students studying 5 Subjects through Dubbo School of Distance Education adding to the breadth of subjects on offer.

Students in Year 11 need to understand that they will be using their credential, their Higher School Certificate, at the end of Year 12 to gain employment or to secure a position in university or TAFE.

Attending school every day, being on time, wearing school uniform, bringing the correct equipment for learning everyday and eating the right foods will help ensure that students are given the best possible opportunity for a successful senior school experience. Year 11 with the assistance of their Year Adviser, Mr Thorne have already started using the Year Meetings to examine steps to improve their study skills, and these mentoring sessions will continue throughout the year.

Good luck, Year 11, working towards a successful HSC begins now. Make each day count.





YEAR 7G HISTORY

As part of their introduction to History, Year 7G have been learning about early human tribes, as well as the work that archaeologists do in finding out more about their lives. They learnt how important the discovery of grasses and grains was to these early civilisations how they contributed to the formation of groups and early villages. To get a real picture of how much work was involved in processing food during these times, Year 7G embarked on a bit of 'Experimental Archaeology'.

Using grains, in this case rice, and simple technology (a mortar and pestle) the students looked at how hard it would be to turn this into flour so they could provide bread for their families. They were definitely up for the challenge and Mr Keen also dropped in to see what all the fuss was about.

In recent lessons the class has continued to learn about the important work that archaeologists do in discovering artefacts and providing evidence to tell stories of people of the past. The class has been very enthusiastic in their learning so far and we look forward to being involved in many more activities that help us to learn about the process of historical inquiry.

Ms Rebecca Vis, HSIE





PRIMARY SWIMMING CARNIVAL





PRIMARY SWIMMING CARNIVAL



KINDER KONNECT PROGRAM



**Wednesday 27 February 2019
2.30 – 3pm
Meet in Kinder Yellow Classroom**

**Wednesday 20 March 2019
2.30 – 3pm
Meet in Kinder Orange Classroom**

Kinder Konnect is an opportunity for parents and grandparents to come into the Kinder classrooms and see their children participating in a variety of class activities.

We hope you can join us!



KINDERGARTEN CLASSES 2019





AN ESSENTIAL QUALITY TO INSTILL IN CHILDREN

One common trait all successful adults have is resilience.

The ability to bounce back from disappointment is something we have the opportunity to teach our children every day.

As our kids constantly remind us, life isn't always fair. Is it a parent's role to constantly try to make life fair?

How do we balance the desire to shelter and protect our children with the need to teach them how to cope with life's disappointments?

The School A to Z website asked top teachers all over NSW for their tips for parents on developing resilience so children can succeed in the face of unexpected challenges. These tips include:

- Resilience doesn't come naturally to all kids - we need to specifically teach those skills.
- Always saving your child from failure doesn't give them the opportunity to learn better skills.
- To interact effectively with their peers, our kids need to develop resilience.
- Commend your child's strengths, and be positive about their abilities to improve their other skills.
- Self-esteem comes from conquering challenges, not from constant praise that everything we do is brilliant!
- Kids notice how well parents handle stress and challenges and then copy those behaviours.
- Extracurricular activities help develop social skills.
- Life isn't always fair. Teach your child how to accept that and adapt to challenging circumstances.
- Create opportunities for your child to talk about their problems - teens often open up more if you're doing some activity together.

As students make their way through school life they will encounter disappointments, they will make mistakes, they will be held to account for their actions or at times lack of action.

It is how a student and at times also the parents react to these occasions that determines if the student is going to develop the all-important quality of resilience.

If you would like further information on helping your child develop resilience follow the link <https://education.nsw.gov.au/public-schools/practical-help-for-parents-and-carers/family-wellbeing/how-to-raise-resilient-kids>

MCS AWARDS

Secondary Awards

Merit
Jobe Ring

Claire Neville

Madison Treacy

Jett Fraser

Marlee Nixon

James Magick

Primary Awards

Bronze
Ryan McNabb
Lilly Welsh

Gold
Sefton Power
Charlotte Lowder

School Banner
Fergus Whittle

Principals Badge
Will Kirby
Amelia Thurtell

Primary Uniform Award

Stage 1 *Harper Taylor*
Xena Power

Stage 2 *Jacinta Webb*
Sheyanne Taylor

Stage 3 *Emma Wilson*
Abbie Lyons



Harper Taylor



Xena Power



Jacinta Webb



Sheyanne Taylor



Emma Wilson



Abbie Lyons

STUDENT OF THE WEEK – Week 3 T1

| Class | Student |
|--------------------|--|
| K Orange | Amelia Jones For a sensational start to Kinder |
| K Yellow | Charlie Evans Super listening and working in class |
| 1 Amber | Harper Taylor Excellent use of 5W's in her recount |
| 1 Coral | Lacey Olsson For being a beautiful, hardworking member of Yr 1 Coral |
| 2 Emerald | Noah Szulik Awesome Spelling |
| 2 Violet | Hamish Brazier Always on task and trying his best! |
| 3 Grey | George Gibson Fitting in effortlessly to our class |
| 3/4 Aqua | Hannah Wilson Sensational Spelling |
| 4/5 Magenta | Will Kirby Great attitude towards learning |
| 5/6 Red | Robert Heath 100% in No Excuse Spelling Test! |
| 5/6 Purple | Jade Ryder Always participating in class discussions |
| Library | Indy Vandervelde For a cheerful, positive attitude in Library |



FROM OUR LIBRARY

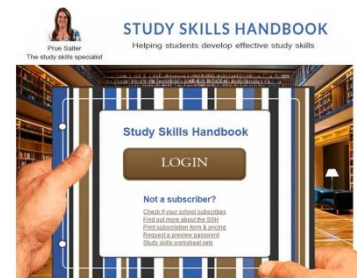
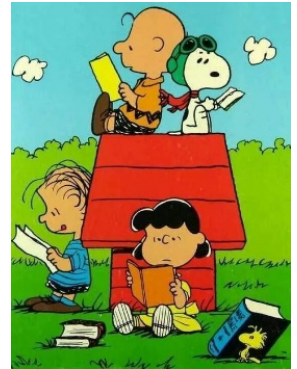
Week 4 Term 1

JUNIOR FICTION

Buchanan Bandits (Diary of a 6th Grade Ninja #6) – by Marcus Emerson
The Meltdown (Diary of a Wimpy Kid #13) – by Jeff Kinney
A Tale of Two Kitties (Dog Man #3) – by Dav Pilkey
Henrietta & the Perfect Night – by Martine Murray
Horton and the Kwuggerbug and more lost stories – by Dr Seuss
The Girl, the Dog and the Writer in Provence (#2) – by Katrina Nannestad
The Light Jar – by Lisa Thompson
The Secrets of Shadow Ranch (Nancy Drew Mystery Stories) – by Carolyn Keene
Battle for the Shadow Sword (Team Hero #1) – by Adam Blade
My School Project: Family, Friends & Furry Creatures (Tom Gates #12)

SENIOR FICTION

The Feathered Serpent – by Edgar Wallace
King Solomon's Mines – by H. Rider Haggard
A Song Only I Can Hear – by Barry Jonsberg
Harry Potter Series – by J.K. Rowling (new set purchased)



Hi Everyone,

Welcome back to a new year. It has been amazing to see the positive response from our students over the past year to the new refurbishment of our school library. Seniors have settled well into their study space and are being very productive. The various comfortable reading spaces spread throughout the library are popular spots during lunch time with many students keeping a book at the front counter to read. It has been pleasing to see our new Kindergarten students visiting at lunch to play Snap, complete a jigsaw puzzle or colour in.

Our annual **Scholastic Book Fair** will be held from Thursday 7th March until Thursday 14th March in the Library. Primary students will view the Fair on the Thursday and compose their Wish List while Secondary will be able to visit during their lunch times. A vast selection of books will be available for purchase as well as range of stationery items. Two afternoons will be set aside for parents to visit the Book Fair and these will be announced at a later date. Eftpos will be available.

Below in the table are listed the Primary class times for this year. All students are asked to bring a library bag as well as a plastic zip lock bag or plastic bag to prevent books from getting damaged.

| | | |
|-------------------------------|---------------------------|-----------------------------|
| Kinder Orange – Monday | 2 Emerald – Friday | 4/5 Magenta - Monday |
| Kinder Yellow – Friday | 2 Violet – Tuesday | 5/6 Purple – Tuesday |
| 1 Amber – Monday | 3 Grey - Tuesday | 5/6 Red – Friday |
| 1 Coral – Friday | 3/4 Aqua – Monday | |

Year 7 classes are also attending the Library once a fortnight for instruction in Study Skills. We will be covering modules found on the ELES Study Skills website at: <https://www.studyskillshandbook.com.au/> . Username: molongcs Password: 86success

Mrs Hall, Librarian

CANTEEN ROSTER 22/2/19 – 8/3/19

| | | | | |
|---|---|---|--|--|
| HELP IS DESPERATELY NEEDED ON THIS ROSTER. Please give one morning per month to the Canteen-that is all it takes. Ring the Canteen on 6366 9009 from 8.30am-1.45pm. If you can't work on your day, just call me. Thank you, Donna Taprell, Relieving Canteen Manager. | | | | 22/2/19 4th FRIDAY |
| | | | | Pam Burgess |
| 25/2/19 2nd MONDAY | 26/2/19 2nd TUESDAY | 27/2/19 2nd WEDNESDAY | 28/2/19 4th THURSDAY | 1/3/19 1st FRIDAY |
| Help Needed | Belinda Mills | Help Needed | Help Needed | Pam Burgess |
| 4/3/19 1st MONDAY | 5/3/19 1st TUESDAY | 6/3/19 1st WEDNESDAY | 7/3/19 1st THURSDAY | 8/3/19 2nd FRIDAY |
| Help Needed | Help Needed | Help Needed | Help Needed | Pam Burgess |

| DATE | EVENT |
|----------|---|
| 25.02.19 | P&C AGM & General Meeting 6pm & 6.30pm – staff common room |
| 26.02.19 | PSSA District Swimming Carnival |
| 27.02.19 | Kinder Konnect (details to be sent out to Kinder Parents) |
| 11.03.19 | Peer Support Training for Years 5/6, whole day at school |
| 12.03.19 | Peer Support Training for Years 5/6, whole day at school |
| 14.03.19 | PSSA Western Swimming Carnival |
| 15.03.19 | Secondary Western Swimming |
| 20.03.19 | Kinder Konnect (details to be sent out to Kinder Parents) |
| 29.03.19 | Primary Athletics Carnival K-6 at the Molong Recreational Grounds |
| 02.04.19 | Back Up Primary Athletics Carnival in case of poor weather |
| 05.04.19 | Primary Cross Country K-6 at the Molong Golf Club |
| 12.04.19 | Easter Hat Parade and Last Day of Term 1 (details to come) |

St JOHN AMBULANCE – MOLONG CADET DIVISION

Molong Cadet Division has been operating for 23 years, providing opportunities for local youth to learn First Aid and resuscitation (CPR) skills. Personal development is enhanced through camps, leadership courses, first aid community duties and specialised courses. Cadet's work is recognised through achievement awards and appropriate insignia on their uniform.

On Australia Day Molong Cadets received the Australia Day Community Group Award. This added to awards for Rotary Youth of the Year & Community Group and a Highly Commended Cabonne Council Daroo Business Award. St John Ambulance awards for Molong Cadets included Western Region Cadet of the Year, and a Life Saver award for a cadet who performed life saving CPR.

At the end of last year the Molong Cadet Division awarded

- Leader of the Year - Christalin Drady
- Cadet of the Year - Jazmin Pietrzak
- Most Improved of the Year - Zac Karamina
- Junior of the Year - Blade Pietrzak

Cadet meetings have commenced and all current members will be working on learning Resuscitation, CPR and learning about the organs and functions of the human body. Trivia questions will challenge all members.

This year the Western Region Youth Camp will be held at Silverton from the 14th -18th April and hosted by the Broken Hill Cadet Division. Cadets are fundraising to pay \$7000 for the cost of the coach to camp. Currently they have a raffle with prizes of two framed coin collections and a Bandaged Bear, winners choose their prize, tickets \$1. The camp fee is \$200 for which parents can use the Active Kids Program voucher.

New members, who want to join our team, are welcome to attend a meeting with their family to sign up. Junior members are aged 8 -11 years, Cadets 11 - 18 and Cadet Leaders and Officers are over 18 years of age.

Cadet Meetings are held in Molong Central School Hall on Thursday evenings during the school term from 6 – 8pm. Contact Mrs Julie Dean on 63668559 for further details.



MOLONG CENTRAL SCHOOL P&C



MOLONG CENTRAL SCHOOL PARENTS & CITIZENS ASSOCIATION (P&C)

ANNUAL GENERAL MEETING

6.00pm

ORDINARY MEETING

6.30pm

Monday 25th February.

MCS Staff Common Room

ALL WELCOME TO ATTEND

Welcome to the new school year.

For those of you who are new to Molong Central School, I would like to take this opportunity to invite you to our first Parent and Citizens Association meeting next Monday 25th February at 6.00pm at the school staff room.

P&C meetings are your opportunity as a parent, carer or teacher to raise ideas, concerns or offer your opinion on matters that affect our whole school community. The P&C have input into the school strategy, run the canteen and clothing pool, and organise fundraising activities which in the past have helped pay for things like the synthetic surface on the courts, new readers for kids, computers, the school bus, just to name a few.

On top of all the great things that the P&C do, the meetings and events also provide an opportunity to make new friendships, and it is very rewarding to be part of such a community.

I would like to encourage any new parents or carers to come along to our meeting at 6.00pm Monday 25th February.

Feel free to contact me if you have any questions.

Kind regards,

Sally Kirby,

Secretary Molong Central School P&C

COMMUNITY NOTICE BOARD



What is Go4Fun Online?

Go4Fun Online is a FREE 10 week program for children aged 7-13 who are above a healthy weight and their families.

The program provides information and support to improve eating and physical activity habits.

There are 10 online sessions and a weekly phone call from a trained and qualified coach to help keep you on track.

Go4Fun Online is for families in NSW who are unable to attend the face to face version of the program.

Get involved and start collecting your weekly tokens and prizes!



To register or find out more:
1800 780 900
go4funonline.com.au

Powered by:
betterhealthcompany

COMMUNITY NOTICE BOARD



Feeling FANTASTic is a 6-week course that helps young people understand their emotions, feelings and moods. The course focuses on managing and expressing feelings of depression and anxiety in healthy ways.

Who: 12 to 16yr olds

When: Thursdays

21/2/19, 28/2/19, 14/3/19, 21/3/19, 28/3/19, 4/4/19

No Group 7/3/19

Time: 4.00pm - 6.00pm

Where: headspace Orange 264 Peisley Street

Bookings for this course are essential
email hs.orange@marathonhealth.com.au
or phone 6369 9300



COMMUNITY NOTICE BOARD



Play Rugby

Register now – kids 4 to 17 years old

Register online here:

<https://myaccount.rugby.com.au/>

Or with the Rugby Xplorer App

Don't forget to use your \$100 Active Kids Voucher



For more information contact:

Lisa 0424 163 086

or Keryn 0421 210 492

or email emusjuniorsregistrar@gmail.com



Forbes Autumn Horse Show

Featuring Equestrian Interschools classes

- *Have fun riding with your class mates
- *Represent your school
- *Attire = school jumper & tie
- *Plain saddle cloth



SUNDAY MARCH 31ST
FORBES SHOWGROUND
www.forbesshow.com



COMMUNITY NOTICE BOARD



15-18 April 2019

Following the overwhelming success of last year's shake & stir drama workshop, the award-winning theatre company is back in 2019 ready to empower another cohort of budding young performers.

During the April school holidays shake & stir is teaming up with Orange Civic Theatre to unleash an action-packed 4 days of Superhero skill-building! Using the magic of performing arts, uncover your secret super powers through a series of acting activities, hilarious scripts, side-splitting slap-stick, all finishing with a bang on the last day with a performance for friends and family! Perfect for dramatic thrill-seekers aged 7-12.

Bookings essential.

Ages: 7 – 12 years

Price: \$320
* We offer a \$10 per child discount if you have more than one child attending

Where: Orange Civic Theatre

Time: Monday to Wednesday 10am to 3pm
Thursday 10am to 7.30pm (6.30pm showcase for families and friends) *Students do not go home between 3pm and the showcase – they will stay and rehearse with the team

Bring: morning tea, lunch (dinner for Thursday) and a water bottle

Wear: comfortable clothes you can move in easily. Please wear theatre blacks to perform on the final day (Thursday). We will provide any elements that may be needed in the showcase.

Meet: Theatre foyer

Further information: Please call 6393 8112

PLACES ARE LIMITED – DON'T MISS OUT!

shake&stir
theatreco

ORANGE
CIVIC THEATRE

★ WOMEN'S AFL ★ COME & TRY!

Orange
Tigerettes
are now
recruiting
ages 13
and over



10 -1pm
Sat 30th
March

Come along to Waratahs Sports Club for our OPEN DAY to learn the sport, practice your skills and play a friendly game followed by a **free BBQ lunch!**

What to bring: boots/joggers, towel, water bottle

To register or for further information please text Jacqui on 0408 562 506 or contact us via our facebook page

*Please note registration prior to the day is not essential so bring along any friends or family on the day that are interested

Find us on Facebook "[@OrangetigersARFC](#)"



SCHOOL INFORMATION

MCS COMMUNICATION METHODS & HOW WE USE THEM

- **SCHOOL WEBSITE:** www.molong-c.schools@det.nsw.edu.au
For general information about our school
- **SCHOOL STREAM APP**
Used for important dates, events and updates as they occur
- **FACEBOOK**
For displaying photos of recent events and activities
- **SCHOOL NEWSLETTER**
Stories & photos of events and happenings at MCS, produced every fortnight- please see link above if you would like to subscribe.

AS AN ADDITION TO SCHOOL STREAM AND OUR WEBSITE, YOU NOW HAVE THE OPTION TO RECEIVE OUR NEWSLETTER BY EMAIL. IF YOU WOULD LIKE TO SUBSCRIBE, PLEASE LOG ONTO THE FOLLOWING LINK:

<http://eepurl.com/c9r7ij>



RESPECT

my environment - myself - learning - others

