



MOLOG CENTRAL SCHOOL

Providing Opportunities for Personal Achievement

White
Ribbon
SCHOOL



Issue 17
8th November 2018

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FROM THE PRINCIPAL'S DESK



SECONDARY NEWS



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DATES FOR YOUR DIARY



SCHOOL TIMES & CONTACTS



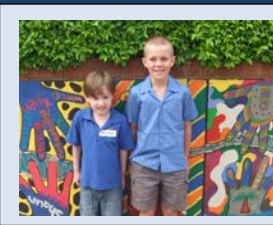
YEAR 7 2019 TRANSITION



WHERE ARE THEY NOW



KINDERGARTEN 2019 TRANSITION



COMMUNITY NOTICE BOARD



FROM THE PRINCIPAL'S DESK



WHITE RIBBON THOUGHT OF THE WEEK

“Respect – Give it to get it”

KINDERGARTEN & YEAR 7 TRANSITION PROGRAMS

The importance of a positive transition to school is well recognised. It is considered a significant event for both children and their families and one that can have a considerable impact on a child's later educational and social outcomes.

At Molong Central School we appreciate the significance of having a good start to school and our teachers use current research to develop programs that support the transition into Kindergarten, as well as into Year 7.

The creation of an Early Stage 1 play area is based on a belief that if students have positive interactions with each other in less formal situations, then they should adapt well to the school environment. Kay Margetts, Professor of Early Childhood Studies at Melbourne University, suggests children who have settled into school well 'Listen to and follow instructions, interact well with others, share and take turns, cope with normal day-to-day conflicts and are able to manage their feelings and emotions appropriately. To offer support to students who are transitioning from Year 6 to Year 7, MCS has increased the length of the days for Year 6 students to explore their new environment and help get know students from other schools. Whilst many students are moving within the same school, the transition between Year 6 and Year 7 has been identified as a stressful time for parents and students.

Parents can help support an effective transition by encouraging your child to keep a balance in their high school life. They still need time to relax, have fun and spend time with friends and family. They also need healthy food, exercise and a good night's sleep. It is often a time when students need support to regulate their routines and this would include the management of the use of electronic devices. Putting good routines in place now will enable students to maximise their learning. MCS students are currently part of a study that may help to shed light on what the major stressors are. If you have any concerns about your child's readiness for Kindergarten, or are worrying about moving into Year 7, please contact the school, as there are people available that may alleviate any concerns you may have.

Below are some resources that may be useful for transitioning into Kindergarten or Year 7.

<https://education.nsw.gov.au/public-schools/going-to-a-public-school/translated-documents/time-to-start-school>

<https://education.nsw.gov.au/public-schools/going-to-a-public-school/our-public-schools/high-school/starting-high-school>

<https://education.nsw.gov.au/public-schools/going-to-a-public-school/quick-guide-for-parents>

POSITIVE FEEDBACK FOR MCS YEAR 10 STUDENTS

Our students always receive positive feedback when they attend events in the wider community, or when we have visiting performers or presenters. Last month, Mr Paterson passed on a lovely email we received from Rachael Buckerfield, the Senior Counsellor at Orange TAFE. She wrote the following:

“A huge thank you to Molong Central School for coming along to our Mental Health Month event this year. Your students were so well behaved and respectful. I hope it was worthwhile and they left feeling more knowledgeable about mental health.” Thanks Mr Paterson and Mrs Quigley for organising and supporting our students on the day and well done Year 10 for displaying excellent interpersonal skills.

Mrs Michelle Barrett, Principal

SELECTIVE HIGH SCHOOL INFORMATION

Event Date: Monday 12 November



Selective high school entry to Year 7 in 2020 - Closing Date

Admin, Teachers, Executive, Principals, K-6, Metropolitan North, Rural North, Regional North, Metropolitan South, Rural South and West, Regional South

Applications for placement in Year 7 in selective high schools in 2020 opened on 9 October 2018 and will close on 12 November 2018. Late applications will not be accepted so principals are asked to remind parents about the closing date.

Parents apply through the High Performing Students Team website at **<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7>**.

The online application link is available from this website from 9 October 2018 until 12 November 2018. Late applications will not be accepted so principals are asked to advise parents about the closing date.

Parents without internet access or who cannot use a computer have been told they can apply at a public library but it would be greatly appreciated if schools could make their facilities available during the application period to assist the small minority of parents without internet access.

Parents with disabilities that preclude the use of a computer can contact the High Performing Students Team for assistance.

Enquiries

High Performing Students Team

Email **ssu@det.nsw.edu.au**

Telephone 1300 880 367 (for parents) and (02) 9244 5669 (for principals only)

Chloe Read

Executive Director, Learning and Business Systems

YEAR 7 TRANSITION PROGRAM

Year 7 2019 have commenced their transition program. Every Wednesday from the 31st of October, students will attend MCS and complete a variety of activities that will help prepare them for the transition to high school. So far, students have completed characterisation work using Alex Rider Stormbreaker, lessons in Science, Visual Arts and HSIE, along with yoga and variety baseball. All students have participated well and are enjoying making new friends whilst trying new things.

Mrs Nicole Griffiths



YEAR 7 TRANSITION PROGRAM



KINDERGARTEN TRANSITION



KINDERGARTEN TRANSITION



KINDERGARTEN TRANSITION



**Welcome to
Molong Central
School**



MILLER FARM LAMB MARKING

In the morning of the 23rd of October a small group of dedicated Agriculture students travelled out to the Miller farm to complete lamb marking and other management jobs on their small flock. The group consisted of Jett Fraser, Alex Miller, Dale Whiteley, Jordan Beuzeville, Jesse Bates and Marlee Nixon. Not bothered by their small numbers, the group got right into drafting off the woolly lambs for backlining and ear marking ready for sale. They then moved onto catching the lambs and completing castration, tail docking and scratching. Once all the lambs had been treated, the ewes and rams were put back through the race for drenching before being let out to re-unite with the lambs.

Through this experience the students were able to improve their sheep handling and management skills. Unfortunately the school did not have many lambs this year and this was a fantastic opportunity to practice all of the sheep skills covered in the topic. Most students had never used a scratch implement before, as the school vaccinates lambs.

We greatly appreciate the support of the Miller family in allowing us to go on this excursion.

Miss Sally Pokoney, Agriculture teacher





AUSTRALIAN NATIONAL FIELD DAYS

On the Friday of Week 2, the Year 9 Agriculture class and the show team went to the Australian National Field Days. The day is used for the students to explore the technologies and career opportunities that are available in the variety of Agricultural industries.

The group first stopped off at the major sponsor site to discover what the DPI had to offer. The students looked at some virtual reality shark and fishery displays, insects and pests, taste testing, biosecurity in orchards and pigs, as well as the impacts of weeds.

After the DPI site the students headed off on their own to explore the many sites at the event. Students enjoyed the pig races, sheep dog trials, horse-training exhibits and the shearing shed displays.

Although it was a warm day, all the students enjoyed their time out and would like to thank our bus drivers for the day, Miss Corby and Mr Paterson.

Miss Sally Pokoney, Agriculture teacher





ANGORA GOAT DONATIONS

The Agriculture farm and show team have recently benefited from donations from generous industry professionals.

Mallee Park Angora Stud kindly donated and delivered 7 Angora wethers from their property in Victoria. The wethers will compete in the 2019 Sydney Royal Easter Show competition. The Agriculture classes and show team will begin work on training the animals to walk on leads, as well as monitoring their growth rates and fleece production.

Mr Rowan Ross also donated animals, in the form of a breeding doe and kid, to kick start the school's own flock. The kid will be shown by the students in upcoming shows and we hope to continue expanding the number of goats we have as the students become more familiar with the animals.

We also continue to be supported with feed donations from MSM Milling for all our stock on the farm. They are a fantastic local company that is enabling the school to continue promoting Agriculture to students and encouraging their commitment to the industry.

Miss Sally Pokoney, Agriculture teacher





SOCIAL MEDIA & THE BIRTH OF ORTHOREXIA

The media at large has for many years been accused, rightly or wrongfully, of portraying false body image. Stick-thin models, garments hanging wraith-like from malnourished limbs, like the shedding husk of a paperbark tree, are brandished brazenly by the most desirable of fashion houses. Girls (and an increasing number of boys) want to be them, lesser brands want to emulate them and a tragically unhealthy body image is portrayed as the norm, or at least, the image of dietary success. It has been well documented and has even been defended and disparaged in courts of law across the planet, but for as long as we have this inherent idolatry of the rich, famous and fashionable, we will have a damagingly skewed perspective of what it is to be, in the eyes and judgement of society, desirable, acceptable...perfect.

What has not been so readily expounded is social media's inherent part in this false marketing of the human form and even the encouragement for the younger generations to pursue drastic measures to gain what the brands and even their peers deem to be the ideal shape.

There are the obvious means of the promotion of body image; the fashion pages and celebrity accounts pawed over by youth for current trends and false direction. But added to this, there are the so-called 'health coaches' and 'wellness experts', pseudo-professionals who expound the benefits of every fad, superfood and quack theory under the sun for a few more likes, or worse, sponsorship dollars.

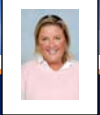
Extreme trends, such as 'dry fasting' – taking prolonged periods of several days without consuming anything at all, including water – go viral, spreading their corrupting messages far and wide without a shred of proof, science or qualification.

It isn't only the images themselves that have intrusively penetrated their way into our lives, it is now the fast and ready dissemination of false information. It is sarcastically retorted that 'it must be true – it's on Facebook', and to the vast majority of self-aware and free-thinking adults, the irony is blatant. But even we get caught out by cleverly photo shopped images and apparently true stories that, in reality, are anything but.

But the impressionable youth aren't so discerning. If enough people share a specific message, it becomes true to them even if, deep down, they do know better.

Orthorexia has sprung from this acute awareness of body image, yet another psychological landmine to dodge in a field of mental tripwires. Defined as "a proposed distinct eating disorder characterised by extreme or excessive preoccupation with eating food believed to be healthy" by Wikipedia, it is better understood as an unhealthy and extreme dedication to dietary trends, whatever their practice. Fasting, for example, has been scientifically proven to be highly beneficial. But when magnified into the dangerous trend of dry-fasting and obsessed about by young teens desperate to be accepted, popular and beautiful, the danger is evident.

Veganism too has been shown to have huge health benefits, as well as doing profound environmental good, but without proper education the naïve and innocent enter into a life of nutritional deprivation and malnourishment, all seemingly promoted by uneducated health bloggers. There is also a level of one-upmanship which, again, is compounded by over-exaggerations and falsities so easily declared online. "I dry-fasted all weekend," says one high school friend or online connection. "Well, I'm going to dry-fast all week," says another, and so it continues. That isn't to single out dry-fasting in particular and yes, perhaps scientific evidence does prove it to be beneficial under the correct circumstances and guidance. The problem is, those circumstances and guidelines simply don't, and don't have to, exist in the online world.



SOCIAL MEDIA & THE BIRTH OF ORTHOREXIA

Sugar-free diets have helped countless people lose weight, address diabetes, treat candida and eczema among other sugar-related ailments. But to take a single aspect of their teachings is to eliminate an entire vital food group. Paleo, too, can be taken to extremes, leading to elevated cholesterol, weight gain and deficiency in essential vitamins.

We simply don't realise how powerful our online voices can be and, with the right imagery, phraseology, and disingenuous title, we can convince anyone of anything. Even when what we preach has saved our lives, cured cancer, helped us go from morbidly obese to ultramarathon runner or any number of success stories, whatever worked for us will not necessarily work for others. Without exclusive consultations there is simply no way we can confidently and categorically state what will work for another individual.

The Internet is an incredible source of information almost miraculous in its benefits, but it cannot see us, touch us, discover what makes us tick and exactly what it is we might be suffering from or needing to heal.

So when viewers read the latest proclamation of good health on Facebook or see alluring images of the new food craze on Instagram and take these articles verbatim as the path to wellness, they are only viewing a myopic perspective with no ability to assess the personal validity of these lessons.

Orthorexia has been bred of this flood of misinformation. We have been inundated with the health benefits of superfoods, paleo diets and exercises to such a degree that those searching desperately for a healthier lifestyle devote themselves exclusively to an unhealthy, even dangerous degree to what is being repeatedly posted.

Are we losing the power of free thought? Casting our lives into the hands of our authorities? When it is the government, we are only too quick at the rebuttal, fighting for our own opinions with passion and ire. But when it is the saccharine voice of social media, we fail to see an identical situation. We believe it is our choice but, in all its innocence and positivity, social media is prescribing a life that is not ours.

The Buddha once said, to paraphrase, ***"I have found my truth and my path to enlightenment. I will tell you how I have walked this path, but it is up to you to question every word I say, to find your own path, your own truth."***

We need to regain this mindset of investigation, to read the stories, to take them on board, to search for the benefits to health and wellbeing we need so desperately in this modern era, but we must question every word we read.

Because we were born different, raised individually, we have our own needs and likes and problems, so we must all discover our own paths.

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DUKE OF EDINBURGH EXPEDITION TO THE BLUE MOUNTAINS

It may be a clichéd way to start a story, but it was in fact a dark and stormy night as our little troop of hikers pulled into the evening meal stop on the way to their three day Duke of Edinburgh Expedition. Despite weather forecasts adamantly claiming that there would be no rain in the Blue Mountains they found themselves sitting in the famous Blackheath Fish & Chip Shop watching the rain teem down, lashing viciously against the plate glass window, lightning flashing brightly outside, as the highway turned into a series of churning rapids. Clearly, the fact that this was a Duke of Ed trip outweighed the assurances of the Bureau of Meteorology for dry weather and therefore, rain was always going to be a certainty.

With bellies filled with famous Fish & Chips, our now damp adventurers made a wet dash through torrential rain, back to their mighty chariot (AKA The MCS Minibus) and headed off to their campsite for the night. Fortunately, they were able to gain shelter until the worst of the rain passed, which gave Allie a chance to model the latest in wet-weather Poncho wear, before the rain eased and our tired explorers pitched their tents and retired for the night. Of course this was only to be a brief window in the wild weather as the gale force winds now picked up, leading to very little sleep being had by most (except for Safety Seth, who could clearly sleep through a train crash). The wild lashing of the wind led some of our group members to feel that their tents would take off, transporting them magic-carpet-like through the dark and violently churning Katoomba night. But these were no ordinary kids, they were MCS Duke of Ed kiddies and so they rode out the conditions admirably – this is the sort of stuff they live for. The Duke would have been proud.

Awaking the next morning they discovered that some of their non-Duke of Ed neighbours had not fared so well, as a number of broken and/or abandoned tents demonstrated. But the day had dawned with a beautiful, clear (if still windy) sky and so with tents stashed, packs packed and route planned, our determined troopers headed off confidently into the warm morning.

The long descent down the Furber steps took them dramatically into the depths of the Jamison Valley, where our wind-swept campers bravely crossed the rugged expanse of the Great Landslide, heroically traversed shady forest-clad tracks, stoically suffered Mr Costa's meandering stories of ill-fated adventure and before you could say, "Are we there yet?" our track-wearied adventurers arrived at their camp for the night.

Camp was set, lunch was consumed and off they headed to scale the rocky ramparts of Mount Solitary, where all channelled their inner Spider Man to reach the top of this impressively dramatic outcrop. From the summit the views were sublime, back over the route they had traversed and around into the vast, depths of the southern Blue Mountains wilderness. This leg was challenging for all, but particularly for those who were not keen on heights.

Back at camp some hours later, games were played, dinner was cooked and eaten and off they headed again for a bit of night navigation around the rugged outcrops of the Ruined Castle, just to burn a bit more energy. After a very big day, sleep came easily to most of our exhausted little travellers who were soon punching out some serious Zs in the security of their nylon cocoons.

As expected, Sunday followed on from Saturday and all were soon up and awake to a morning chorus of currawongs, lyre birds and chirping kiddies. Camp was packed with the efficiency of a well-oiled machine and before long the crew were on the track again, led by Captain Josh, lugging their sizable packs along the trail to the base of the imposing climb up the infamous Golden Stairs. A small sub-group decided that they would aim to break Mr Costa's long standing ascent record and so powered off up the steep ascent, while the more sensible climbed up steadily – eventually reaching the road at the top of the climb, red-faced and puffing, having passed by stunning views out over the surrounding valley.

Composing themselves, the next leg was a leisurely walk along dirt roads into the back streets of Katoomba where they were reunited with their mighty steed (AKA The MCS Minibus) and were soon transported to the plethora of lunch options which the dynamic little town of Katoomba offers.

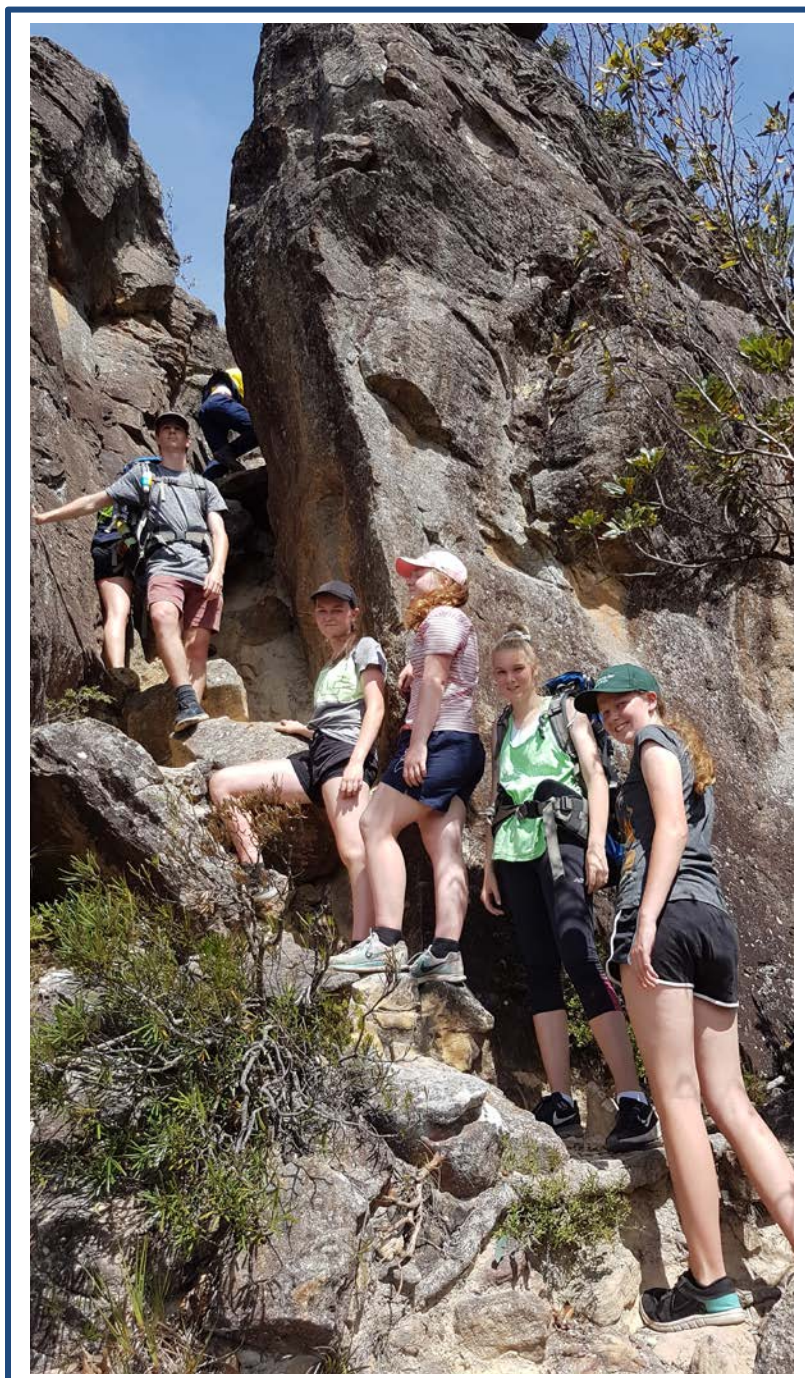


DUKE OF EDINBURGH EXPEDITION TO THE BLUE MOUNTAINS

Not being able to cope with the dizzying choice, however, all opted for generic multi-national corporation pizza (partly because it was familiar but largely because it was the closest to their arrival point and as such didn't involve them having to walk up the steep main street).

Back aboard, the now subdued band pondered quietly on their big adventure as they headed for home, their bellies filled with pizza and heads full of excited stories, which they would soon share with their families.

Congratulations to those who took part in this challenging trip and came out at the end triumphant and smiling. Our group consisted of Josh, Jes, Jackson, Seth, Alyssa, Mardie, Allie, Gabbie, Letitia, Mr & Mrs Costa – well done all!





DUKE OF EDINBURGH EXPEDITION TO THE BLUE MOUNTAINS





DUKE OF EDINBURGH EXPEDITION TO THE BLUE MOUNTAINS





YEAR 8 MATHEMATICS

It has been a busy time for students in their Mathematics classes. Year 8 have recently completed an assignment through the school holidays. While this may not sound like fun for many, Year 8 Maths students did enjoy the process. The assignment involved the making of chocolate chip cookies, which used skills from Rates and Ratios, the topic we have been studying recently. Therefore what better way to do this than look at recipes and the effects of adjusting quantities to make larger or smaller batches of cookies. It also entailed the financial comparison of home cooked versus shop bought, as well as taste. The assignment led to a lot of discussion when school returned this term, regarding the different recipes used and who liked what they cooked. Unfortunately, the students failed to bring me a sample. Congratulations to all students who got involved in the assessment, with special mention to Ella Fowler for achieving the top mark in this assessment.

Mrs Virginia Dale, Maths teacher



Above: Leonie Wilson, Ella Fowler & Charles Dover



WESTERN REGION SOFTBALL

Last term, from the 28th - 30th August, I played Softball in Mudgee, as part of the Western Team. It was a great opportunity and experience for me to meet other girls and play in and against some great teams.

We won 3 games out of 12 and although I played in a lot of different positions, I was mainly in as catcher, which luckily is my favourite position.

I loved playing in Mudgee and playing with girls from other schools, but most of all I had lots of fun.

Paige Bohringer, MCS student.



WESTERN REGION SOFTBALL TEAM
Paige Bohringer, front row second from left

CLUB 200

STUDENT OF THE WEEK – WEEK 2 T4

Class	Student
K Orange	Albie Gersbach – For improving skills when using computers
K Yellow	Ryan McNab – For a great start to Term 4
1/2 Pink	Archer Thurtell – For a fantastic contribution of verbs and “wow” words to our wordbank
1/2 Gold	Evie Ellis – For a fantastic portrayal of Dorothy in our production
1/2 Blue	Sonnie Gersbach – For great progress in his sight words
2/3 Green	Zoe Strahorn – For being a diligent and respectful member of the class
3/4 Aqua	Max Thurtell – For trying hard to be neat with his writing
4 Navy	Heidi Mayo – For working well in reading and comprehension
5/6 Red	No award
5/6 Silver	Micah Oliver – For showing improvement in everything he does
5/6 Purple	Brock Parrington – For an improved positive attitude
Library	Elizabeth Clayton – For being a super organised student in library

STUDENT OF THE WEEK – WEEK 3 T4

Class	Student
K Orange	Bella Thew – For improved application to tasks
K Yellow	Harley Brouff – For reading more confidently and fluently
1/2 Pink	Emma Fuller – For excellent results in spelling and dictation
1/2 Gold	Boyd Packham – For great work in reading
1/2 Blue	No Award
2/3 Green	Matilda Milne – For displaying positivity and making the most of our excursion experience
3/4 Aqua	Jack Greenwood – For sharing your birthday with a bunch of animals
4 Navy	Jett Weekes – For bringing us entertaining zoo reports with “Jett News”
5/6 Red	Jake Gavin – For excellent research and artwork for the RSL Portrait Gallery
5/6 Silver	Micah Oliver – For showing improved commitment to all of his work
5/6 Purple	Jonah Kelly – For building positive friendships at school
Library	No Award

Primary Uniform Award

Stage 1 *Dominic Fitzsimmons*
Sam Lapins

Stage 2 *Robert Heath*
Heidi Mayo

Stage 3 *Matthew Gregory*
Demelza Lee

Congratulations to you all!



**Dominic
Fitzsimmons**



**Robert
Heath**



**Matthew
Gregory**



Sam Lapins



**Heidi
Mayo**



**Demelza
Lee**



PRIMARY AWARDS

Primary Awards

Bronze



Hugh McDouall
Brock Parrington
Nate Trapman
Maddie Crystall
Romano Sandeman
Stella Mitchell
Jayce Edmondstone
Jade Ryder
Layla Webb
Kaylee Huggett
Cody Noad



Silver



Lily Goff
Braxton May

Gold

Patrick Thorne
Lily Goff
Charlotte Lowder
Boyd Packham
George Davis



Principal's Banner

Evangeline Ellis
Indy Vandervelde

Principal's Badge



Frankie Mitchell
Sam Ball
Olivia Philpott
Robert Heath
Lochie Bohringer
Declan Linde
Banjo Fowler



PRIMARY AWARDS

Week 4 Term 4

JUNIOR FICTION

Beth, The Story of a Child Convict – by Mark Wilson
Dragon Knight Book 4: Dragons! – by Kyle Mewburn, illustrated Donovan Bixley
Duck on a Tractor – by David Shannon
The Girl with the Broken Wing – by Heather Dyer
Hide and Seek – by Anthony Browne
The Ice Garden – by Guy Jones
The Incredible Powers of Montague Towers – by Alan Sunderland
Nat's Naughty Nits – by Giles Andreae, illustrated Jess Mikhail
Tombquest Book 3: Valley of the Kings – by Michael Northrop
A Wrinkle in Time – by Madeleine L'Engle

JUNIOR NON FICTION

Horrible Histories: Horrible Christmas – by Terry Deary, illustrated by Martin Brown
The Nativity: The Story of Baby Jesus – by May Eliot, illustrated by Richard Johnson
Sleigh Ride – by L. Anderson & M. Parish, illustrated by Matt Shanks
This Little Pig went Singing – by Margaret Wild, illustrated by Deborah Niland
I Want a Hippopotamus for Christmas – by John Rox, illustrated by Simon Williams
Where's Santa Now? – by Louis Shea



Hi Everyone,

Over the next few weeks, books from our extensive **Christmas** collection will be featured in the Library for students to borrow. I'm really hoping that students enjoy the range of books we have available. By sharing a story with family and friends, students may bring a little bit of extra Christmas cheer home with them. Most of the books are in excellent condition so I ask that students take great care of the books in their possession.

Scholastic Book Club orders should arrive this week and will be delivered to classrooms as soon as items are sorted. As usual, if your child does not receive their order, please contact Library staff as soon as possible. There will be one more issue before the end of the year.

With the holidays drawing near it might be an idea for families to start thinking about exploring our ebook platform. The school belongs to the **Central West ebook Library (CWEL)**. CWEL is made up of 15 High Schools and Central Schools. Its purpose is to supply our students with a vast collection of books which they can read 24/7 anytime, anywhere, even overseas. Once students download a book they are able to read it on any device without internet service and they have access to their selection for three weeks. Your child can access Wheelers ePlatform at: <https://molongcentralschool.wheelers.co>. To view and borrow books, your child will have to use their DoE username and password.

Mrs Hall



CANTEEN ROSTER 09/11/18 – 23/11/18

HELP IS DESPERATELY NEEDED ON THIS ROSTER. Please give one morning per month to the Canteen-that is all it takes. Ring the Canteen on 6366 9009 from 8.30am-1.45pm. If you can't work on your day, just call me. Thank you, Tina McGovern, Canteen Manager.				09/11/18 2nd FRIDAY
				Pam Burgess
12/11/18 2nd MONDAY	13/11/18 2nd TUESDAY	14/11/18 2nd WEDNESDAY	15/11/18 3rd THURSDAY	16/11/18 3rd FRIDAY
Help Needed	Belinda Mills	Help Needed	Barbara Chown	Pam Burgess
19/11/18 3rd MONDAY	20/11/18 3rd TUESDAY	21/11/18 3rd WEDNESDAY	22/11/18 4th THURSDAY	23/11/18 4th FRIDAY
Help Needed	Help Needed	Help Needed	Help Needed	Pam Burgess

CANTEEN NEWS

HELPERS DESPERATELY NEEDED

Would you like a free lunch? Do you have 1 or 2 spare hours per month?

If this sounds like you, our school Canteen could use your help. Our Roster is looking very sad and your help would be greatly appreciated. For organisational purposes, we would love you to commit to a monthly roster, however, we will also be advertising on our P&C Facebook site for casual on- call helpers, when the need arises. A FREE 'Volunteers working with children' check must be obtained from the RMS and is current for 5 years. You will also need to complete a volunteer's declaration form, available from the Main Office. Any further interest or enquiries, contact Tina McGovern on 6366 9009.

DATE	EVENT
9 November	Year 12 Graduation Evening
9 November	Year 12 sign out morning – from 9.00am
9 November	HSC concludes today
9 November	Remembrance Day Service 10.40am
14 November	Year 7 – 2019 Transition Day
3-14 December	Learn to Swim Program
17 December	Early Stage 1 & Stage 1 Christmas Assembly -11.00am
17 December	Parent Helper Morning Tea 10.30am
18 December	Stage 2 & 3 Christmas Assembly 11.00am
18 December	Year 6 Farewell 5.30pm
19 December	Primary Talent Quest

WHERE ARE THEY NOW – TREVOR BRYCE



Above, in 2010 at my University of Queensland Graduation Ceremony, receiving my Doctor of Letters Degree. With me is my beautiful wife of 56 years, Nan.

I am a former pupil of Molong Central School, and was in fact, one of the first intake of pupils when the school opened in 1949. I was in fourth class then, and completed my Primary education at MCS.

Before the school opened, I spent my first school years in what was then Molong Public School in Edward Street. (We lived down the bottom of Edward Street opposite the recreation ground.)

My father was for ten years the teller in the Commonwealth Bank in Molong. I was 18 months old when we came from Bathurst to live in the town, so Molong was my world for the next ten years.

My father was transferred to Brisbane, just after I'd completed primary school. Throughout our time in Molong, he was a very active member of the school's Parents and Citizens Association. Amongst other things, he designed and built sets for a number of school plays and concerts.

Just a little about my life after leaving Molong:

After my secondary school, I completed an Arts degree at the University of Queensland, then taught at Brisbane Grammar School before being appointed to the Classics and Ancient History staff in the University of Queensland.

Subsequently I was appointed Professor of Classics and Ancient History in the University of New England, Armidale, and after eight years, there took up an appointment as Deputy Vice Chancellor of a university in New Zealand.

I then came back to Brisbane and the University of Queensland. For a number of years I have lived in semi-retirement, writing, doing some television work, lecturing on cruise ships, and leading a number of tours to ancient sites in Europe and the Middle East.

Coincidentally, on one of my tours I was chatting with a member of the tour group, a retired teacher from London, by the name of Margaret Ritchie, who told me, spent several years teaching in Australia at Molong Central School. She started there just a year or so after I left. We still communicate by letter and email.

I had excellent teachers at Molong School and I am very aware of how it laid the foundations of my future education and career. It would be good to have the opportunity of one day visiting the school again.

Sincerely, Trevor Bryce

WHERE ARE THEY NOW – TREVOR BRYCE



MCS Second class. I am in the second front row, second from the right.



MCS Sixth Class. I am in the second front row, fifth from the left, teacher Mr Bill Moore

COMMUNITY NOTICE BOARD



CABONNE/BLAYNEY FAMILY DAY CARE



2019 MOLONG VACANCIES

Our Service has rare vacancies in 2019 with our Molong Educators. Family Day Care offers a high quality child care environment, that has everything a preschool does, with smaller groups where care is more personalised to your child, allowing them to grow and develop as individuals. Our Educators offer flexible hours and are very affordable, with subsidised care if parents are eligible! Educators are trained and qualified in Early Childhood Education and Care and follow the National Quality Framework offering educational development to each child to prepare them for Kindergarten. We build close relationships with families and children, allowing families to have an extra support system through our Service. Our Educators are very dedicated to the children they care for and are excited to work with new families! If you are looking for affordable, personalised care for your child in 2019 (including before and after school care), please contact our friendly staff on 02 6392 3219 for more information.

COMMUNITY NOTICE BOARD

MOLONG CENTRAL SCHOOL



P & C Association School Community Award 2018 Nomination Form

I would like to nominate:

(Name of person)

**for the Molong Central School P & C Association School
Community Award for 2018.**

**This award will be presented at our Annual Presentation
Evening on Monday 10 December.**

**I have nominated the above person for their outstanding
commitment/work in:**

.....
.....
.....
.....
.....

(Reason for nomination)

Your Name:..... Date:

Signed:.....

(Your signature)

**Please Note: Nominations close MONDAY 26
November, 2018**

**Please return completed Nomination Forms in a sealed
envelope to the Main Office at the School**



COST? **FREE!**

The forum will provide information on different types of fraud affecting the community, along with some ways you can prevent yourself from becoming a victim of fraud.

Crime Prevention Officer Senior Constable Nikki Hodge will speak to the community about the latest scam trends and how to avoid them.



MOLONG BOWLING CLUB

Euchareena Rd

Molong NSW 2866

Time: 10:30am

Thursday,
22nd November 2018

