



MOLONG CENTRAL SCHOOL

Providing Opportunities for Personal Achievement

White
Ribbon
SCHOOL



Issue 12
16th August 2018

INSIDE OUR NEWSLETTER THIS WEEK

FROM THE PRINCIPAL'S DESK



SECONDARY NEWS



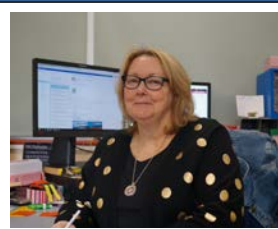
STUDENT AWARDS



PRIMARY NEWS



LIBRARY NEWS



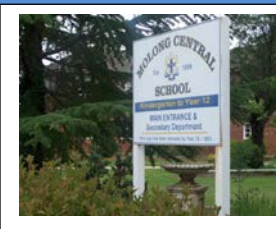
CANTEEN ROSTER & UPDATES



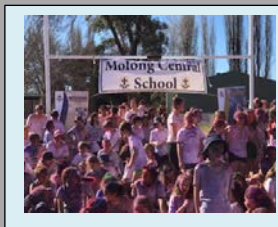
DATES FOR YOUR DIARY



SCHOOL TIMES & CONTACTS



COLOUR RUN



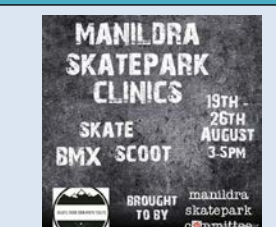
WHERE ARE THEY NOW

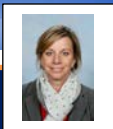


EDUCATION WEEK



COMMUNITY NOTICE BOARD





FROM THE PRINCIPAL'S DESK

WHITE RIBBON THOUGHT OF THE WEEK

‘PEOPLE ONLY TREAT YOU ONE WAY.....THE WAY YOU ALLOW THEM.’

EDUCATION WEEK 2018

This week Molong Central School celebrated Education Week. Parents had an opportunity to visit classrooms and attend an assembly to highlight creativity and entrepreneurship. The 2018 Kindergarten group will graduate in 2030 and it is important that we ensure that the next generation of students are equipped with the skills to adapt to a changing world. The focus of Education Week this year was Today's Schools - Creating Tomorrows World and this focus is evident in many aspects of student learning at Molong Central School.

WELLBEING STRATEGY LAUNCHED

This year Molong Central has adopted the Breaking the Silence Schools Program and on Friday our students and staff launched this K-12 wellbeing strategy with a Colour Run. Mrs Mutton and Mrs Quigley arranged a great afternoon of games and fun and the faces of the children suggested that it will be a day that will be remembered for years to come. The strategy aims to provide a consistent approach to wellbeing from Kindergarten to Year 12 and focuses on the value of respect. A common language will be used to address four key principles to ensure a safe, productive and supportive school which nurtures young people. The core principles are Respect for Self, Respect for Others, Respect for Learning and Respect for the Environment.

MOLONG CENTRAL HOSTS SECONDARY PRINCIPALS CONFERENCE

Molong played host to the Central West Secondary Principals conference last week. The conferences occur once per term and this term the principals engaged in professional learning which centred on Workplace Health and Safety and Asset Management. The principals were very impressed with our beautiful town venue, and the hospitality provided by the friendly people of Molong.

UPDATE ON SUBJECT SELECTIONS FOR YEAR 10 INTO 11

There will be 18 subjects available to study for Year 11 students in 2019. After an extensive process which will draw to a close this week the vast majority of students will be able to study subjects elected. There are some students that will be interviewed later in the week to ensure students' goals can be achieved. I was particularly impressed with the variety of career choices many of the students had chosen. It is fabulous to see that students have set themselves high expectations and learnt valuable lessons during the work experience opportunities provided to them.

CANTEEN UPDATE

Last week a decision was made to raise the price of many items on the canteen menu. It was not an easy decision in these difficult times but necessary if a canteen service is to continue to operate. An updated list has been included in this newsletter. The Canteen Committee will meet shortly to determine a new summer menu which will comply with the New South Wales Healthy Canteen Strategy.

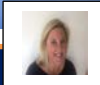
Mrs Michelle Barrett, Principal

EDUCATION WEEK CELEBRATIONS

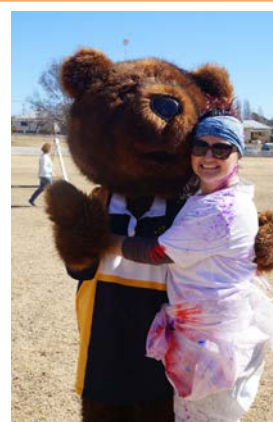
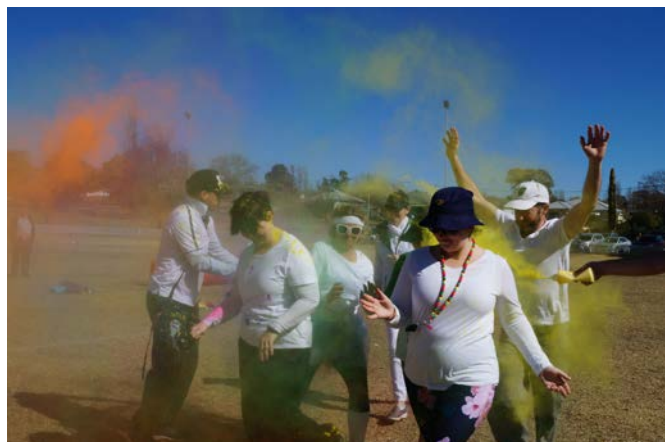


EDUCATION WEEK CELEBRATIONS





WELL BEING – COLOUR RUN



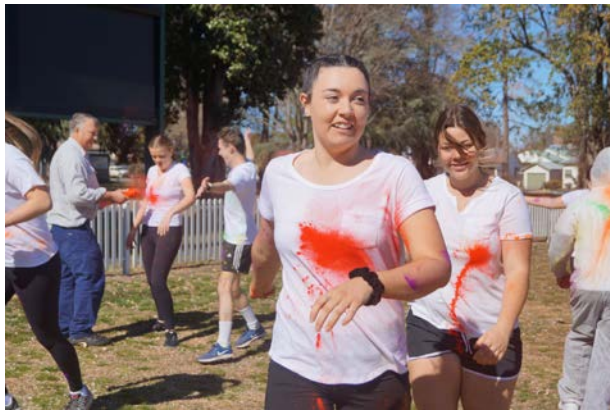
WELL BEING – COLOUR RUN



WELL BEING – COLOUR RUN



WELL BEING – COLOUR RUN





AGRICULTURE NEWS

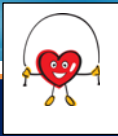
With record below average rain for autumn and winter and with the short term outlook for spring being much the same the conditions down at the Agricultural plot are extremely dry. The Suffolk sheep are lambing at present and the merino wethers are continuing to maintain their weight and actually put on weight, because we are feeding them with lucerne hay and sheep pellets kindly donated by MSM Milling at Manildra.

The sheep prices have defied gravity and sheep in good condition are still selling for very good prices across the state. Heavy crossbred lambs bought \$290 at Tamworth last week.

Cattle prices have gone south and poor cattle selling for as little as 80 c/kg recently. Good condition steers and heifers still continue to bring reasonable prices in the range of \$ 2.00/kg to \$3.00/kg.

Mr David Blowes, Agriculture Faculty





PRIMARY JUMP ROPE FOR HEART

In Term 2 our Primary students participated in the Heart Foundation's Jump Rope for Heart program. This was a non-competitive program which encouraged our students to become more active through skipping, while raising vital funds for heart research and community health programs. Each week our students participated in PE lesson focusing on developing new skipping skills. Many of our students were also very active on the playground with the skipping ropes as well.

On Friday 6th July we held our Primary Jump Off Day to celebrate the culmination of the program. Our students came to school dressed in red to show their support for the Heart Foundation. Our classes rotated around 10 different skipping stations, over a period of 90 minutes, showcasing the many and varied skipping skills they had mastered over the term. A fantastic day was had by all!

A huge part of the success of the day was due to the amazing leadership skills shown by the Stage 3 students who were chosen to run the 10 skipping stations. Throughout the Jump Off Day, these students showed outstanding leadership, encouragement and enthusiasm whilst guiding our younger students through the station activities.

Our community have shown incredible support and generosity to the fundraising aspect of the program. At the beginning of the term we set a fundraising goal of \$3000. I am very pleased to announce that our school surpassed that goal by a very considerable amount. The final amount of funds raised for the Heart Foundation by Molong Central School was a total of **\$5037!**

Thank you and congratulations to those who contributed to our fundraising efforts. It is always amazing what our school community can do when we band together to support important causes.



YEAR 12 HSC PDHPE



Year 12 PDHPE have been working extremely hard the last two terms focusing on learning the content necessary for success in the HSC. In PDHPE, students learn two Core content areas as well as two options areas. The two Cores are Health Priorities in Australia and Factors Improving Performance and the two options the students selected are Sports Medicine and Improving Performance.

Students have been regularly practising past papers, both multiple choice and short answer responses, to refine their written responses. They have now started revising the content for their upcoming trial examination. Pictured are the students of PDHPE working in pairs to unjumble the syllabus and unpack the course content. The syllabus and understanding the components that go in each focus area is an important step to developing a strong study regime. With further practice and other forms of revision, the class is well on their way to hopefully achieving strong results come the HSC.

Miss Rebecca Corby, PDHPE Faculty





PRIMARY PYJAMA DAY

Last Friday, the SRC ran a 'Pyjama Day' for all Primary students. The day was held to raise funds for new paint to mark the playground. Everyone looked very cosy in their Pj's and dressing gowns. After a fantastic effort, \$271.15 was raised. Well done Molong Central School!

Miss Lydia Ebert, Primary teacher





PRIMARY PYJAMA DAY





GAME DESIGN IN YEAR 10 STEM

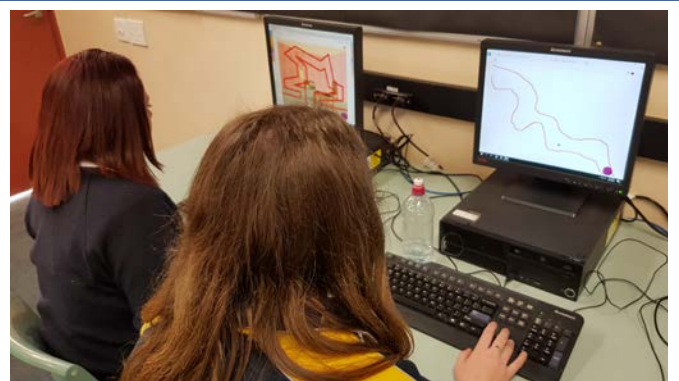
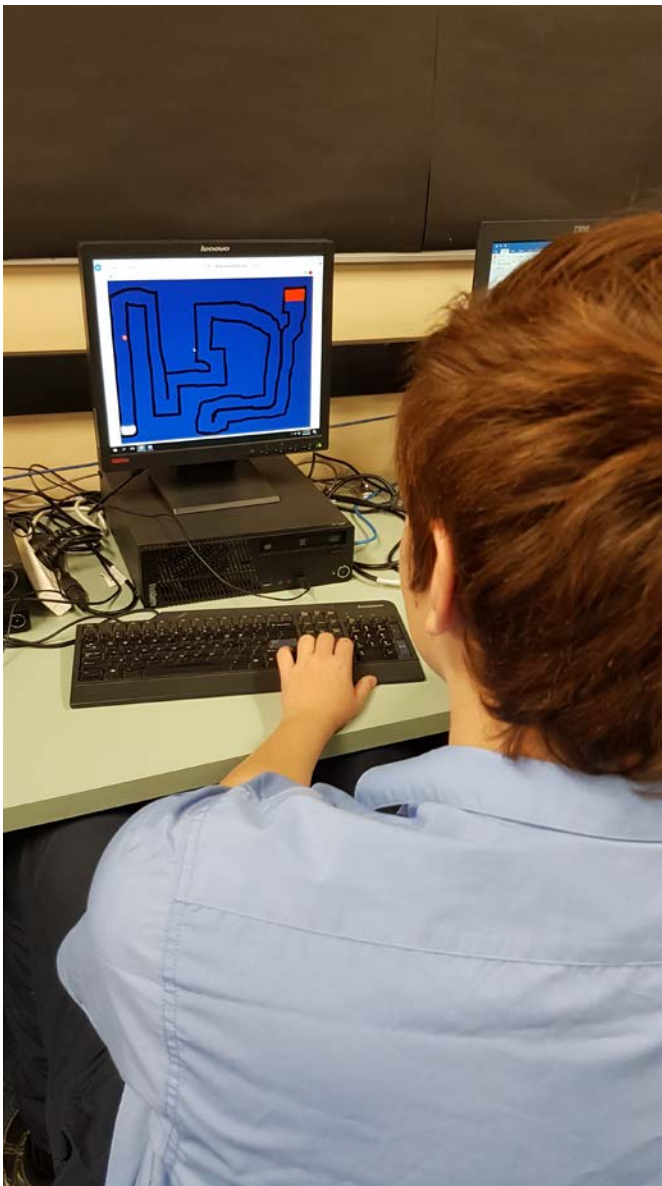
Students in the Year 10 STEM classes have been developing their skills in Coding and programming by developing their own Online Games.

Each student was required to develop their own multi-level, user-controlled game in the SCRATCH Coding Platform, with some students opting for challenging maze-type games while others developed games which involved chasing objects while avoiding chasers. Once published these games are available for use by users from around the world.

The skills which students develop through Coding, include problem solving, logical thinking and applications of knowledge developed in their Mathematics classes. All students also had a lot of fun in the process.

Year 10 students now moving on to undertaking a Major STEM Design Project, which will see them employing Design, Scientific and Mathematical skills to investigate the area of Upcycling and waste reduction in our society.

Mr Kevin Costa, Head Teacher, Mathematics





PREMIER'S SPELLING BEE

Recently Stage 2 and Stage 3 participated in the Molong Central School Premier's Spelling Bee. In classes, students were exposed to the Premier's Spelling Bee word lists and many students spent time at home going over these lists in the hope of remembering the spelling of some very tricky words!

Over the last 2 weeks, class Spelling Bee finals were held and four representatives from each class then participated in the Molong Central School Stage Spelling Bee Finals. This is quite a daunting task, as these students had to stand in front of their entire stage of students and spell out loud some extremely difficult words. From these Stage finals, our four regional finalists were determined.

We would like to congratulate all students who participated in the Molong Central School Premier's Spelling Bee and we are very pleased to announce that our regional finalists are:

Junior Finalists: Mikaela Bathan and Max Thurtell

Senior Finalists: Taylah Bliss and Alex Harvey

These students will head off to the Regional finals being held at Kandos Public School on Monday 10th September, 2018.

We wish them all the very best of luck!

Stage 3 students recently had the opportunity to attend the Kinross Wolaroi School musical performance, "High School Musical". This was a timely opportunity for our students to experience theatre on a bigger scale as we head towards our own K-6 Production at the end of this term. Our students were exposed to a great variety of song and dance as the Kinross students told the story of the highs and lows of a High School experience. We now look forward to choreographing our own dance moves to selected songs for our musical performance.

Mrs Erin Tamati, Primary teacher



Mikaela Bathan



Max Thurtell



Taylah Bliss



Alex Harvey



NEWS FROM THE TAS DEPARTMENT

Food Technology, Year 10

Year 10 Food Technology have completed a diverse array of amazing cakes for the Celebration Unit and they have researched recipes for a High Tea, which will be prepared in Week 5. Year 10 is currently completing a Tucker Truck assignment. In this Food Trends Unit students are designing and trialling a recipe in class to serve two. With a focus on both numeracy and literacy, students then calculate the recipe to serve 500 customers and work out a cost price and a selling price to cover costs and make a profit.

Year 9 Food Technology

Our present focus is on Bush Indigenous Food, Colonial Tucker and Multiculturalism. Students have recently experienced a Kangaroo Burger and in previous weeks after researching Bush foods of Australia, a bush spice mix was incorporated into a burrito and wattle seeds were included in our traditional Anzac Biscuit. The skills of the Year 9 Food Technology students continue to improve on a weekly basis.

Year 9 Child Studies

Our class has recently cared for our computerised baby, "Willow", overnight. Whilst many students have requested caring for her over a weekend, a couple of students were convinced that one night was an experience that they do not wish to repeat. Willow needs to be fed, burped, changed and cuddled on a random setting between 4.00 p.m and 7.00 a.m. Many students gained 100% in providing adequate care for Willow.

Our present focus in class is to design an activity, which includes both numeracy and literacy for a five year old. We will endeavour to work with MCS Kindergarten students to measure the success of the chosen activity.

Hospitality

As Hospitality is a dual accredited course, that is the two units can contribute to an ATAR and a Certificate II in Hospitality, our students are striving to gain evidence through MCS functions and Work Placement and work consistently towards their Trial, Preliminary and HSC exam.

Presently, Year 12 students in their "Serve food and beverage" unit are serving the SASS staff on a weekly basis on Monday mornings.

In the coming week, an excursion has been organised to the Blue Mountains International Hotel School, Leura. This excursion is a fantastic opportunity to observe and become involved in an interactive equivalent to University, which offers Bachelor of Business, Hospitality. Our students will be served an A la Carte meal for lunch before returning to a tour of the Greenhouse, Orange.

Technology Mandatory

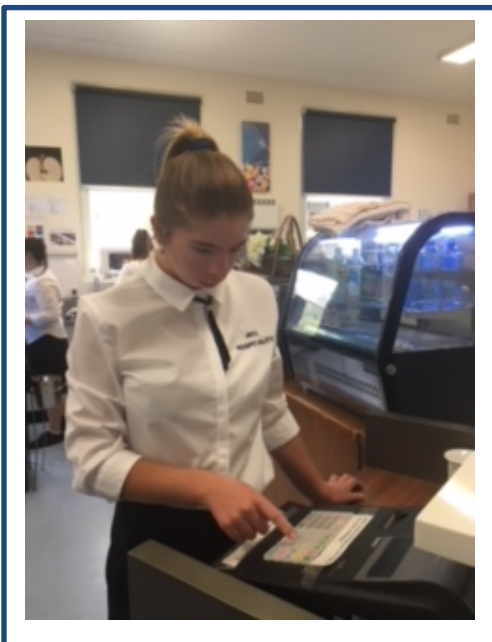
Recently, Year 8 have changed over into Food Technologies in Technology Mandatory. Students have acquired skills in food preparation, hygiene and food safety. A student task was to design a food wrapper and a food wrap product. All of the students enjoyed this design task.

Mrs Lyn Corinth, TAS Department

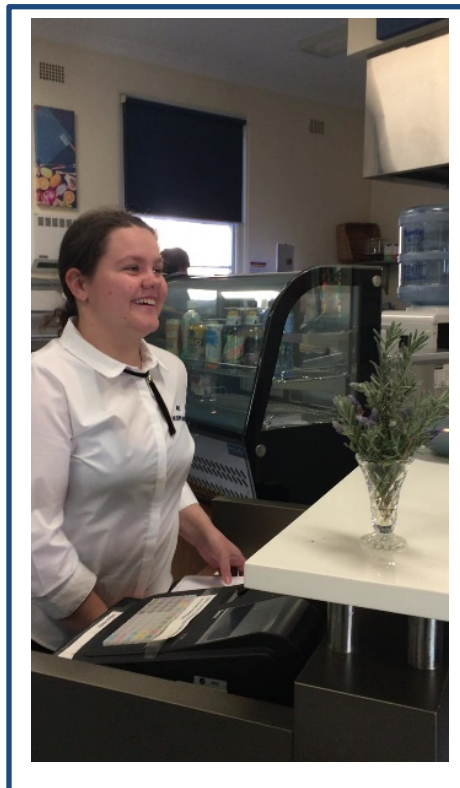
NEWS FROM THE TAS DEPARTMENT



Year 9 Child Studies “Baby Willow”



Year 12



Hospitality



STUDENT WELLBEING

WATCH OUT FOR FORTNITE SCAMS.

As most parents are well aware, Fortnite Battle Royale was released around a year ago, as a free-to-download game that is now available on a multitude of computing platforms. It sees players attempt to stay alive for as long as they can, in games that last around 20 minutes. It features cartoon violence, where players can use a variety of weapons, such as guns and axes, to "kill other players", despite the fact it has been rated suitable for children to play. The often ignored age recommendation is 13+.

Fortnite is the biggest game in the world right now, and in some cases, it is being exploited by Scammers who try and steal information and money from the young people who play it. Downloading Fortnite is free, but like many other games it has an entire in-game economy of purchasing options. This is how Epic Games, the producers of Fortnite make their money. Players (or their parents) use real money to buy a currency called V-bucks, which can then be traded for cosmetic options and other upgrades within the game. Like anything else, where there is popularity there is the potential for scams - that is what is happening on Fortnite.

Some of the scams are being used across the internet in different forums and in-game through chatting directly to players are trying to trick young people into giving up the personal and sensitive information of themselves and their parents. It is being done by offering them free V-bucks and winning them over by chatting with them through headsets. It is the virtual currency that allows people to buy upgrades, and it is the desire to get hold of them that has meant vast numbers of young people are being caught up in the scams. Often, scams are distributed through YouTube, and searching that site for "Free V-bucks" brings up around 4 million results. The videos usually direct children to another site or app away from YouTube with the promise that they will receive free V-bucks.

Voice chat tools within Fortnite could be used to contact young people and ask for personal information. The way the game works means that anyone can get in touch with anyone else playing the game and the feature cannot be fully disabled. In one case, a few weeks ago we heard of an eight-year-old boy that after sneaking to his mother's purse, gave a random stranger he was chatting to her driver's license number and credit card details on the promise that he would get free V-bucks in exchange for the information. However, in light of emerging concerns about the risks and scams young people could be exposed to, we are urging parents to be aware of Fortnite's features.

It is vital parents have regular conversations with their children about the games they are playing, and how to stay safe online. If you are a parent who has been limiting your child's access to gaming online because you have read about harmful effects, there is enormous amounts of research now that may change your mind. The bulk of the research suggests that the claims about the negative effects of video gaming are largely myths and the positive effects are real. The cognitive and mental skill that online gaming helps young people to develop are among the skills that are increasingly important in today's world.

Some of the positives:

Improves coordination, Improves problem-solving skills, Enhances Memory, Improves social skills
Improves attention and concentration, Young people participating in teams and formulating strategies with their friends to further themselves in the game, Improved cognitive function & Improved ability to engage in multiple tasks simultaneously.

Some of the negatives:

Stranger danger, Gaming addiction, In game bullying, Exposure to violence and gun violence, Viruses and Malware Scams & Overspending.

Kind regards,

Jane Quigley – Welfare Officer



EDUCATION WEEK IN PRIMARY

This week Molong Central Primary Department celebrated Education Week by showcasing the amazing achievements of our students. Many of our family and friends came to visit us and enjoyed sharing in student learning activities in our open classrooms. They then enjoyed a picnic lunch in the beautiful winter sunshine. A whole school assembly was held to demonstrate how talented our students are with performances by the Infants and Primary Choirs, Infants and Primary Verse Speaking as well as a special ukulele number lead by Mr Irvine.

Mrs Audrey Brown, Relieving Deputy Principal Primary



MCS AWARDS

SECONDARY AWARDS

Merit

Jed Gibson Jamie Adams
Delta Rodwell Anna Pottie
Mary Johnson Chantelle Comiskey
Flynn Packham Nathan Wilson
Charlie Bohringer Ella Gibson
Claire Townsend James Magick

Primary Awards

Platinum

Layne Mills

Principals Banner

Rose Kelly

Principals Badge

Charlie Swift

STUDENT OF THE WEEK – WEEK 1 T3

Class	Student
K Orange	Aiden Duncan for making progress in learning sounds
K Yellow	Maddie Chrystall for consistently well-prepared and interesting news each week
1/2 Pink	Scarlette Brooks for excellent participation in class activities
1/2 Gold	Jason Waterhouse-Anderson for welcome to Molong Central School
1/2 Blue	Lily O'Donnell for improved effort in Mathematics
2/3 Green	Lydia Philpott for displaying maturity and a caring nature
3/4 Aqua	Asher Oliver for enthusiastic involvement in lessons
4 Navy	Olivia Howes for excellent effort during Math Mentals
5/6 Red	Sunny O'Connor for inspirational artwork
5/6 Silver	Olivia Power for always trying her best
5/6 Purple	Banjo Fowler for improvement and effort in reading
Library	Frankie Mitchell for great work during Non-Scripture

STUDENT OF THE WEEK – WEEK 2 T3

Class	Student
K Orange	Victoria Petrie for improvement in reading
K Yellow	Baxter Sullivan for consistently well-prepared and interesting news each week
1/2 Pink	Noah Jones for excellent effort in writing tasks
1/2 Gold	Evan Oliver for concentrating hard on his writing
1/2 Blue	Thomas Gavin for great contributions to class discussions
2/3 Green	Chelsea Oliver for being cooperative and always willing to assist the teacher
3/4 Aqua	Dewk Mills for making great decisions in the classroom and the playground
4 Navy	Amelia Thurtell for excellent book presentation and effort
5/6 Red	Reagan Quinn for positive work habits and leadership skills
5/6 Silver	Brooklyn Treacy-Ley for great writing skills
5/6 Purple	Zac Cundy for improvement and effort in reading
Library	Hannah Burgess for being a dedicated helper in the Library

CLUB 200

PRIMARY CLUB 200

Club 25

Asher Oliver

Club 50

Charlotte Lowder Jack Greenwood

Club 75

Noah Szulik Frankie Mitchell Ruby Wise
Cody Wise Alice Barnard Robert Barnard
Milly Olsson Lacey Olsson Ellie Olsson
Charlotte McDouall

Club 100

Phoebe Lyons Naomi-Rae Power Marliese Scott
Emily Goff Lily Goff Olivia Greenwood
Ellie Gerdes Cassandra Clayton Jack Bone
Jacob Petrie Victoria Petrie Joshua Petrie
Myah Brouff Stella Mitchell Harriet King
Romano Sandeman

Club 125

Ryland Gibbs Olivia Power Xena Power
Sefton Power Dakota O'Keefe Annii Fowler
Banjo Fowler Alby Fowler Zoe Strahorn
Layne Mills Katelyn Eassie Juliette Mills
Elizabeth Clayton Paige Bohringer
Lochie Bohringer

Club 150

Indigo Armstrong Violet Armstrong
Harley Brouff Olivia Hobbs Zahra Ellis
Hunter Hobbs Tengis Meiklejohn Annii Fowler
Banjo Fowler Alby Fowler

Club 175

Daniel Seiler

Primary Uniform Award

Week 2 Draw Date 1/8/12

Stage 1 - Jason Waterhouse- Anderson

Stage 2 - Larson Harvey

Stage 3 - Banjo Fowler

Week 3 Draw Date 6/8/12

Stage 1 - Victoria Milligan

Stage 2 - Indy Webb

Stage 3 - Priscilla Power

Congratulations to you all!



Larson
Harvey



Banjo Fowler



Victoria
Milligan



Indy Webb



Priscilla Power

CLUB 200



Week 3 Term 3

Left Back: Charlotte Lapins, Mrs Barrett, Olivia Power, Paige Bohringer Front: Lochie Bohringer, Ryland Gibbs, Archie Chrystall & Benjamin Brazier



Week 4 Term 3

Left Back: Joshua Petrie, Naomi-Rae Power, Indy Vandervelde, Jacob Petrie & Mrs Barrett. Front: Edward Harris, Mahayla Donner, Marliese Scott, Victoria Petrie, Chloe Aylward & Harper Taylor



FROM OUR LIBRARY

Week 4 Term 3

BOOK OF THE YEAR: EARLY CHILDHOOD

Boy – by Phil Cummings, illustrated by Shane Devries

Hark, It's Me, Ruby Lee! – by Lisa Shanahan, illustrated by Binny

I'm Australian Too – by Mem Fox, illustrated by Ronojoy Ghosh

Rodney Loses It! – by Michael Gerard Bauer, illustrated by Chrissie Krebs

The Second Sky – by Patrick Guest, illustrated by Jonathan Bentley

The Very Noisy baby – by Alison Lester

BOOK OF THE YEAR: YOUNGER READERS

The Elephant – by Peter Carnavas

The Grand, Genius Summer of Henry Hoobler – by Lisa Shanahan

Henrietta and the Perfect Night – by Martine Murray

How to Bee – by Bren MacDibble

Marsh and Me – by Martine Murray

The Shop at Hoopers Bend – by Emily Rodda

PICTURE BOOK OF THE YEAR

Florette – by Anna Walker

The Great Rabbit Chase – by Freya Blackwood

Mopoke – by Philip Bunting

Swan Lake – by Anne Spudvilas

Ten Pound Pom – by Liz Anelli, text by Carole Wilkinson

A Walk in the Bush – by Gwyn Perkins

Hi Everyone,

The following events will be happening during Book Week 20th-24th August:

Monday 20th August – “Find Your Treasure” Book Week launch/Competitions begin

Wednesday 22nd August – Book Character Parade 12:10-12:50 pm.

K-2 Visiting Author, Katrina Roe. Two sessions in Library.

Thursday 23rd August – Book Week competitions continued.

Friday 24th August – Yr 2-6 Visiting Author, Katrina Nannestad.

Middle Session - Two Writing Workshops in the Library.

Afternoon Session – Author Talk Stage 2 & 3.

Last day for Book Week entries to be submitted

I hope all students will participate in Book Week events in Week 5. We are very fortunate to have two authors visiting us during this special week and I look forward to seeing everyone dressed up on Wednesday 22nd August. Some ideas for dressing up could be a book or character students treasure or a piece of treasure. Pirates may be a popular choice but I would ask that they carry something they treasure. Prizes will not be presented but each student who joins in will receive a Merit Award.

Congratulations to Abbie Lyons (Yr4), Hannah Burgess & Claire Miller (Yr6) and Leoni Wilson (Yr8) who have completed the Premier's Reading Challenge. Through their love of reading the girls have once again succeeded in the Challenge. I commend them for their dedication. **Just a reminder, students' personal records have to be completed by midnight on Friday 31st August. I will complete K-2 students' records before the closing date.**

Scholastic Book Club will be delivered and distributed to students towards the end of this week.

Mrs Hall



Abbie Lyons



Claire Miller



Hannah Burgess



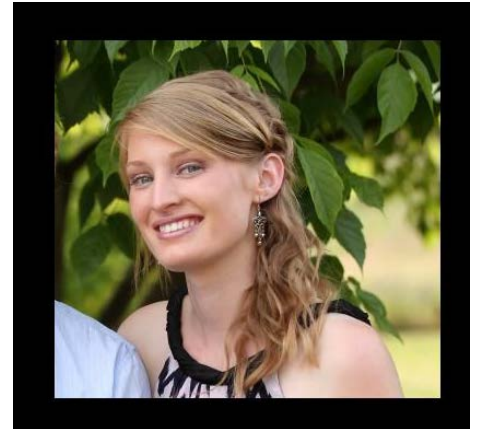
Leoni Wilson



WHERE ARE THEY NOW – LAUREN HUTCHINSON

I graduated from Molong Central in 2011 after completing my HSC. I decided early on that health was the field that I wanted to pursue a career in, in particular Indigenous and Community health. After graduating, I was accepted into the Queensland University of Technology's Optometry Program. So, at 18 I put on my big girl pants and moved all the way to Brisbane to begin my five years of study.

After the first two years however, I decided to take a small hiatus from my tertiary education, I was well and truly burning out. During this time I travelled to Nepal, where I spent a month in a rural village teaching English. To this day, I am still in close contact with the Principal (who was my age, 21, at the time) and his family. The people in this village had such a strong sense of community and commitment to bettering the lives of everyone in it. I left and returned to uni with a renewed passion for my own field.



At the end of 2015 I was appointed to the student representative council for Indigenous Allied Health Australia, a position that I held for the following years leading up to my graduation.

In 2016 I was awarded a cadetship with the Fred Hollows Foundation and the Institute for Urban Indigenous Health. This position allowed me to work alongside some of the leading professionals in Indigenous health in Queensland. This also saw me organize a cataract surgery day for 30 Indigenous and Torres Strait Islander patients from across Brisbane and the Gold Coast. To this day this project has been my greatest achievement.



In 2017 I was awarded an Aurora education foundation scholarship. This allowed me to travel to America and England to visit leading universities such as Harvard, Stanford, Columbia, NYU, Oxford and Cambridge to talk to leading academics in my field and to discuss the possibility of pursuing postgraduate studies overseas.

After graduating from university I took a full time optometry position this year in Forbes. In this position I work closely alongside the rural doctors network, as well as privately, to provide outreach clinics for schools, nursing homes and Indigenous communities across the central west.

This July I have begun my Masters in Public Health at UNSW part time, in hopes to be able to better serve my community and address the many health needs present in Rural and Indigenous communities. My advise to current MSC students would be to listen to your gut, follow your instincts and never stop learning.

Lauren Hutchinson

WHERE ARE THEY NOW – LAUREN HUTCHINSON



School days with Hayley (above) and Graduation Day with my brother Blake (left).



With Gabi Hollows, receiving my Fred Hollows cadetship



Family is everything



DATES FOR YOUR DIARY

DATE	EVENT
20-24 August	Trial HSC examinations
20- 24 August	Book Week "Find Your Treasure"
21 August	Parent Information Evening Year 7 (2019)
21 August	Senior Primary debating at MCS
22 August	Book Week Costume Parade
24 August	Book Week Author Visit
28 August	Healthy Ears
29 August	Primary Disco Fundraiser for Farmers
30 August	'Magic Words' performance
31 August	Grandparents Day- K-2
13 September	Kinder Orientation
19 September	K-6 School Production

Upcoming Events in the Primary

Assemblies: Any classes that have not done their items this year, will be held over until term 4 due to our School Production this term. These classes are Kinder, 4Navy, 1/2 Gold, 2/3 Green and 5/6 Red. Parents will be notified in advance when their child's class item is coming up.

Disco: There will be a disco in Week 6 to raise money for Farmers in the Drought. This will be on a Wednesday. A note will come home in week 5.

Grandparents Day: K-2 will be holding a special Assembly for their Grandparents on Friday, 31st August. The assembly will go from 12 till 12:45 when grandparents can join their grandchildren for lunch. There will be more information coming home next week.

K-6 Production: You will soon be getting information about ticket sales for "Primary School Musical". Save the date for a matinee and night performance on Wednesday the 19th of September.

CANTEEN ROSTER 17/8/18 – 31/8/18

HELP IS DESPERATELY NEEDED ON THIS ROSTER. Please give one morning per month to the Canteen-that is all it takes. Ring the Canteen on 6366 9009 from 8.30am-1.45pm. If you can't work on your day just call me. Thank you, Tina McGovern, Canteen Manager.				17/8/18 3rd FRIDAY
				Barbara Chown
20/8/18 3rd MONDAY	21/8/18 3rd TUESDAY	22/8/18 4th WEDNESDAY	23/8/18 4th THURSDAY	24/8/18 4th FRIDAY
Help Needed	Help Needed	Help Needed	Help Needed	Pam Burgess
27/8/18 4th MONDAY	28/8/18 4th TUESDAY	29/8/18 5th WEDNESDAY	30/8/18 5th THURSDAY	31/8/18 5th FRIDAY
Help Needed	Belinda Mills	Help Needed	Help Needed	Pam Burgess

SCHOOL STREAM UPDATE

Dear Parents,

We are looking forward to the new School Stream update being released on the Apple and Google Play Store next week.

Please check that you update the app when it's released. You can even set your phone's app updates to automatic. Here are the instructions for the Apple App Store (<https://goo.gl/mvC9as>) and the Google Play Store (<https://goo.gl/XCgkL1>).

To get the most out of the app features we do recommend creating an account so you can easily manage the content the school sends through.

To create an account, go to the side menu via the top-left corner and click on "Log-in". This is a quick and easy process that will require your first and last name, and a mobile number, email, or Facebook account authorisation.

Once you have created your account, you will be able to access all of the new app features which will be highlighted in the welcome video.

MOLONG CENTRAL SCHOOL CANTEEN MENU 2018

WEEKLY SPECIALS

**** Please note Specials are only available on the day indicated****

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mini Chicken Wraps -(Chicken/cheese/ lettuce/ Mayo) \$3.50	Wraps: lettuce, carrot, tomato & grated cheese with the choice of chilli chicken tender, fresh chicken or ham. Hot or cold. Chilli sauce & mayo also available cold. Cold \$5.00 Hot\$5.50	Hamburgers: with lettuce, tomato, beetroot, cheese, lean meat pattie with BBQ/tomato sauce. \$6.00 Plus wedges \$4.00 with sour cream & chilli sauce, BBQ, tomato or chilli sauce available. \$4.60 (available for 2 more weeks only)	Pizza: Ham/pineapple, cheese/bacon singles \$3.00	Chicken kebabs: mildly seasoned chicken pieces on skewers. Available with a side salad (see meal deals for pricing) or on its own. \$3.00 (each)

REGULAR MENU

<p>Fresh sandwiches and rolls:</p> <p>*Basic salad includes lettuce, tomato, beetroot & cheese, grated carrot, cucumber, salad onion & mayo. Small or large, brown or white rolls. Toasted 30c extra.</p> <ul style="list-style-type: none"> Salad: \$5.50 roll \$6.00 Meat salad: \$6.00 roll \$6.50 Chicken, cheese, mayo: \$4.00 roll \$4.50 Vegemite: \$1.50 roll \$2.00 	<ul style="list-style-type: none"> Ham & Cheese \$4.00 roll \$4.50 Mini Wrap - (Hot or Cold) \$3.50 Ham, tomato & cheese: \$4.50 roll \$5.00 Cheese: \$1.50 roll \$2.00 Tomato & cheese: \$3.00 roll \$3.50 Chicken & mayo: \$3.70 roll \$4.20 Any combination of your choice can be ordered, just ask at counter.
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LUNCH IN A BOX \$6.00

Seasoned chicken breast or leg ham with lettuce, tomato, grated cheese & carrot, beetroot with mayo served in a 500ml rectangle container. Chilli sauce available @ 40c extra. Very popular!!
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HOT FOODS

<ul style="list-style-type: none"> Chicken burgers: \$6.00 (crumbed chicken fillet, lettuce, cheese & mayo) Cheeseburger: \$5.00 (1/m patty, cheese, mustard, tom. sauce) Pizza roundas: \$3.20 Hotdogs: \$3.00, mustard 10c, sauce 40c Chicken & mayo roll: \$4.20 (on a damper roll, wrapped in foil and heated.) Chicken , cheese & mayo roll: \$4.50 (on a damper roll, wrapped in foil and heated.) 	<ul style="list-style-type: none"> Cheese & Bacon Pie: \$3.50 Lasagne: \$3.70 Cup of noodles: \$2.50 6 chicken/dinosaur nuggets: \$4.00 sauce \$4.40 or nuggets 80c each Traveller pies: \$3.50 4nTwenty healthy sausage rolls: \$3.00 Healthy choice potato top pies: \$3.50 Sauce sachets 40c
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DRINKS

<p>JUICES, SQUEEZE;</p> <p>Small: \$3.00- Orange & mango, Orange & passio. (NB: available for 1 more week only)</p> <p>Fruit box: 1.50- Apple, orange, tropical & blackcurrant</p> <p>Orchy - \$3.00 – 100% Juice – Apple, Orange, Apple & blackcurrent</p>	
<p>MILK</p> <p>Dare- Ice coffee, mocca & exspresso \$3.80</p> <p>Small Oak – Straw, choc, vanilla \$2.80</p> <p>Small Moove: fresh choc, straw \$2.80</p>	<p>WATER</p> <p>H2GO – 750ml -\$3.00</p> <p>Water – 600ml - \$2.50</p> <p>Kyneton – 350ml - \$3.00</p> <p>Focus Water – 350ml – Strawberry, Lemonade & Blackcurrent - \$3.00</p>

SNACKS

ICEBLOCKS

CHIPS

<p>Muffins: double choc chip - \$2.50</p> <p>Jelly (Summer only) - \$2.00</p> <p>New Twirl Yoghurt – Watermelon/Mango Strawberry/Vanilla Raspberry/Coconut \$2.50</p>	<p>Bulla Ice-cream cup - \$2.00</p> <p>Zooper Dooper- 70c</p>	<p>BBQ & Salt & Vinegar chips : \$1.20</p> <p>Red Rock Deli: \$1.20</p> <p>Grain Waves: \$1.20</p> <p>Popcorn: 70c</p>
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• PRICES ARE SUBJECT TO CHANGE * PRICES EFFECTIVE 13.8.2018



1 HOUR NUTRITION TALK

For parents & carers of children 0-12 years old

*LED BY ALICIA BLOWES
ACCREDITED PRACTISING DIETITIAN*

**WEDNESDAY 22ND AUGUST 2018
630PM**

@

**SEED PAEDIATRIC SERVICES
86 BYNG ST
ORANGE NSW 2800**

COST \$20



PLEASE RESERVE YOUR PLACE BY CONTACTING TONI via
toni@seedpaediatricservices.com
or phone 02 6363 1870

- Payment can be made over the phone.
- Tea and coffee provided on the evening.
- Topics include:
 - Healthy Eating for Kids
 - Why this is currently so important, more so than ever
 - Snack Ideas
 - Opportunity for questions after the session

***ON THE 23/09/2018 ORANGE LIONS CLUB WILL BE HOSTING A
FAMILY FUN DAY.***

THE EVENT WILL BE HELD AT EUCHAREENA PUBLIC SCHOOL.

THE EVENT WILL RUN FROM 10.00AM TO 4PM.

***THE EVENT IS AIM AT ALL FARMERS, FAMILY AND BUSINESS'S
AFFECTED BY THE DROUGHT.***

***WILL OFFER THE OPORTUNITY TO UNWIND, INTERACT WITH YOUR
PEERS, HEAR FROM DPI, STATE MEMBER.***

***THERE WILL ALSO BE REPRESENTATIVES FROM DIFFERENT
COUNSELLING SERVICES IF YOU SO WISH TO TALK TO THEM.***

***ORANGE LIONS WILL PROVIDE MUSIC, BBQ, SOFT DRINKS AND
ENTERTAINMENT FOR THE CHILDREN.***

***ALL YOU NEED TO BRING IS A CHAIR AND THE WILL TO HAVE A
GOOD TIME AND DE-STRESS.***

Ron Parry

Orange Lions Club President.

0419409478

WE WANT YOU

CRICKET SEASON 2018/19



Welcome to the 2018/19 cricket season.

Centrals Cricket Club would like you to join us this season as we continue to build for the future.

In the 2017/18 season we had players in 1st, 2nd and 4th grade with our 4th grade Centrals-Wanderers taking home the premiership trophy at the end of the season, well done boys.

This season we are pushing for the re-birth of our juniors where I started as a 6 year old boy and also build on our senior playing ranks. This is a very important year

for Centrals. We are a proud club that has been around for 45 years after being established in 1973.

Our club prides it's self on helping others and building a culture of mateship, comradery and hard work.

If you would like to join our amazing group of players please contact us on the below details. No one will be refused.

Yours in cricket
Daryl Kennewell
Club Captain

The
ROYAL



ACE
Accounting Services

President: Matthew Tedeschi

Ph. 0431 580 032

Vice President: Kyle Nonenmacher

ph. 0432 186 126

Club captain: Daryl Kennewell

Ph. 0449 518 527

Email: centralscricketclub@gmx.com

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SMARTS

SPRING MOLONG ARTS FESTIVAL



SMARTS - Spring Molong Artsfest in partnership with the Molong Central School P&C will open a unique Art exhibition featuring **"8 Years of Creativity from Molong HSC Students"**

The opening night will be held on **Friday 21st September at 6:30pm** in the Molong Central School Hall, Phillip Street, Molong.

The exhibition will be organised and curated by the SMARTS committee as the first exhibition to launch their future **Biennial Spring Molong Arts festival**.

The vision of SMARTS is:

"to promote visual and performing arts within our region, to connect and increase positive community links with Molong Central School and to provide a platform on which to promote youth creativity in the region".



For more information please contact:

Claire Ryan 0474 344 677 or Emma Watene 0455 586 415

Or email: springmolongartsfestival@gmail.com

PROUDLY SUPPORTED BY:



Rotary
Club of Molong



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OLDHAM

