



MOLONG CENTRAL SCHOOL

Providing Opportunities for Personal Achievement

White
Ribbon
SCHOOL



Issue 6
10th May 2018

INSIDE OUR NEWSLETTER THIS WEEK

FROM THE PRINCIPAL'S DESK



SECONDARY NEWS



STUDENT AWARDS



PRIMARY NEWS



LIBRARY NEWS



CANTEEN ROSTER & UPDATES



DATES FOR YOUR DIARY

2018			
January	February	March	April
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
May	June	July	August
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
September	October	November	December
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

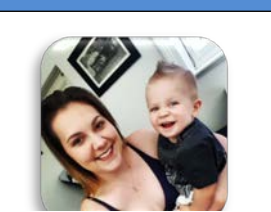
SCHOOL TIMES & CONTACTS



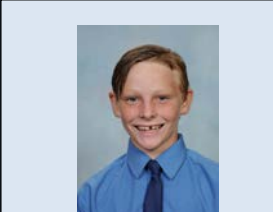
SCHOOL PHOTOS 21.5.18



WHERE ARE THEY NOW



ATHLETIC RECORDS BROKEN



COMMUNITY NOTICE BOARD





FROM THE PRINCIPAL'S DESK

WHITE RIBBON THOUGHT OF THE WEEK 'RESPECT YOURSELF AND OTHERS WILL RESPECT YOU'

WELCOME BACK TO TERM 2

It has been an exciting start to the term. Teachers have been involved in significant staff development last week and are keen to put some of their new ideas and strategies into practice. Our school office has had a much needed upgrade and our office staff are looking forward to supporting the school community in their new professional space. The P&C have also contributed to school funds to ensure our Primary court has an appropriate surface for students to play on and our students are enjoying the new surface. It is also an effective teaching space for PDHPE lessons and sport.

SYDNEY CONSERVATORIUM OF MUSIC GRAND WESTERN TOUR

The Sydney Conservatorium of Music as part of the Grand Western Tour visited Molong Central School last week and our students were fortunate to listen to some amazing musicians perform. The school also hosted a concert for the community on Wednesday night with many of our students coming to watch the show again. The musicians commented on our student's attendance at the evening performance. The students were mesmerized by the performance and are looking forward to next year's visit. Thank you Mr Irvine for your smooth organisation of this wonderful event.

NAPLAN 2018

Students in YearS 3, 5, 7 and 9 at Molong Central School will transition from paper-based tests to computer-based assessments this year. It is expected that all schools will transition to NAPLAN online by 2020. These tests will begin on May 14 and the Australian Curriculum, Assessment and Reporting Authority have provided some resources that may be useful for you to help you understand the implications of the online tests. I have provided a useful link for parents below to read more about NAPLAN online.

<https://www.nap.edu.au/online-assessment/FAQs>

CONGRATULATIONS TO JESYCA PEARSON

Jesyca Pearson will represent Western Region at the NSW CHS Touch Football Knockout at Wagga Wagga in June. Jesyca is a talented and hardworking athlete. She has committed much of her time training to improve her performance. Jesyca is also a committed student who manages to meet academic deadlines and perform well despite the time she dedicates to sport. I would like to congratulate Jesyca on her ability to manage her commitments. As a school, we are proud of your efforts and look forward to hearing of your performances in June.

Michelle Barrett, Principal



Jesyca Pearson

CONGRATULATIONS PRIMARY ATHLETICS RECORD BREAKERS



Bailey Peschka Molong Central School 2018 Athletics Champion

Snr Boy Shot Put 1st Place 11.44m (New MCS Record)
 12yrs Boys 100m 1st Place 14.49 (New MCS Record)
 Snr Boys 800m 1st Place 2.39.65 (New MCS Record)
 Snr Boys Long Jump 1st Place 3.68m (New MCS Record)
 Snr Boys Discus 1st Place 22.97m (New MCS Record)
 Snr Boys High Jump 1st Place 1.25m (New MCS Record)
 Snr Boys 200m 1st Place 30.49



Abbie Lyons

9yrs 100m
 16.57
 Jnr Long Jump
 3.21



Harrison Brazier

11yrs 200m
 31.93
 11yrs 800m
 2.31.65



Marley Vandervelde

Jnr Shot Put
 7.63
 Jnr Discus
 17.22



Benjamin Brazier

9yrs
 100m
 16.42



Paige Bohringer

Snr
 Discus
 17.69



Lochie Bohringer

Jnr
 Shotput
 8.73



Evangeline

12yrs
 100m
 16.22



Robert Heath

Jnr
 800m
 2.45.30



Maggie Kirby

11yrs
 200m
 31.07



Charlotte Lapins

Snr 800m
 3.10.11



Demelza Lee

11yrs
 High Jump
 1.22



Grace Parry

Snr
 Shotput
 9.19



Jamaine Trapman

11yrs
 Discus
 22.78



YEAR 10 PDHPE

Year 10 PDHPE have been focusing on the topic "Respectful Relationships". This has aligned with the launch of White Ribbon and students have been learning about what a respectful relationship should look like and the qualities needed to have successful, meaningful relationships in their lifetime. As a group, they have completed a number of activities where their knowledge and understanding have been put into practice in regards to trust and communication. Below you will see students engaged in a practical task of helping each other through an obstacle course built by their peers. They were only allowed to communicate with their partners and the other students were not allowed to help. This demonstrated how effective communication is necessary component in any relationship and how goals can be achieved when partners trust and communicate with each other.

Miss Rebecca Corby, PDHPE faculty

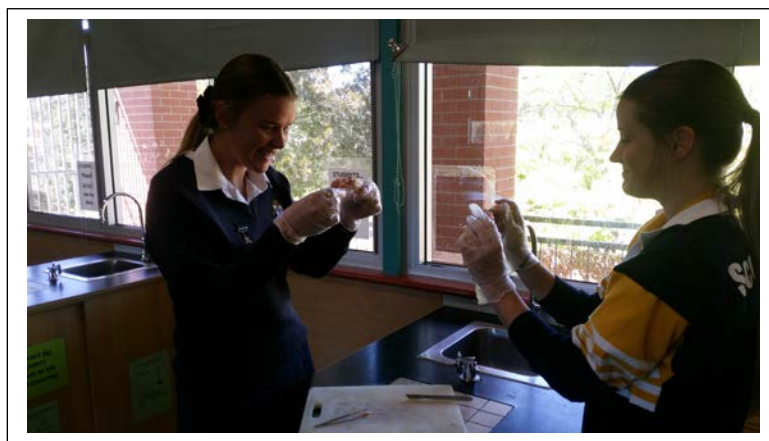




SENIOR SCIENCE

Senior Science students are dissecting chicken wings to observe how tendons and muscles attach the bone, the characteristics of joints and then dissolving the outer layer of Calcium Carbonate in Nitric Acid. They are learning the structure and function of how these structures work so they can relate this learning to Bionics, which is the replacement of joints, for example hip replacement. Biology have just conducted a practical assessment task, applying their knowledge and understanding of enzymes and kidney structure and function. They have recently been learning about evolution and the evidence that supports this theory. Year 10 Science have been working exceptionally well this term. They have demonstrated a real knack for Chemistry, in which they have been able to predict compounds being formed by the use of chemical equations, above Year 10 level, venturing into Year 11 Chemistry. This week they tested for Chloride ions in precipitations reactions and now are looking at how acid & base reactions work.

Mr Terry Bruton, Head Teacher Science





BRING YOUR OWN DEVICE (BYOD)

At Molong Central School, we see that access to technology is vital in a future-focused learning environment and to ensure we continue to move our education system into the 21st century model of teaching and learning.

Students today face an ever changing and very dynamic job environment where many employment prospects of tomorrow have not been thought of yet.

This will require a different approach to teaching and learning by incorporating a range of pedagogical practices that focus on developing 21st century skills for our students. These include digital literacy, creativity and innovation skills, critical thinking and problem solving skills, communication and collaboration, and self-directed learning.

In response, like many other schools in NSW, MCS has adopted a Bring Your Own Device (BYOD) policy. Whilst this has been a **school wide approach**, in 2018 we focused strongly on the incoming Year 7 group. As a part of this strategy we are planning on running a BYOD Bootcamp. This will be a series of technology focused lessons for the Year 7 students to ensure the devices are being cared for, used appropriately and safely.

The bootcamp will take students through how to access and use Google's suite of Applications for Education, Microsoft Office 365 and the Adobe Suite which are provided by the DoE completely **free of charge**. This gives all students secure access to powerful productivity tools, a collaborative learning environment.

Students will also be using specific internet based applications for developing their skills across the key learning areas as well as many elective subjects. This will enable each student to further develop their 21st Century learning skills whilst making them proficient learners in the digital age.

These lessons will begin early in Term 2. If you haven't already purchased a device, then it might be a good time to look into some options.

Last year we developed a guide to help you with the purchase of a device. This was sent home as a booklet. If you wish to pick up another copy they can be collected from the school office or accessed online here

https://docs.google.com/document/d/1hnsX4BSrsl_6ffiHhxAoy0LhJwiahAmxUSqei2iV4Ac/edit?usp=sharing

Don't forget, for the 2018 school year, parents and caregivers are eligible for \$50 credit at the school which can be used against school fees or upcoming excursions, when they produce a receipt of their BYOD purchase.

If you have any further questions, please do hesitate to contact Mr Scott Taprell on 63668224.



RURAL CUP REPORT

Molong vs Oberon (at Oberon)

The first leg of Rural Cup for 2018 saw MCS travel to Oberon on Thursday March 22. An unseasonal cold and drizzly day greeted us in the early hours of the morning for the bus ride to Oberon. The showers continued throughout the day however, this certainly did not dampen our student's enthusiasm as they competed in a variety of sports and events, determined to win this leg of the competition.

As defending champions, Oberon were confident of defeating MCS on their home turf, so it was clear from the beginning that there was going to be a great battle for the win.

Following a quick welcome assembly, the morning session was underway. Oberon took an early lead, taking out most of the sports held in the first session. Molong fought back throughout the middle section of the day and scores were steady as we headed into the final afternoon session.

Results for each individual sport varied with no school really dominating across the board however, special mention must go to the Junior Boys Volleyball win. Their super coaches, Mr Costa and Mrs Healey, were ecstatic with the win and are looking to dominate when Canowindra come to visit. Love your work.

The last session finished and students from both schools were sure that their respective schools were the victors. Unfortunately for Molong, Oberon proved to be too strong on the day, running out victors (285 - 255).

Although this was not the result that we were hoping for, **ALL** MCS students can hold their heads high, not only for the way that they conducted themselves on the sporting grounds, but also on their commendable behaviour throughout the day.

This has been my first time organising the Rural Cup and looking back on the previous years reports and overall comments, it is clear to me that the ethos behind it is one of socialisation, participation and sportsmanship. I can honestly say that MCS came out the winners across the board in that respect.

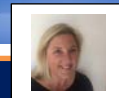
In 2017, a 'Sportsperson of the day' award was implemented, based around student's involvement and overall sportsmanship. I am delighted to announce that at this leg of Rural Cup, our sports awards went to the following students:

Year 7 Girl – Stella Johnson
Year 7 Boy – James Magick
Junior Girl – Chantelle Comiskey
Junior Boy – Flynn Packham
Senior Girl – Aaliyah Wright
Senior Boy – Brodie Johnston

Congratulations to these students on their outstanding displays of not only skill but overall attitude towards all sports that they competed in on the day. Well done!

This was the first tournament to be played in the Rural Cup for this year. Molong will now host Canowindra on Friday 11th May, followed by Canowindra vs Oberon. As the points were close we still have a great shot at taking out the Rural Cup for 2018. Train hard, keep up the momentum and let's bring the cup back to MCS.

GO MOLONG!



SPORTS REPORT TERM 1

Term 1 has been an extremely busy term on the sporting front at MCS. We had our **Secondary Swimming Carnival** early on with **Yuranigh House** coming out victors (for a full report please see previous newsletters.) Stemming from this we had four students attend the Western Area Swimming trials held at Dubbo on March 15. These students were **Aaliyah Wright** (Yr 11), **Olivia Wright** (Yr 7), **Alyssa Watts** (Yr 10) and **Charlie Huggett** (Yr 10) who swam their hearts out with an incredibly high standard at this level of competitions.

All students should be congratulated on their amazing efforts in the pool with particular mention to both Aaliyah and Olivia who both had remarkable success at the meet. The **Wright** sisters are a force to be reckoned with and both competed successfully at the **State Championships** after some convincing wins in their trials. Congratulations Aaliyah and Olivia.

Throughout the term, our students have the opportunity to trial for various Western teams with a variety of sports on offer. Several students from MCS have embraced this opportunity and have been successful in gaining selection. **Jesyca Pearson** (Year 10) attended the **U15 girls Touch Trials /Championships** held in Orange on February 23. Jes successfully made the Western area girls team and attended the CHS Trials / Championships carnival held in Mudgee in early May. (See result on Principals page). Congratulations on a great effort Jes.

Heidi Townsend, Hannah Betts and **Thomas Van Cornewal** all attended the **Western Hockey Trials** held at the new Molong Multi-Purpose Sports Complex on March 16 and by all reports, participated extremely well. Thomas is one of our Year 7 students and has been the first male in a long time to trial for a Western Hockey team. Although he was unsuccessful this time, we look forward to following his successes in the sport in the future. Heidi and Hannah, Year 10 students, both commented on the prominent level of skill from students all around the Western area and both girls should be congratulated on holding their own against such competition. Congratulations to **Heidi** who has once again made the Western team (for the third year in a row I might add!) and we wish her all the very best in the **NSW CHS Hockey Championships** to be held in Sydney in June. Congratulations to all.

Tom Kemp Rugby League

Molong Central played the first round of the Tom Kemp Shield against Wellington High school at Manildra on March 29. Mr Tony Keen and Mr Mark Paterson (coaches) have both commented on just how tough the game was and how extremely proud they are of our boys and the way they handled themselves against some tough competition. MCS came out **victors 28-22** and will now play Gulgong in the **second round** of the competition. Well done boys.

It really is a pleasure to see students at MCS take such pride in their competition and seeing many students stepping up to representative honours. I think the common thread that we see throughout all sporting competitions involving MCS students is that of great sportsmanship and comradery, and, in the long run, that really is what sport should be all about. Term 2 is shaping up to be just as busy with more representative trials and the start of our CHS knockouts.

Watch this space...

- CHS girls Hockey, MCS vs Orange High – held on Wednesday May 9 – report to come
- Rural Cup (Canowindra vs Molong at Molong) – Friday May 11, GO MOLONG!!
- Secondary Athletics Carnival – Thursday May 24 All years involved – good luck everyone.
- State Hockey – Good luck Heidi

All the best everyone,

Mrs Jane Quigley, Sports Coordinator



JOIN THE AUSTRALIAN MATHEMATICS COMPETITION



The Australian Mathematics Competition is the largest competition of its type in the world and has been designed to stimulate and develop skills in problem solving. Since its commencement, the AMC has had over 15 million entries. It will be open for Molong Central Students to enter early next term, for a subsidised price of \$5. Please look out for application notes first week of Term 2. Contact me in the Mathematics faculty at Molong Central School with any queries.

Mrs Claire Pottie, Mathematics teacher.

NAPLAN ONLINE AT MCS

Students in Years 3, 5, 7 and 9 will be completing NAPLAN Online between the 15th and 25th of May 2018. This is the first year that NAPLAN will be carried out online and Molong Central School has been chosen to participate in the online format. All schools will move to online testing in 2019.

Secondary students will receive the timetable for NAPLAN at their year meeting on Thursday 10th May. All Year 7 and Year 9 students are reminded that they require headphones in order to complete the NAPLAN tests.



SYDNEY ROYAL EASTER SHOW

Over four days in Week 9 of Term 1, six members of the show team **Alex Miller, Will Cox, George Betts, Hannah Betts, Alyssa Watts** and **Henrietta Pottie** travelled to Sydney for the Royal Easter Show. They were supported by myself and Mr & Mrs Pottie. The students in the show team had been busily preparing six Angora goats since November last year for the wether competition. The competition involves three sections:

- Wether production class: the goats placed into teams of 3, are then shorn and their fleece and meat values are determined. The team with the highest combined value is the winner.
- Project: students had to create a PowerPoint presentation, that included how the student's managed the animals at school, training, grooming and weights.
- Herdsman: students are judged on how well they maintain and manage the needs of the animals, interact with the public and their general knowledge and skills with the animals.

On the first day, the students competed in the Parader classes, where the students are judged on how well they present their animal to the judge. There are two different competitions for the parade, class one where you lead by the fleece and class two where you have halters on. The students competed very well in both classes and brought home the following swag of ribbons to keep: Leading by fleece: 1st place Will, 2nd Alyssa, 3rd Hannah & 4th place was Alex. Leading by halter: 2nd place Will, 4th Hannah & 5th place was George. On the following day the students were tasked with helping the stud owners show their animals in the ring before the judge. They also interacted with the public by holding animals and answering questions. The wether production class took place on the third day of competition. The goats were shorn and their production values calculated. Our teams achieved 4th and 5th place. The presentation night also occurred on this day and the students achieved a 1st place in the project and 2nd place in the herdsman. It wasn't all work though and the students were able to enjoy all that the show had to offer with time provided to go on the many rides or watch the daily night show. Of course show bags were a must and a few even won prizes at the games. The excursion was thoroughly enjoyed by all who went and we are all looking forward to going again next year. We would sincerely like to thank MSM milling for their continued support of our team, **Mr Pottie** for driving through the night to bring the animals to the show and **Hannah Betts** for our fantastic new show team shirts.

Miss Sally Pokoney, Agriculture teacher



SYDNEY ROYAL EASTER SHOW PHOTOS



SYDNEY ROYAL EASTER SHOW PHOTOS



MCS AWARDS

STUDENT OF THE WEEK – Week 11 T1

Class	Student
K Orange	Kyran Hodder – Great use of Tuxpaint in computers
K Yellow	Daniel Seiler – For tremendous effort at Cross Country
1/2 Pink	Charlotte Lowder – For being a diligent and respectful learner
1/2 Gold	Nate Trapman – For a super effort in all of his work
1/2 Blue	Jim Bloomfield – For an amazing imaginative text in Literacy
2/3 Green	Zahra Ellis – For excellent application in all areas
3/4 Aqua	Sam Milne – For applying himself in class and on the sports field
4 Navy	Raiden Hanson – For improved application to his school work
5/6 Red	Sam Ball – For wonderful improvements in Reading
5/6 Silver	Cooper Kelly – For a great introduction to his persuasive text
5/6 Purple	Olivia Philpott – For having a positive attitude to all aspects of school life
Library	Ellie Olsson – For a dedicated attitude towards PRC

STUDENT OF THE WEEK – Week 1 T2

Class	Student
K Orange	Bella Thew – For making a super effort to listen
K Yellow	Maddie Chrystall – For great effort learning how to use "Word" on the computer
1/2 Pink	Kora-Rose Smyth – For beautiful work presentation in Creative Arts
1/2 Gold	Alby Fowler – For being a responsible and helpful class member.
1/2 Blue	Chloe Aylward – For pleasing improvement in reading
2/3 Green	Jacynta Webb – For excellent effort with persuasive writing
3/4 Aqua	Noah Ripps – For starting Term 2 ready to learn
4 Navy	Jessica Ball – For using passionate language within her exposition writing
5/6 Red	Jake Gavin – For an excellent information report on Camels
5/6 Silver	Toby Vis-Lowe – For improved application towards his work
5/6 Purple	Brock Parrington – For a positive and conscientious start to Term 2
Library	Demelza Lee – For excellent borrowing this year

Primary Uniform Award

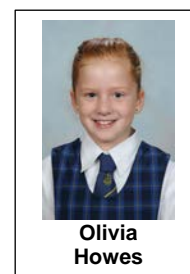
Stage 1 Taimana Watene

Stage 2 Olivia Howes

Stage 3 Annii Fowler

Draw Date: 11/4/18

Congratulations to you all!



MCS AWARDS

Primary Awards

Bronze

Bailee Williams

Silver

George Davis
Archie Chrystall

Gold

Phoebe Lyons

Platinum

Indy Vandervelde

Principals Banner

Zoe Strahorn
Emily Goff
Aiden Garlick-Evans

Principals Badge

Lydia Philpott

SECONDARY AWARDS

Merit

Harry Philpott

Pedro Oste

Pacey Oakenfull

Jack Thomas

Amy Wilson

Lauren Crowley

Jacob Davis

Leoni Wilson

Holly Klein

CLUB 200

Club 25

Marliese Scott Lilly Welsh Kora-Rose Smyth Ryan McNabb Angus Day
Aiden Garlick-Evans Te Paea Pineaha Willow Smith Riley Roberts
Jocelyn Bunting Natania Watene Hunter Hobbs Taimana Watene
Charles Swift Adelaide Swift Hamish Brazier Anna Lampe
Lilah Hiller Samuel Lampe Anna-Lynne Styles Zara Gianisis
Cameron Quilty Lewis Quilty Rosemary Quilty Charlotte Lowder

Club 50

Kaylee Huggett Olivia Hobbs Alice Wilson Emily Goff
Emmison Shapland Daniel Seiler Maggie Kirby Zahra Ellis
Minnie Whittle Hunter Osborn Thomas Harper Lily Goff
Amelia Harper Violet Armstrong Kai Goff Indigo Armstrong
Lillian Ford Patrick Thorne Harley Brouff Juliette Mills
Fergus Whittle Zoe Strahorn Demelza Lee Henry Lee Layne Mills
Adam Spencer Chloe-Anne Aylward Charlotte Lapins Laura Lapins
Sam Lapins Ella Vandervelde Marley Vandervelde Indy Vandervelde
Archie Chrystall Madeleine Chrystall Joshua Petrie Victoria Petrie
Katelyn Eassie Tengis Meiklejohn Mahayla Donner William Kirby
Hunter Hobbs Xena Power Dakota O'Keefe Alby Fowler
Phoebe Lyons Aidan Garlick-Evans Evangeline Ellis Edward Harris
Olivia Power Sefton Power Benjamin Brazier Harrison Brazier
Ongkar Saha Annii Fowler Banjo Fowler Eli Smyth
Naomi-Rae Power Kora-Rose Smyth

Club 75

Alice Wilson Hunter Osborn Emmison Shapland
Kaylee Huggett



FROM OUR LIBRARY

Week 2 Term 2

JUNIOR FICTION

Arkie Sparkle: Ruby Red – by Petra James

The Audition – by Maddie Ziegler

Funny Kid: Stand Up – by Matt Stanton

Wings of Fire Legends: Darkstalker – by Tui T. Sutherland

PICTURE BOOKS

A Child of Books – by Oliver Jeffers, illustrated by Sam Winston

Digger the Dog Who Went to War – by Mark Wilson

Forward March – by Christobel Mattingley, illustrated by David Kennett

Imaginary Fred – by Eoin Colfer, illustrated by Oliver Jeffers

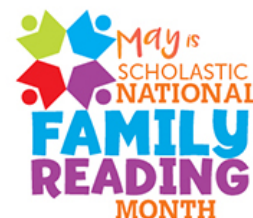
SENIOR FICTION

Ban this Book – by Alan Gratz

Horizon Book 2: Deadzone – by Jennifer A. Nielsen

Lisette's Paris Notebook – by Catherine Bateson

Paladero Book 1: The Riders of the Thunder Realm – by Steve Lochran



Hi Everyone,

Each year the Australian Library & Information Association host National Simultaneous Storytime. This an occasion where students in every school in Australia join in to read the same book at the same time. This year students in Kindergarten, Year 1 & Year 2 will meet in the Library at 11:00am on Wednesday 23rd May to read "Hickory Dickory Dash", written by Tony Wilson and illustrated by Laura Wood.

May is Scholastic National Reading Month. If your child wishes to be involved they may come and see me in the Library for a record sheet or alternatively you may access more information at the following URL: <http://scholastic.com.au/nfrm> When students have completed their record sheet they may return it to the Library and receive a Merit Award.

This week I have noticed that there are more students wishing to complete the Premier's Reading Challenge. Unfortunately they have not brought their permission notes back. In this instance I will send another note home with those students involved. There are also some students in Years 7-9 who need to come and see me for a permission note during Lunch. Just a reminder that 'The Premier's Reading Challenge' for each student can be accessed at: <https://online.det.nsw.edu.au/prc/home.html>.

Scholastic Book Club catalogues went home at the end of last week. I will close LOOP orders on the website on Thursday night, 10th May. Just a reminder that orders can no longer be processed through the school and books must be ordered through LOOP on the Scholastic website at: <https://mybookclubs.scholastic.com.au/parent.aspx> . Once orders are closed it will take 10-14 days for items to be delivered.

Have a wonderful May sharing books with your family!

Mrs Hall

**Read More
in May!**



WHERE ARE THEY NOW – KIAH BAKER (WHILEY)

I attended Molong Central School from Kindy to Year 12, finishing school in 2014.

I met Corey Baker at school and we started dating in 2013. I am still living in Molong and still see a few of my 'school friends'.

In 2016 Corey and I found out we were having a baby boy. He was born on January 3, 2017, weighing in at 8.5 pounds and we named him Ashton. He is now almost 15 months old and is the light of our lives.

On November 11 2017, we got married at Palm Beach with family and close friends present.

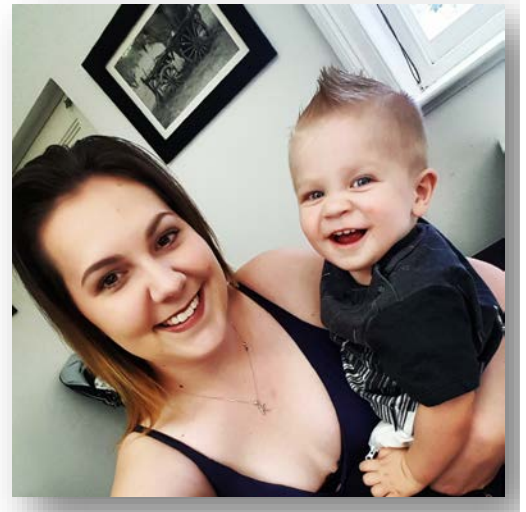
I currently work as a bar tender at the Freemasons Hotel and also as an Administration Assistant/RAO at Prunus Lodge which I really enjoy!

In amongst all of that I run my own SeneGence business, as part of a bigger team, which caters for all of your skin care and cosmetic needs. I have been in the top five for sales twice now, since starting in November last year.

When I have spare time I write on my blog, which I created when I struggled with Postnatal Depression and Anxiety after Ashton was born. It helped me cope and it made me feel better, especially when I knew that I wasn't the only one struggling. It was even better when I got messages telling me how much I had helped others be able to talk about their struggles too!

And yes, Corey and I plan do have another baby in the future (everyone always asks).

Kiah Baker



DATES FOR YOUR DIARY

DATE	EVENT
11th May	Mother's Day Stall
16th May	PSSA Rugby League against Parkes East(Selected students)
18th May	District Athletics Carnival (Selected Students)
21st May	School Photos
22nd May	CWA Public Speaking
23rd May	National Simultaneous Storytime
30th May	Kinder Excursion – Yo Diddle Diddle @Orange Civic Theatre
24 th May	Secondary Athletics Carnival
30 th May	Under 16 Boys and Girls Touch Football CHS Knockout
31 st May	Open Boys and Girls Touch Football CHS Knockout

CANTEEN ROSTER 11/5/18 – 25/5/18

HELP IS DESPERATELY NEEDED ON THIS ROSTER. Please give one morning per month to the Canteen-that is all it takes. Ring the Canteen on 6366 9009 from 8.30am-1.45pm. If you can't work on your day just call me. Thank you, Tina McGovern, Canteen Manager.				11/5/18 2 nd FRIDAY
				Help Needed
14/5/18 2 nd MONDAY	15/5/18 3 rd TUESDAY	16/5/18 3 rd WEDNESDAY	17/5/18 3 rd THURSDAY	18/5/18 3 rd FRIDAY
Help Needed	Help Needed	Help Needed	Barbara Chown	Help Needed
21/5/18 3 rd MONDAY	22/5/18 4 th TUESDAY	23/5/18 4 th WEDNESDAY	24/5/18 4 th THURSDAY	25/5/18 4 th FRIDAY
Help Needed	Belinda Mills	Help Needed	Help Needed	Help Needed

COMMUNITY NOTICE BOARD



CANTEEN NEWS HELPERS DESPERATELY NEEDED

- Would you like a free lunch?
- Do you have 1 or 2 spare hours per month?

If this sounds like you, our school Canteen could use your help. Our Roster is looking very sad and your help would be greatly appreciated. For organisational purposes, we would love you to commit to a monthly roster, however, we will also be advertising on our P&C Facebook site for casual on call helpers when the need arises. **FREE** volunteers working with children checks must be obtained from the RMS and is current for 5 years. You will also need to complete a volunteer's declaration form available from the Main Office. Any further interest or enquiries contact Tina McGovern on 63669009.

FREE INFLUENZA VACCINATIONS NOW AVAILABLE

FOR CHILDREN AGED OVER 6 MONTHS & UNDER 5 YEARS.

**Please ring Molong Health One on 63923400
to make an appointment in Molong, Yeoval or Manildra.**

CALLING EX STUDENTS OF MOLONG CENTRAL SCHOOL "WHERE ARE THEY NOW"

Our Newsletter segment "Where are they Now", is a way to highlight the achievements of former Molong Central School students, after leaving school. If you are a former student, or know a former student who would like to contribute, please email jeanette.barrow@det.nsw.edu.au with a document detailing these achievements and please attach a photo. All enquiries to Jen Barrow at the Main Office 63668224.

Molong Central School

SCHOOL PHOTOGRAPHS WILL BE TAKEN ON:

Monday 21 May

**ORDER NOW go to www.advancedlife.com.au and enter the code
VNA WWK 22R**

Dear Parents,

School photographs are scheduled to be taken by **advancedlife**. Whilst an envelope and flyer will be distributed shortly, if possible it is our preference that ordering be completed online to reduce administration and potential security issues related to the return of cash and envelopes on photo day.

Orders for packages and sibling photographs can be placed securely online at www.advancedlife.com.au using our school's unique **9 digit Online Order Code**. Portrait and group package orders are due by photography day.

Should you wish to purchase a sibling photograph online, the order must be placed no later than the day before photography day. Sibling photographs will only be taken if an order has been placed.

Should you have any queries concerning school photographs or online ordering, please direct them via email to enquiries@advancedlife.com.au

STUDY SKILLS HANDBOOK NEWSLETTER ITEM FOR MAY

What do you do when you get a disappointing assignment mark? We all have times when we think we have done brilliantly then get an assignment back and are really disappointed instead. You could just feel really bad, or you could try these steps:

1. REVIEW AND UNDERSTAND

The first step is to work through the feedback and work out what went wrong.

- Did you not meet the criteria?
- What feedback were you given from the teacher?
- Do you understand the feedback?
- Can you work out why you got the mark you did?

If you don't understand why you got the mark you did, it is ESSENTIAL you ask your teacher for further clarification. Otherwise you will keep making the same mistakes.

2. CHALLENGE OR ACCEPT

Once you understand what the issue was, you can either accept it, or challenge it.

ACCEPT: If you feel now that the mark was actually fair enough, then it is time to move on. There is no point beating yourself up anymore about your disappointing mark.

Instead you need to treat this as a learning process, the people who are most successful in life don't let their mistakes get them down, they see them as a learning opportunity where they can improve and make sure it doesn't happen again.

However, if you really think your mark was unfair and you had met all of the criteria, you can talk to your teacher and politely explain your point of view and ask if they would reconsider your mark.

3. LEARN AND CHANGE

The only way to improve, is to work out what you did wrong, then try and fix it. It is actually a really good idea to re-do part of the work and re-submit. Not everyone has the commitment to do this, but if you do - then wow - you will really see the benefit in your results. It might just be a case of re-doing a section of the assignment and asking your teacher to review it.

But if you don't have another go, you won't know whether or not you have really taken the feedback on board. Some students let a bad mark get them down and start to think they are not capable of succeeding, so they don't try to address the issue, make similar mistakes again and just feel worse. Don't be that sort of person! Learn from what you have done and have another try.

Another good thing you can do is to ask to see other students' work who received top grades for their assignments - to evaluate what was missing in yours or how you could improve yours next time. It would also be a great idea for your next assignment to show your teacher a plan, or a draft early on, explaining how you think you've met the criteria, and seek feedback well BEFORE handing it in.

You might also like to visit the Assignment Skills unit at www.studyskillshandbook.com.au for some more ideas on approaching assignments.

Our school's subscription details are - Username: molongcs Password: 86success



Molong Local
Aboriginal Education
Consultative Group

Molong Local AECG

c/o PO Box 8367

Orange East NSW 2800

Email: MolongAECG@gmail.com

Website: www.aecg.nsw.edu.au

NOTICE OF MEETING

15th May 2018 at 4pm at Molong Central School

Agenda

1. Attendance & new membership applications
2. Minutes from previous meeting
3. Business arising from the minutes
4. Finalising signing of partnerships agreement celebrations - dates for it to happen & what we will do
5. Sorry Day http://vaeai.org.au/uploads/rsfil/000386_fadc.pdf
& Reconciliation week - **Don't keep history a mystery**
<https://www.reconciliation.org.au/national-reconciliation-week/>
6. NAIDOC planning
7. Wiradjuri Language & culture
8. Connecting to country programs
9. Other business
10. Setting meeting dates for the remainder of the year

JUNE MEETING - JUNE 12th at 4pm at Molong Central School

The Molong AECG is open to participation from all people (Aboriginal and non-Aboriginal) who support inclusion of Aboriginal education content as beneficial to all Australian students.

TIPS FOR ADULTS AT KIDS SPORT

1. **Keep it fun**
don't take it
too seriously

It's not the World Titles



6. Let **coaches**
do the
coaching



2. **Be enthusiastic**
but don't *scream*
& *shout* instructions
from the sideline



7. *Always remember,*
volunteers
run kids sport



3. Emphasise
trying hard
not winning



8. *Understand, uphold*
and *support* your club's
code of
conduct



4. **Cheer &**
acknowledge
good plays by
all players,
both teams



9. Allow your child to
play for
themselves
Let kids make the decisions
on and off the field



5. **Accept decisions**
by officials
they are human &
can make mistakes



10. **Think before**
you speak
Your words may
harm others



SHOOSH

FOR KIDS

If your comment
is negative,
then **SHOOSH!**

Reward good
effort with applause;
if you can't then
SHOOSH!

If your negative
comment is directed
at an official, then
SHOOSH!

If your negative
comment is
directed at a child,
then **SHOOSH!**

Show respect to kids and officials. **Remember, sport should be fun!**



Shoosh for Kids is proudly supported by:



#shooshforkids | sport.nsw.gov.au