



MOLONG CENTRAL SCHOOL

Providing Opportunities for Personal Achievement

Issue 4 22nd March 2018

INSIDE OUR NEWSLETTER THIS WEEK

FROM THE PRINCIPAL'S DESK



SECONDARY NEWS



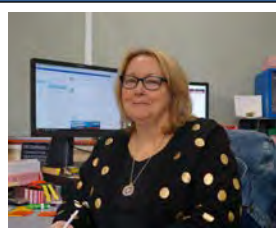
STUDENT AWARDS



PRIMARY NEWS



LIBRARY NEWS



CANTEEN ROSTER & UPDATES



DATES FOR YOUR DIARY

2018											
January			February			March			April		
1	2	3	4	5	6	7	8	9	10	11	12
13	14	15	16	17	18	19	20	21	22	23	24
25	26	27	28	29	30	31	1	2	3	4	5
6	7	8	9	10	11	12	13	14	15	16	17
18	19	20	21	22	23	24	25	26	27	28	29
30	31										
May			June			July			August		
1	2	3	4	5	6	7	8	9	10	11	12
13	14	15	16	17	18	19	20	21	22	23	24
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18	19	20	21	22	23	24	25	26	27	28	29
30	31										
September			October			November			December		
1	2	3	4	5	6	7	8	9	10	11	12
13	14	15	16	17	18	19	20	21	22	23	24
25	26	27	28	29	30	31	1	2	3	4	5
6	7	8	9	10	11	12	13	14	15	16	17
18	19	20	21	22	23	24	25	26	27	28	29
30	31										

SCHOOL TIMES & CONTACTS



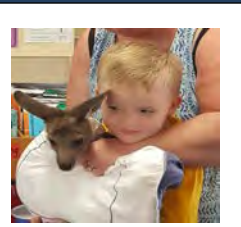
WHITE RIBBON LAUNCH



WHERE ARE THEY NOW



PRIMARY SPECIAL VISITOR



COMMUNITY NOTICE BOARD





FROM THE PRINCIPAL'S DESK

MO LONG ABORIGINAL EDUCATION CONSULTATIVE GROUP

Last week the Molong Aboriginal Education Consultative Group (AECG) was formed. The aim of the AECG is to provide advice on matters relevant to education. The Molong AECG will meet on April 4th at 3.30pm in the Common Room and local Aboriginal people with an interest in Education are encouraged to attend. The president of the Molong AECG is Carmen Neil. For further details please contact the Main Office on 63668224.

STEWART HOUSE DRIVE

Stewart House School is a co-educational, residential school located on the beachfront at Curl Curl on the Northern Beaches of Sydney. Their goal is to develop children's social and emotional skills and promote a healthy and active lifestyle. While at Stewart House, students participate in educational programs in the classroom, at the beach and excursions around Sydney. They provide activities to promote social and emotional competence and develop independence in self-care skills and resilience. The class programs includes lessons that are designed to enhance social skills, develop emotional resilience and prevent bullying, art and craft activities and sports. All students participate in sessions for Aboriginal dance, Dreaming stories and other lessons relating to Aboriginal Culture and Heritage. Students are also provided with health services including optometric, audiometric, dental and medical screening and initial treatment and referral as required.

Envelopes will be sent home with your child this week for the annual Stewart House Donation Drive. Your donation will be greatly appreciated and may also win you a \$4,000 holiday.

NAPLAN ONLINE

This week Molong Central School students in Years 3, 5, 7 and 9 have completed a practice test in preparation for the 2018 National Assessment Program Literacy and Numeracy (NAPLAN). These tests are shortened versions of the online NAPLAN tests that Molong Central School students will complete in May this year.

WHITE RIBBON SCHOOL

Last Thursday Molong Central School committed to the White Ribbon Schools Program called Breaking the Silence. Students made a commitment to gender equality and eliminating violence in our society. The feature of the day was an assembly to present a short film featuring students and staff outlining what respect means. This was followed by the presentation of white ribbons to the students. Senior students presented Kindergarten and Year 7 students with their white ribbons and set them the challenge of committing to the program. The students drew and wrote on a large white ribbon and these were collected and presented on posters. We will display these posters throughout the school.

Our next step with this program will involve updating our wellbeing policy to ensure our students respect themselves, respect each other, respect their environment and respect learning. I would like to acknowledge the work of Mrs. Jane Quigley our Wellbeing Coordinator and Mr. Mark Patterson our Boys Advisor, for their efforts in bringing together a wonderful day and look forward to working with them on this long term project to ensure a culture of respect and gender equality is embedded in Molong Central School. Please see photos on the following page.

**Mrs Michelle Barrett,
Principal**



WHITE RIBBON LAUNCH





YEAR 12 CHEMISTRY

Year 12 Chemistry are working hard on Topic 2, "The Acidic Environment". In the past two weeks, they have examined the use of natural indicators, which is the experiment they were conducting in the photos below. They came to understand that pigments in plants change colour according to the pH, this enabled them to produce indicators to determine strengths of acids and bases.

As they have developed the knowledge of acids and bases they have come to be able to use the relationship $\text{pH} = -\log[\text{H}^+]$ to determine the pH of a range of solutions.

We are just about to start titrations, which is where the students through volumetric analysis are able to determine the concentration of an unknown acid or base. These skills are used in industries around our local area, so they are real world chemical analysis techniques, which students of Chemistry will hone throughout their University.

Mr Scott Taprell, Chemistry teacher



Matthew Beuzeville



Amy Wilson



BUSINESS STUDIES/COMMERCE VISIT SYDNEY

Molong Central School Business Studies and Commerce students travelled to Sydney to experience first-hand the world's largest furniture retailer Ikea. The students spent two hours in the store documenting Ikea's marketing and operations functions. Needless to say several items were purchased by the students and many were surprised by the size and range within the store. Following this, the students went to the Urban Jungle Adventure Park, to participate in a confidence building activity by challenging themselves in the trees on a climbing ropes course. By working together to successfully traverse the course, the students learnt teamwork and leadership skills. Not to mention it was lots of fun too.

The following day we went to Nestle at Blacktown to tour one of their manufacturing facilities. This plant produces Butter-Menthol, Soothers and Anticol medicated lozenges. Our hosts were very generous with their time and the Factory Manager gave a presentation to our students, before his staff took the students out into the production area. Upon departure, our students were pleasantly surprised when they were all given gift bags full of Nestle lozenges. The Commerce and Business students are definitely ready for sore throats this winter!

"This excursion has been really valuable as it's provided me with a better link between classroom theory and real word practice and not to mention I had a great time in Sydney with my classmates," said Caitlyn Watts Year 12 student.

Mrs Alicia Chisholm, HSIE faculty





ENGLISH STUDIES – YEAR 11

Year 11 English Studies have been working through their mandatory unit: *Achieving through English-the language of school, community and careers*. We may be a small class but here we see them engaging with technology to research their rights, entitlements and responsibilities under NSW legislation as it applies to their chosen career path. They have been looking at Safework, Workcover and its various new websites. Once they have gathered enough information they then have to compose a report pertaining to their area of interest.

We are teaching to the new Stage 6 syllabus, which is future proofing our students. Through engaging with government legislation, the students are realising that the very nature of work, and the workplace, is changing. They need to be able to access information regarding wage award schedules, safe workplace, relevant compensation and education requirements of any position they wish to pursue.

The photo below shows students using the new touchscreen laptops as they research and develop their reports.

Ms Geraldine Brown, English Faculty





YEAR 10 INDUSTRIAL TECHNOLOGY TIMBER

Keeping with our theme of projects that can be used around the home and beyond, Year 10 Industrial Technology Timber have been constructing a wall mounted boot rack. As is usually the case in most entry ways around the house, shoes clutter these areas and a simple but tidy storage design can solve this problem. The students have manufactured their boot racks using radiata pine and Tasmanian oak dowel. Although a relatively short project in construction time, it highlights to the students the importance of accuracy in measuring, marking, cutting and assembly; and we've seen some great results produced. Great for out in the shed, at the back door, or even as a wardrobe tidier, hopefully they get put to good use.

Mr Matthew Sugden, TAS department.



L-R: Cooper Townsend, Joseph Wark, Jackson Gersbach & Corey Packham





FOR INDEPENDENT LEARNING

Some students take a long time to realise that there are actually two types of work in secondary school. There is the obvious work, the work your teacher specifically tells you to do and that is compulsory: homework, working on assignments, preparing for tests and assessments. But students who get good results in school take a larger measure of responsibility for their learning. This means that the nights where they do not have much compulsory work, they also do independent learning. These are the additional things you do, if you have no other schoolwork to do that night, to improve your understanding of your subjects. It is what students who get good marks are doing, they are just not talking about it to their friends!

Examples of independent learning:

1. Reading
2. Reviewing what you have been learning at school that week
3. Extra practise on questions you find hard
4. Research on an area you are interested in learning more about
5. Making a mind map about what you have been learning
6. Making study notes on a topic
7. Improving your touch typing skills
8. Reading ahead in your textbook
9. Improving your study skills (you can complete units on www.studyskillshandbook.com.au)
10. Doing work from a different textbook or study guide for one of your subjects (check the school library, local library and bookshops).

Some nights you will not have time to do any independent learning. Other nights you will have no homework and will spend the whole time allocated to schoolwork for that night working on independent learning tasks. Your teacher may even give you a sheet that has suggestions of independent learning work for that subject. If you are unsure, you can always ask. This means in secondary school you can never say 'I have nothing to do' – this really just means 'I have nothing compulsory to do at the moment!'.

One component of independent learning in high school is making your own study notes or summaries. You can learn more about how to make study notes in the unit 'Summarising' on www.studyskillshandbook.com.au

Our school's subscription details are –

Username: molongcs

Password: 86success



WHAT'S NEW IN 1 /2 BLUE?

1/2 Blue have started the year running this term, we have been very busy in and out of class and are excited to share what we have been doing.



This term in Science we are learning about changes in our environment, such as changes from day to night, natural growth, changes in the moon and the four seasons. To demonstrate some of these changes we have planted a sensory garden out the front of our room. Students have enjoyed the responsibility of looking after our garden and ensuring that it has enough water each day. As usual with Science, sometimes things work and other times they don't, and our garden has demonstrated this with some of our plants growing rapidly, others remaining

similar and some even wilting for various reasons.

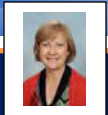


We enjoy dancing in 1/2 Blue and are eagerly preparing our class performance for assembly in Week 11.

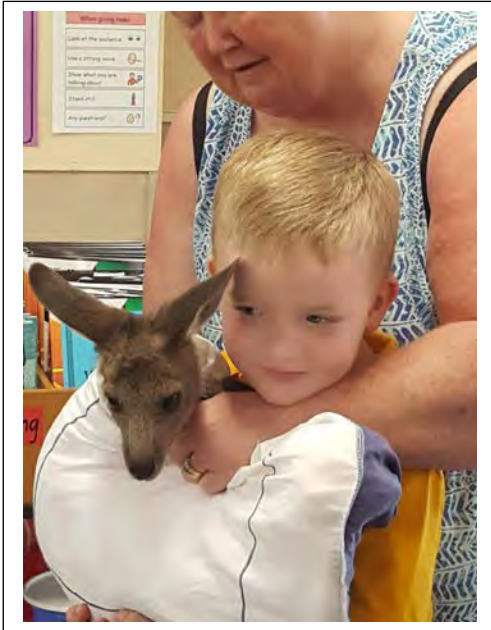
1/2 Blue have been working really hard during our literacy groups this term.
Mr Chris Ruming, teacher.



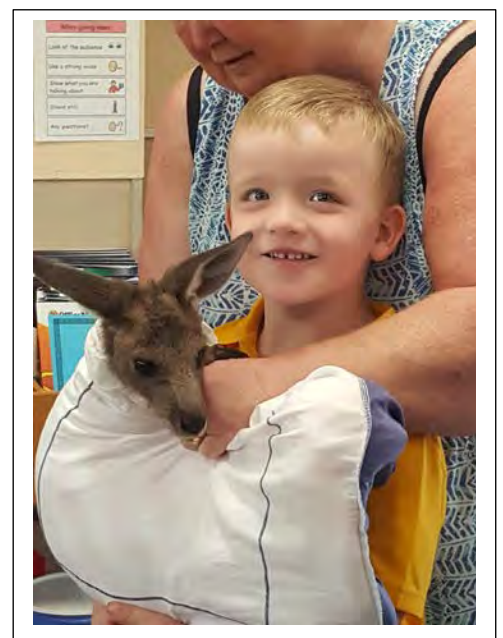
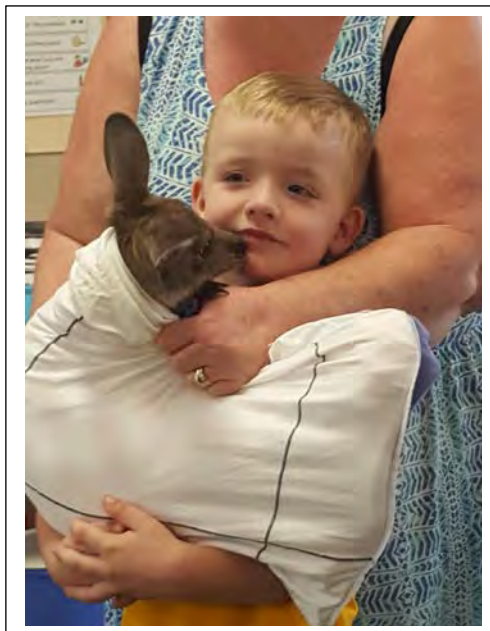
KINDER HAS A SPECIAL VISITOR!



Hunter Osborn had some very interesting news last Friday to share with our Kinder students. Hunter and his grandmother, Mrs Pam Kelly, brought a baby Joey to school for show and tell. Mrs Kelly also spoke to the students, explaining how Joey's need extra loving care.



Mrs Pam Kelly, Hunter Osborn & 'Joey'



MCS AWARDS

STUDENT OF THE WEEK – Week 6 T1

Class	Student
K Orange	Taimane Watene – For offering interesting discussion points
K Yellow	Marliese Scott – For consistent application to set tasks
1/2 Pink	Patrick Thorne – For fantastic effort researching facts about Australia
1/2 Gold	Mackenzie Mitchell – For great effort in Reading
1/2 Blue	Edward Harris – For being a positive influence in the classroom
2/3 Green	Olivia Hobbs – For being responsible and always a willing assistant
3/4 Aqua	Texas Lake – For a captivating recount of breaking in horses
4 Navy	Fergus Whittle – For being an enthusiastic and independent learner
5/6 Red	Jayden Sheehan – For fantastic contributions in Literacy groupwork
5/6 Silver	Hamish Meehan – For improved presentation of his work
5/6 Purple	Charlie Brown – For an outstanding homework project on camels
Library	Harry Lee – For working well in Library

STUDENT OF THE WEEK – Week 7 T1

Class	Student
K Orange	Ruby Oste – For improvement in Reading
K Yellow	Hugh McDouall – For neat and attractive presentation of all work
1/2 Pink	Jack Bone – For always having a go and giving his best effort
1/2 Gold	Flint Althaus – For a great diorama for news presentation
1/2 Blue	Memphis Hall – For trying very hard to do the right thing
2/3 Green	Frankie Mitchell – For displaying creativity and producing amazing artworks
3/4 Aqua	Max Thurtell – For contributing positively to class discussion
4 Navy	Laura Lapins – For outstanding weekly Spelling results
5/6 Red	Zac Karamina – For excellent participation in class discussions
5/6 Silver	Adam Spencer – For great Math knowledge
5/6 Purple	Grace Parry – For outstanding effort in Writing
Library	Katelyn Fuller – For great attitude during Library

SECONDARY AWARDS MERIT

Alyssa Watts Alex Miller
Dale Whiteley
Lucy Jones Sarah Rapley
Sharna Campbell
Ebony Webb

Primary Uniform Award

Stage 1 *Kyran Hodder*

Stage 2 *Nikkola Hanrahan*

Stage 3 *Kelsey Quinn*

Draw Date: 16/3/18

Congratulations to you all!



Kyran Hodder



Nikkola
Hanrahan



Kelsey Quinn

MCS AWARDS

Primary Awards

Bronze

Natalie Fowler
Thomas Gavin

Silver

Mahayla Donner

Gold

Joshua Petrie
Marlee Bunting

Platinum

Charlotte McDouall
Jim Bloomfield

Principal's Banner

Ben Burgess

Principal's Badge

Chelsi Duncan
Cameron Quilty
Jim Bone
Charlotte Lapins
Matt Gregory

MCS AWARDS

CLUB 200

Club 25

Mahayla Donner Paige Bohringer Lochie Bohringer
Edward Harris Hunter Osborn Chloe-Anne Aylward
Indigo Armstrong Violet Armstrong Amelia Harper
Thomas Harper Emmison Shapland Zahra Ellis
Declan John Patrick Thorne Myah Brouff
Harley Brouff Dakota O'Keefe Juliette Mills
Layne Mills Henry Lee Demelza Lee Ella Vandervelde
Marley Vandervelde Indy Vandervelde Lillian Ford
Eli Smyth William Bloomfield Robert Heath Jack Bone
Daniel Seiler Jim Bone Minnie Whittle Fergus Whittle
Jim Bloomfield Madeleine Chrystall Gordon Chrystall
Robert Barnard Alice Barnard George Davis
Lacey Olsson Milly Olsson Ellie Olsson William Ryan
Annii Fowler Alby Fowler Banjo Fowler Dylan Eassie
Evangeline Ellis Braxton May Ryland Gibbs
Bree Chown Sam Lapins Charlotte Lapins
Laura Lapins Evie Ryan Tengis Meiklejohn
Elizabeth Clayton Cassandra Clayton

FROM OUR LIBRARY



Week 8 Term 1

JUNIOR FICTION

Charlotte's Web – by E.B.White, illustrated by Garth Williams
The Hour of Magic (Kingdom of Fantasy series) – by Geronimo Stilton
Peacetime for Alice – by Davina Bell (OAG series, Alice #4 - Stages 3/4 PRC title)
Sporty Kids - Swimming – by Felice Arena, illustrated by Tom Jellett
Zen Socks – by Jon J. Muth

JUNIOR NON FICTION

Can We Save the Tiger? – by Martin Jenkins, illustrated by Vicky White
Home – by Charles Hope (Then & Now series)
Schools – by Charles Hope (Then & Now series)
When is the Doctor? A Search-and-Find Book – Illustrations by Jorge Santillan

SENIOR FICTION

Alias Grace – by Margaret Atwood
Once Upon a Dream - A Twisted Tale – by Liz Braswell
Quests for Glory – by Soman Chainani (The School for Good & Evil series #4)
Who Let the Gods Out? – by Maz Evans



Hi Everyone,

The Annual Scholastic Book Fair has concluded for this year. I would sincerely like to thank all students and their families who supported this event over the past two weeks. The school Library will be able to buy many new books for our collection due to the patronage of the school community. Students who have ordered books from the Book Fair will hopefully receive these next week.

On Wednesday 7th March students in Kindergarten, 1/2 Blue, 1/2 Gold, 1/2 Pink & 2/3 Green were treated to an amazing afternoon of reading and song by 'Mr Yipadee'. The children enthusiastically participated in the performance and loved joining in with the storytelling and singing. The Hall was definitely full of laughter and lots of smiles. I would like to thank Mrs Margaret Schwebel from Collins Booksellers in Orange who offered us the chance to be included in 'Mr Yipadee's' tour. It was a great success and lots of fun! Mr Yipadee's books have been purchased and will be featured shortly for students to borrow.

In the next two weeks Easter titles will be displayed in the Library. Students will be encouraged to borrow these books during their Library lessons. There have been several new books purchased so it would be appreciated if students take special care of them at home. On that note there are several students who are not returning books in their Library bags which could lead to accidental damage. Please ensure your child has a Library bag with a plastic bag inside it to protect our books.

Just a reminder that 'The Premier's Reading Challenge' for each student can be accessed at: <https://online.det.nsw.edu.au/prc/home.html>. Students will need to use their DoE username and password.

Mrs Hall



WHERE ARE THEY NOW – JESSICA KRAUSER (CAMERON)



I went to MCS from Year 8 to the beginning of Year 11. I left school then as I was struggling with depression.

I moved out of home and decided to have a gap year of working. I traveled to the Gold Coast with the money I had earned.

It was then I decided I needed to start fresh somewhere new, so I moved to the Central Coast and lived with family.

At this time, I was studying Certificate 2 in Retail and working at Red Rooster, whilst also volunteering at the RSPCA.

During the 3 months spent living on the coast, I met a man who swept me off my feet and 9 months later, we were married. On March 24, we will celebrate our 2-year wedding anniversary.

In June 2016, we announced we were having a baby, at the same time I was also studying Retail Operation Cert 3. In February 2017 I gave birth to a beautiful baby girl, her name is Claire.

The first year of her life has been an amazing experience, now 1 she is at daycare while I study Business Administration Cert 3.

In July, I will start my Animal Studies Cert 3 to get to my goal of being a Vet Nurse.

Now, no longer suffering from depression and anxiety, my life has definitely turned a 180 and my future is bright.

I am forever grateful to the teachers at Molong Central School who taught me so much and were a great support.

Jessica Cameron (now Krauser)



DATES FOR YOUR DIARY

DATE	EVENT
23/3/18	Primary Girls Softball Gala day in Orange
29/3/18	K-2 Easter Hat Parade @ 2.20pm
29/3/18	World's Greatest Shave – Lillibelle Dive @ 2pm
27/3/18	Back up day -Rural Cup vs Oberon at Oberon
30/3 – 2/4	Easter Break
2-6/4/18	Year 12 Half Yearly Examinations all week
2-13/4/18	Year 10 Work Experience – Mr Taylor Careers Advisor
5/4/18	Kinder Konnect starting at 2.30pm
6/4/18	Primary Athletics Carnival
9/4/18	Kinder Parent/Teacher Interviews
10/4/18	Primary Cross Country
11/4/18	Kinder Parent/Teacher Interviews
11/4/18	Primary Disco
13/4/18	Last day of Term 1

CANTEEN ROSTER 23/3/18 – 6/4/18

HELP IS DESPERATELY NEEDED ON THIS ROSTER. Please give one morning per month to the Canteen-that is all it takes. Ring the Canteen on 6366 9009 from 8.30am-1.45pm. If you can't work on your day just call me. Thank you, Tina McGovern, Canteen Manager.				23/3/18 4th FRIDAY
				Helen Davis
26/3/18 4th MONDAY	27/3/18 4th TUESDAY	28/3/18 4th WEDNESDAY	29/3/18 5th THURSDAY	30/3/18 5th FRIDAY
Help Needed	Belinda Mills	Help Needed	Helen Davis	Helen Davis
2/4/18 1st MONDAY	3/4/18 1st TUESDAY	4/4/18 1st WEDNESDAY	5/4/18 1st THURSDAY	6/4/18 1st FRIDAY
Help Needed	Help Needed	Help Needed	Help Needed	Lisa Burgess

MCS COMMUNICATION METHODS

MCS COMMUNICATION METHODS & HOW WE USE THEM

- **SCHOOL WEBSITE:** www.molong-c.schools@det.nsw.edu.au
For general information about our school
- **SCHOOL STREAM APP**
Used for important dates, events and updates as they occur
- **FACEBOOK**
For displaying photos of recent events and activities
- **SCHOOL NEWSLETTER**
Stories & photos of events and happenings at MCS, produced every fortnight- please see link above if you would like to subscribe.

AS AN ADDITION TO SCHOOL STREAM AND OUR WEBSITE, YOU NOW HAVE THE OPTION TO RECEIVE OUR NEWSLETTER BY EMAIL.

IF YOU WOULD LIKE TO SUBSCRIBE, PLEASE LOG ONTO THE FOLLOWING LINK:

<http://eepurl.com/c9r7ij>

COMMUNITY NOTICE BOARD



LOOKING FOR PRE LOVED CUBBIES

If you have a pre loved timber cubby house that needs some tender loving care, Molong Central are looking for donations for our "Learn through Play" Stage One Playground. We would be able to pick it up and take it off your hands. This would make our little people very happy. Please contact Molong Central on 6366 8224 if you are able to contribute. This would be very much appreciated.

CALLING EX STUDENTS OF MOLONG CENTRAL SCHOOL "WHERE ARE THEY NOW"

Our Newsletter segment "Where are they Now", is a way to highlight the achievements of former Molong Central School students, after leaving school. If you are a former student, or know a former student who would like to contribute, please email jeanette.barrow@det.nsw.edu.au with a document detailing these achievements and please attach a photo. All enquiries to Jen Barrow at the Main Office 63668224.



PROVIDERS

WHAT IS ACTIVE KIDS?

The NSW Government will provide a \$100 voucher to parents/guardians of school enrolled children. The \$100 voucher can be used for registration and participation costs for sport and fitness activities.

The initiative aims to promote increased physical activity in kids by addressing barriers to participation.

The program commenced 31 January 2018.

WHO CAN REGISTER TO BE A PROVIDER?

To register as a provider in the Active Kids program you must deliver a structured sport or activity program of at least eight weeks' duration and be a:

- sporting club/association affiliated with a recognised State Sporting Organisation located in NSW, or
- for-profit or not-for-profit activity provider located in NSW.

Providers who have not already registered can do so after 1 March and have all year to do so.

All providers must hold a current ABN, ACN or Certificate of Incorporation and must not have any outstanding actions or enforcement orders recorded by the Office of Fair Trading.

All providers must be approved by, and registered as an Active Kids provider prior to accepting vouchers.

Providers must hold appropriate skills, experience, or qualifications for low risk activities and appropriate accreditation for high risk activities, specifically swimming and fitness activities. Providers also need to hold Working with Children Check clearances for staff or volunteers, as required.

WHAT CAN THE VOUCHER BE USED FOR?

The voucher can be used for registration, membership or participation fees for structured activities that provide a moderate to vigorous level of physical activity. For example:

- sporting pursuits
- swimming lessons
- structured fitness program
- outdoor education programs
- approved active recreation (dance etc)
- equipment ordinarily provided by the provider on registration for competition

WHAT IS EXCLUDED?

Excluded activities include:

- programs that are less than 8 weeks' duration
- gym membership that is not part of a structured program
- activities that are part of the school curriculum or conducted during school hours
- after-school care services and tutors
- school-run competitions, including weekend inter-school sport competitions or activities
- travel to and from competitions

HOW TO REGISTER

1

Visit **sport.nsw.gov.au/activekids**.

Read the **Guidelines** and **Fact Sheets** to learn if you are eligible, and the documents you will need to register.

2

Visit **service.nsw.gov.au** and create or login to your **MyServiceNSW Business Profile**.

3

Register for the **Active Kids program***.

Enter your details, upload your documents and activity program, then **submit for approval**.

Your Registration Approval will be confirmed online.

*Providers with a registration system powered by a third party should contact the Office of Sport directly to discuss system integration requirements.

For more information call **13 77 88** or visit **sport.nsw.gov.au/activekids**



WHAT IS ACTIVE KIDS?

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The initiative aims to promote increased physical activity in kids by addressing barriers to participation.

The program commenced 31 January 2018.

WHO IS ELIGIBLE TO CLAIM THE VOUCHER?

Every child (4.5 - 18 years old) enrolled in school from Kindergarten to Year 12 will be eligible for an Active Kids Voucher. This includes those who are home-schooled or enrolled in secondary school education at TAFE NSW.

It will not be means tested and one voucher will be available for every child in the family annually.

There will be no limits on the number of applications per family, as long as every child is enrolled in school.

HOW LONG ARE VOUCHERS VALID?

Parents can apply for a voucher from 31 January 2018. Vouchers can be used until 31 December so there is no rush. Vouchers shall expire at the end of the calendar year. 2019 vouchers and beyond will commence from 1 January each year and expire on 31 December.

WHAT CAN THE VOUCHER BE USED FOR?

The voucher can be used for registration or membership fees for structured activities of no less than eight weeks' duration that provide a moderate to vigorous level of physical activity, for example:

- sporting pursuits
- swimming lessons
- structured fitness program
- outdoor education programs
- approved active recreation (dance etc)
- equipment ordinarily provided by the provider on registration for competition

HOW TO APPLY FOR AND REDEEM VOUCHERS

1

Visit **sport.nsw.gov.au/activekids**.
Read the **Guidelines** and **Fact Sheets**
to learn about the program.

2

Visit **service.nsw.gov.au** and create or
login to your **MyServiceNSW Account**.

3

Complete an **Active Kids application** through your **MyServiceNSW Account**.
You will receive a voucher with a unique ID number for each
child you register (available to download, print and email).

4

Redeem your voucher

Take your child's voucher to a registered activity provider; or log onto your
provider's website to enrol and enter the voucher **ID number**.

When your child commences their chosen sport or activity, your online account will show the status of the voucher change from 'Active' to 'Redeemed'.

For more information call **13 77 88** or visit **sport.nsw.gov.au/activekids**



SUNDAY 1ST APRIL GREAT HEDGE MAZE EASTER EGG HUNT !

Easter Sunday 2018

This Easter, don't miss this once in a lifetime opportunity to explore the Great Guyong Hedge Maze while hunting for Easter eggs.

Fun for all ages, this event is a fundraiser for the 2nd Orange Scout group to send their scouts to the Australian Jamboree in 2019.

Where: Gordon Rd, off the Mitchell HWY, Guyong NSW

First session starts: 10:00 am

Last session starts: 3:30 pm

Book **NOW** online at <https://www.trybooking.com/UESF>



* children under 5 may be accompanied by an adult in the maze

Proudly supported by



Barrett Automotive Services
"Your one stop shop for all your vehicle needs"

Giant hedge
maze

—

Jumping Castle

—

Sausage Sizzle

—

Easter Egg Hunt

—

Limited places

Book now
online !

Cost \$10 *

Includes:

Up to 30 mins in
the hedge maze
Sausage Sandwich
Fruit Drink
Chocolate Egg

LDC Regional Seminar: Orange, 7 April 2018

Seminar One

Language Friendly Classrooms

Presented by Dr Julia Starling, Speech-Language Pathologist;
Adjunct Lecturer, University of Sydney

Seminar Two

Behaviour Management Strategies

Presented by Andrew Greenfield, Child and Educational
Psychologist

VENUE Orange City Bowling Club,
Skylight Room,
61-89 Warrendine St, Orange, NSW

DATE

Saturday 7th April 2018

TIME

Registration 10am

Seminar One: 10.30am to 12.45pm

Break for Lunch: 12.45pm to 2.15pm

Seminar Two: 2.15pm to 4.15pm

PARKING

Free parking at the club

COST (includes both seminars)

Seminar Payment Only

\$70 Seminar - LDC Member

\$140 Seminar - Non LDC member

Seminar & NEW Membership Offer

\$90 Seminar entry & NEW Individual
membership (until 31 May 2019)

\$120 Seminar entry & NEW School
membership (until 31 May 2019)

WEBSITE: www ldc org au

Seminar One: Language Friendly Classrooms

Many students with language-based learning difficulties face challenges to their learning in language and literacy rich classrooms. Dr Julia Starling, a speech-language pathologist, will present a model of collaborative support where teachers, other professionals and parents can work together to support children and adolescents with learning difficulties. A wealth of practical strategies will be presented, based on Julia's extensive experience in this field.

Seminar Two: Behaviour Management Strategies

In this seminar Andrew will discuss specific, practical and common sense strategies to assist parents and teachers with behaviour management. These strategies will be useful for managing every day struggles for parents of children and adolescents with behavioural issues. Andrew will also present classroom strategies to assist teachers who have students with behaviour problems associated with learning and developmental issues such as intellectual disability, ASD and ADHD. Andrew enjoys answering questions from parents and teachers and will endeavour to make the seminar as interactive as possible.

2 registrants @ member rates per Individual Membership (Member + guest)

6 staff @ member rates per School/Organisation Membership

Register online @ www ldc org au OR send completed form with payment to the LDC.

REGISTRATION & PAYMENT must be received by Friday 30th March 2018

(Please note: LMBR/ EdConnect payments accepted late)

Name: _____ School Name (if applicable): _____

Address: _____ Suburb: _____ Post Code: _____

Ph: _____ Email (PRINT CLEARLY): _____

Payment type (please tick)

GST FREE

TAX INVOICE

ABN 93 046 401 929

☐ Paypal OR credit card (go to www ldc org au)

☐ Cheque (Made out to "Learning Difficulties Coalition") Post to: LDC Office, PO Box 140, Westmead, 2145

☐ Direct Deposit (St George Bank, BSB 112 879, A/C No: 044 050 245 Please insert your surname as the reference to verify payment

Payment amount (please tick)

Seminar Payment

☐ \$70 Seminar entry LDC Member

☐ \$140 Seminar entry Non LDC Member

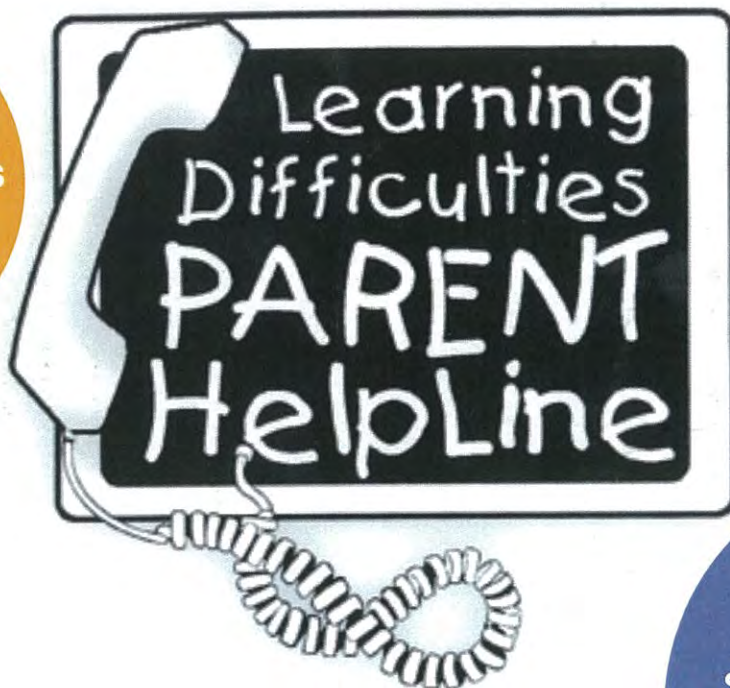
Seminar & NEW Membership Offer

☐ \$90 Seminar entry & NEW individual membership (until May 31, 2019)

☐ \$120 Seminar entry & NEW school membership (until May 31, 2019)

Refund of fees, less 30% administration, will be available up to 14 days prior to conference commencement. No cancellations accepted later than 14 days to conference.
Substitute delegates welcomed at no extra charge.

Telephone
helpline for
parents, teachers
& health
professionals



Open
school
days during
school
hours

Info on:
assessments,
support, resources,
websites, booklists,
fact sheets, and
more.

02 9806 9960

www.idc.org.au

info@idc.org.au

Autism
Spectrum
Disorders

Behaviour

Tourette
Syndrome

Self
Esteem

Literacy
&
Numeracy

Learning
Difficulties

Anxiety &
Depression

Speech &
Language

ADD &
ADHD

Social
Skills

Bullying

Dyslexia &
Dyspraxia

Support
Groups

Supported
by the DEC.



Learning
Difficulties
Coalition NSW Inc.

TOP TIPS FOR HEALTHY FAMILIES



**MAKE WATER
YOUR DRINK**



**EAT MORE FRUIT
AND VEGIES**



**CHOOSE HEALTHY
FOOD & DRINKS AT
YOUR SCHOOL
CANTEEN**



**PACK A HEALTHY
LUNCH BOX**

**CRUNCH 'N SIP
ON VEGIES,
FRUIT & WATER**



**PARTICIPATE IN
ACTIVE TRAVEL**



**TURN OFF SMALL
SCREENS + GET
ACTIVE EACH DAY**

FOR FURTHER INFORMATION VISIT

Healthy Kids - www.healthykids.nsw.gov.au

Healthy School Canteens - www.healthyschoolcanteens.nsw.gov.au

The Healthy Kids Association - www.healthy-kids.com.au

Active Travel - www.healthykids.nsw.gov.au/campaigns-programs/childrens-active-travel



Health
Western NSW
Local Health District

WHAT IS RELAY FOR LIFE?

Relay For Life is a fun and moving overnight experience that raises vital funds for Cancer Council's research, prevention, and support services.

WALK OR RUN

You and your team can stay at the event as little as 1 hour OR you can take up the challenge and attempt to have a member of your team on the track for the whole time – it's totally up to you!

WHY RELAY?

Relay For Life brings communities together to celebrate cancer survivorship, remember loved ones lost and empower teams of families, friends and colleagues to raise money to fight back against cancer.

REGISTER YOUR TEAM!

www.relayforlife.org.au/orange
(02) 6392 0800
Have fun fundraising today!



ORANGE & DISTRICT RELAY FOR LIFE

5-6 MAY 2018

ORANGE SHOWGROUND

Register Your Team Today

relayforlife.org.au/orange

(02) 6392 0800



GREAT FOOD



LIVE MUSIC



ACTIVITIES



CAMP OUT