MCS Canteen Menu

#### Snacks

Homemade - Low fat Banana Bread Custard Cups	\$1.50 \$1.50
Fruit and Greek Yoghurt	\$2.50
Bag of tomato, cheese, carrot sticks and rice	\$2.00
crackers.	
Fruit	\$1.00
Popcorn	\$0.70
Chips	\$1.20
Twirl Frozen Yoghurt	\$2.50
Quelch Sticks	\$0.70

### Price Uraps

Chicken, cheese and mayonnaise – Hot	\$3.50
Chicken, cheese, lettuce and mayonnaise – Cold	\$3.50

Price

## Hot Food

Traveller Pie	\$3.00
Sausage Roll	, \$3.00
Lasagne	\$3.70
Noodle Cup	\$2.50
Tempura Nuggets x 6	\$4.00
Corn on the cob	\$0.80
Homemade - Potato topped shepherd's pie	\$3.50
Pizza Pocket – Pita bread, salsa, cheese and	\$3.50
diced ham.	
Tomato Sauce	\$0.40

#### Drinks

Up n Go	\$2.50
Water – H2Go – 750 mL	\$3.00
Water – 600 mL	\$2.80
Just Juice	\$1.50
ChillJ	\$2.50
Orchy	\$2.50
Flavoured Milk – 250mL (Primary)	\$2.50
Flavoured Milk – 500 mL (Secondary)	\$3.50

## Daily Specials

\$4.00	Thursday - Rice paper rolls – Chicken, sweet chilli sauce, cucumber, carrot and lettuce x 2	\$3.00
\$6.00	Friday – Chicken Kebabs	\$3.00
\$6.00		

## ALL Daily Specials must be ordered before the end of recess.

#### Monday – Homemade Fried Rice Tuesday – Beef/Chicken Burger – chicken fillet or beef pattie, lettuce, tomato, beetroot, cheese, mayonnaise Wednesday – Caesar Wrap, – chicken, lettuce, lean bacon, grated parmesan, tomato and Caesar dressing

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# Sandwiches

Cheese *	\$2.50
Chicken	\$3.00
Chicken, lettuce, mayo	\$3.50
Chicken salad	\$4.50
Egg, lettuce and mayo	\$3.50
Ham, cheese, tomato *	\$3.50
Ham salad	\$4.50
Salad	\$4.00

Or any other combination on request.	
* Toasted option available.	\$0.30

# Salads

Asian Salad - Sliced Lean Beef, lettuce,	\$6.00
Cucumber, Snowpeas, Cherry Tomatoes,	
Asian Dressing	
Chicken Caesar Salad – Chicken, Boiled Egg,	\$6.00
Lettuce, Tomato, Bacon pieces, Shaved	
parmesan, Bread croutons, Caesar dressing	
Salad Box - Chicken/Ham (diced), Lettuce,	\$6.00
Tomato, Beetroot, Grated cheese, Carrot,	
Cucumber, Mayonnaise	